



The LIDA Extension

Official newsletter of the Long Island Dressage Association

June/July 2021

President's Message

Dear Members,

Show season is upon us! Hope you are ready! We're starting with a schooling show on June 27 at Norwest Farm, Aquebogue. Our judge once again is Susan Jones-Sinelnik (r). Go to dressageexperiencesms.com for prize list. This show is a fundraiser for LIDA so your participation will support the club. You don't have to ride to take part. Come and cheer on your friends. Buy some raffle tickets. We have some beautiful LIDA pillows and other items to raffle.

SO COME AND HAVE SOME FUN! It's been a long time since we've been able to gather, I hope you'll come and join us.

See you ringside!

Mary Mulcahy



LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GM's).
For USDF Participating Membership, members must apply directly to USDF.



What a difference a year makes! Masks are no longer mandated, spectators are allowed, and everything is getting back to the new 'normal'.

Our show season is well under way! Many shows are filled to capacity with a wait list. NEDA Spring will be doing their debut at Fieldstone with a 5 ring show. Fingers crossed that it will be awesome weather for them. A lot is going on in the region besides shows. The opportunities in Region 8 are totally endless with variety of judge's programs and clinics. Remember if you do not want to be a participant, these programs offer auditing which is huge benefit! You can see how judges score or what they are looking for OR instructor's education process to get certified. I sure hope you are watching the calendars and taking advantage of these opportunities in your back yard.

The US Dressage Finals is for each Regional Open, Adult Amateur AND new for 2021 Jr/YR Champion and Reserve Champion to compete head to head with the other regional champions. There is also the wild card where you can go to the finals if you have received a wild card score at the regional championships. Remember at 2021 US Dressage Finals the eligible riders (Open and Adult Amateur) from the 2020 regional championships will be allowed to participate this year. You will need to nominate and nominations will start July 1st to August 31st if you are coming using your 2020 eligibility. Declarations and Nominations are the same deadlines as in the past for 2021 championships, ie declared before the start of your regional championships and nominate within 72 hours after the championships.

IMPORTANT!!!! On June 1st Participating members received an email from USDF to say that the voting for your PM delegates that will be attending the USDF Convention in December has begun and will be concluded on June 30th. So PLEASE go look for that email, go to the USDF website or use this link, <http://www.usdf.org/about/about-usdf/governance/vote/index.asp>, login in to your USDF account and VOTE. This is very important!!!!!! These delegates will be voting for the new USDF President and your new Regional Director.

Attention GMOs: newsletter, website, photography, and volunteer of the year nominations close August 30th. So before your summer gets under way, please submit them! It is a great way to get recognition for your GMO or an outstanding volunteer plus for Region 8! Here is the link with all the information....<https://www.usdf.org/awards/service/gmo.asp>

See you on the Centerline...
Debra Reinhardt
USDF Region 8 Director





First Schooling Show of the season for LIDA
JUNE 27th
at Liz Schaffner's
Norwest Farm in Aquebogue.

JULY 27th
Recognized Show
Old Field

AUGUST 25th
Recognized Show
Old Field

Check dressageexperiencesms.com for prizelists



NEW COLUMN

PROFESSIONAL PROFILE

MEET 2019 LIDA TRAINER OF THE YEAR - ROBIN LEVITON

1. WHEN DID YOU START RIDING? When I was 5 years old.

2. WHAT ATTRACTED YOU TO HORSES? I always had a love for them.

3. WHAT WAS THE FIRST HORSE YOU RODE? A trail horse rented from a stable in Queens

4. YOU RIDE DRESSAGE, HAVE YOU RIDDEN IN OTHER DISCIPLINES? Yes, I've shown jumpers, equitation and show hunters.

5. IF YOU COULD RIDE ANY HORSE FROM YOUR PAST WHO WOULD IT BE AND WHY? Larry, he was a rescue horse from Florida that became an award winner show jumper in Wellington.

6. WHERE'S THE MOST UNIQUE PLACE YOU'VE RIDDEN? Tampa Fairgrounds.

7. WHO'S YOUR FAVORITE TRAINER? I've had many great trainers through the course of my career I would say these four Dorita Konyot (a dressage riding master), George Morris (who started my career by sending me to be a working student with Debby Spear) and my current trainer Steve Kannikkeberg

8. WHAT IS YOUR GO TO EXERCISE? Shoulder in.

9. WHAT IS YOUR BEST/WORST MEMORY FROM SHOWING? Winning the McClay at Rotary International in Branchville, NJ. Training a horse named Nathan to become the LIDA Horse of the Year!

10. WHAT'S THE ONE THING YOU WOULD TELL A RIDER TO NEVER DO? Lose patience.

11. WHAT'S THE BEST ADVICE YOU CAN GIVE A RIDER? Stay positive and focused.

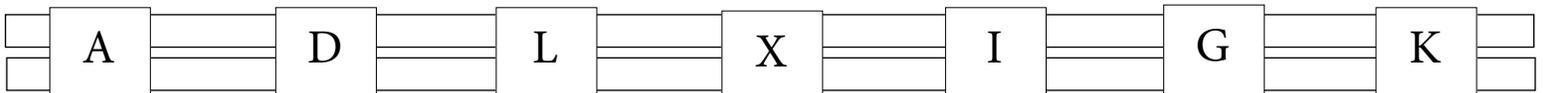
12. WHO'S YOUR FAVORITE HORSE/RIDER COMBINATION? Charlotte Dujardin and Valegro.

13. THE FUNNIEST/NAUGHTIEST THING YOU'VE EVER SEEN A HORSE DO? In Florida a horse that was being trained to sit on a bench with big glasses on and holding a newspaper on his front legs (it was hysterical)

14. WHAT IS THE HARDEST THING TO TEACH A RIDER? Patience. Patience. Patience.

15. WHAT DO YOU LOOK FOR WHEN SEARCHING FOR A DRESSAGE MOUNT? A good walk, a good canter and sharp mind

16. WHAT'S YOUR FAVORITE HORSE SHOW? The National Horse Show at MSG





Dr. Ament on Dante's Perfect Storm
Photo Credit: J. Conrad Williams Jr.

Saturday May 22nd, 2021, was a day for the record books and an opportunity to spread awareness on Para Dressage!

With great effort and collaboration our equestrian community came together to support, organize, and share in a very special event, the **Lloyd Harbor Equestrian Center's 'Spring Fling' schooling dressage show.**

Caumsett State Park provided the picture-perfect background for well-behaved horses and ponies. The event organizers, Dr. Lisa Toaldo, USEF Technical Delegate (L and L Equestrian) and USEF Para Dressage Coach Ana Belo O'Brien (Para Equestrian Athletes LLC) ensured every detail was attended to, and our volunteers, show administration and competitors were thrilled to finally be reunited for such an event after a long Covid hiatus.



Para Equestrian Athletes LLC (P.E.A.) is devoted to promoting, educating and advocating for the para-equestrian community. P.E.A. has introduced an Adaptive Children's Dressage Program where youths as young as 5 years old are taught to develop their

dressage theory. Knowing the intricacies of a 20-meter circle and straight lines is the foundation to all dressage movements and basic to all riding disciplines.

For many Pony Clubbers, this was their first dressage show. Our seasoned competitors added to the training scale, competing well through the levels with many taking high score awards.

However, the spotlight, also covered by Newsday, was on USEF classified **Grade IV blind Para Dressage Athlete, Dr. Suzanne Ament**, a history professor at Virginia's Radford University. One may ask, 'how can a blind equestrian ride a test accurately?' Suzanne's techniques are Living Letters which call out the letters as the rider is approaching. With echo-location she direct herself, kinesthetics and biomechanical feel of her horse as well as stride counting enables her to order to 'see' her way around the dressage court. Working with Suzanne was Coach Ana Belo O'Brien. It was a moment to remember as Suzanne navigated a near perfect second test and horse and rider truly became a harmonious team.

With only 2 practice rides on Dante's Perfect Storm, Suzanne rode her FEI Intro Test A Grade II and positioned herself under tough competition as the lead rider, early in the show, with a total score of 77.50. She earned the Show's High Score and overall Champion out of 54 other competitive scores!

Suzanne saw an opportunity to spread awareness that riding, whether competitive or recreational, is for everyone including those with special needs and vision impairments. And for a sweet moment in time, and with the help of her trusted borrowed mount, Dante, Suzanne proved that riding is for everyone!

Dressage, fondly described as 'dancing with your horse' is an Olympic sport where horse and rider compete as one in a test of specific movements. These movements are executed seamlessly as riders perform precise geometric patterns at exact letter points within a 60x20 or 40x20 metered rectangle called a dressage court. Movements are judged and scored with emphasis on harmony between horse and rider, accuracy of the test and purity of all gates.



Left to right, J. Panagi, Dr. Ament, Coach A. O'Brien.
Photo Credit: J. Conrad Williams Jr.

Janie Panagi's horse, Dante's Perfect Storm is a versatile Gypsy Vanner with an extensive resume ... From dabbling in equitation and trails, to being a fantastic therapeutic horse for riders with special needs!

Ladies of LIDA Calendar

Is your mare photogenic and perhaps a bit of a Diva?

Does she glance at herself as you glide by the mirrors in the arena?

Perhaps every stallion turns his head in her direction as she steps gracefully off the trailer.

Well then, you should consider submitting her photo for the LADIES OF LIDA Calendar!

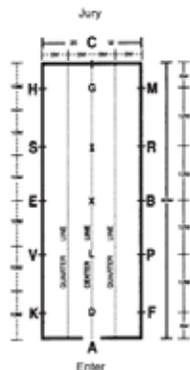
More details will be forthcoming, so stay tuned!



DRESSAGE ARENAS

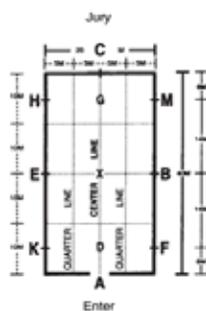
STANDARD ARENA
(20m x 60m)

DIAGONAL LENGTH
63.25m = 207' 6"



SMALL ARENA
(20m x 40m)

DIAGONAL LENGTH
44.72m = 146' 9"



YOU ARE REQUIRED TO ENTER THE RING WITHIN 45 SECONDS OF THE JUDGE'S SIGNAL.

CONVERSION TABLE

(Meters to Feet)
1 meter = 3' 3"
6 meters = 19' 8"
10 meters = 32' 10"
12 meters = 39' 4"
14 meters = 45' 11"
20 meters = 65' 7"
40 meters = 131' 3"
60 meters = 196' 10"

SCORING

10	Excellent
9	Very Good
8	Good
7	Fairly Good
6	Satisfactory
5	Sufficient
4	Insufficient
3	Fairly Bad
2	Bad
1	Very Bad
0	Not Performed

ERRORS

First Error: 2 points
Second Error: 1 points
Third Error: Elimination
Leaving Arena: Elimination

EDUCATIONAL OPPORTUNITY

Ellen Brindle-Clark has offered to train a crew on the proper set up for a dressage arena. This is a wonderful chance to increase your knowledge and awareness of where the letters are placed and how to navigate the arena when riding a test.

We will also be seeking volunteers who can help out at the shows. We are really looking forward to having shows again this year! If you are available to help, please contact one of the board members to sign up.

NOTEWORTHY NEWS

PRESTIGE PERFORMANCE HORSES
PRESENTS
A TWO DAY DRESSAGE CLINIC WITH

Shelly Francis

2018 AACHEN GRAND PRIX FREESTYLE CHAMPION
2016 RIO USA OLYMPIC TEAM ALTERNATE
WEG & WORLD CUP COMPETITOR

26 and 27 June 2021
GOLDEN GAIT FARM
MILLSTONE, NJ

RIDER & AUDITOR
ONLINE REGISTRATION

<https://forms.gle/sc6pMmPWmsAiTdhJA>

**Join us at Golden Gait Farm on June 26th and June 27th
for a 2 day clinic with international dressage star
Shelly Francis**

Come learn from a true horsewoman who specializes in developing young horses to successful Grand Prix horses. All level of riders and horses welcome!

Cost per ride is \$350 plus \$20 trailer in fee
Ride 1 or 2 days, but priority given to those riding both days.
Auditors welcome 1 day for \$25 or 2 days for \$40

Register here: <https://forms.gle/sc6pMmPWmsAiTdhJA>
Questions please contact Mel Montagano at 609-602-6346 or prestigeperformancehorses@gmail.com



LIDA CLASSIFIED

Welcome to our classified section! If you have items you would like to list in our classifieds, please send all the details, including photos, to LIDA secretary Karin Schackne at info@lidressage.com. Listings are free for LIDA members. A \$5 donation is asked of non-members.



FACE MASKS

\$15.00

GAITERS

\$20.00



shopusef.org

LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Karin Schackne, Secretary

phone: 631 432-4563 email: info@lidressage.com

Heather Baker, Treasurer

phone: 631-827-0481 email: admin@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Karin Schackne at least one month prior to publication.

SADDLE FOR SALE

2018 Prestige Dressage Saddle

2018 Prestige X Helen K Monoflap 17/33

\$3,600 · Huntington, NY

Perfect Condition

Black - Soft Calfskin

Monoflap - XS Flap

Tree Currently set to

33 cm



Local Trials Welcome

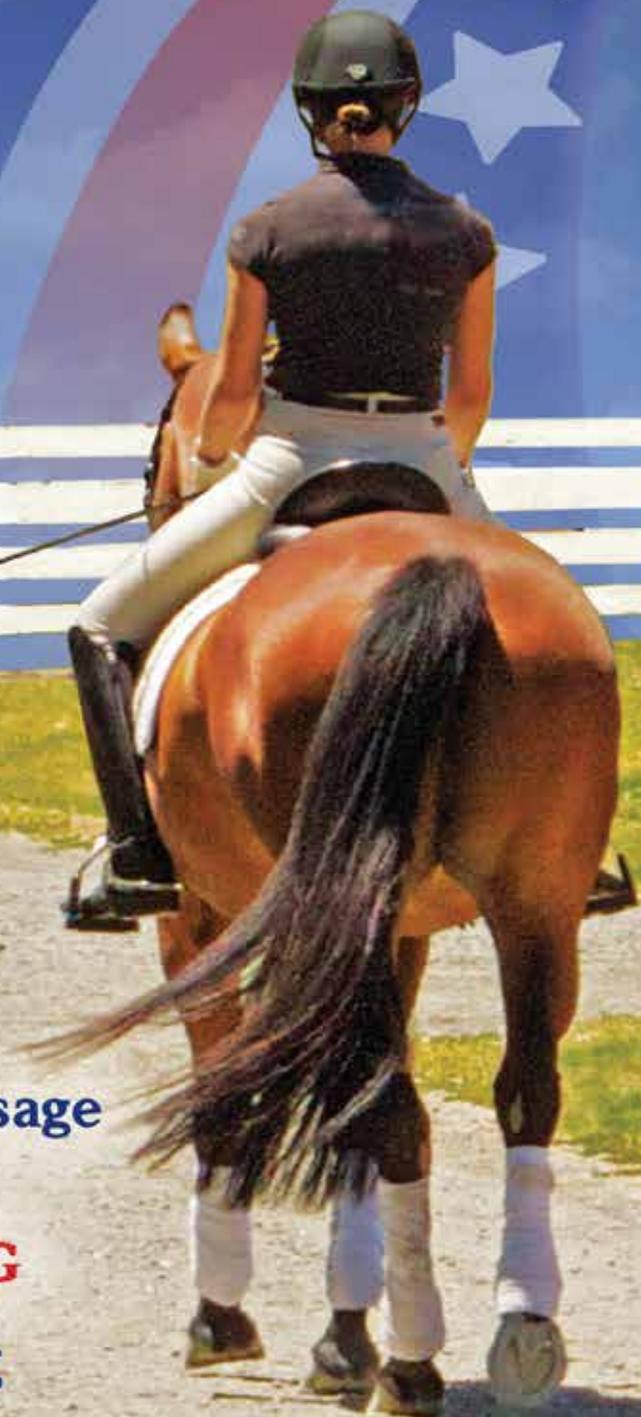


Contact:

Ana O'Brien
631-335-9982

ParaEquestrianAthletes@gmail.com

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2021 LIDA Membership begins December 1, 2020 and ends November 30, 2021.

Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60

(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40

(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40

(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30

(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- **Meetings, clinics and other club activities**
- **Automatically become a Group Member of the USDF**
(Full Participating Membership Only)
- **Year-end awards and dinner dance**

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check **made payable to LIDA to:**

LIDA Membership Committee
PO Box 507
Calverton, NY 11933