



The LIDA Extension

Official newsletter of the Long Island Dressage Association

May 2021

President's Message

Dear Members,

What a difference a year makes. This time last year we were cancelling our shows and events, hunkering down for a year of isolation. I am feeling optimistic about 2021. Shows are being scheduled. If we stick to the plan and get vaccinated and follow protocols we should be able to operate almost as normal. I for one can't wait. I know Brado is definitely suffering from not being able to show. He is the consummate showman and loves an audience.

So get ready. The season is upon us. That being said this is a call for volunteers. We need to check our ring at Old Field to make sure it's ready to go. In an effort to save money we're looking for people that would like to learn how to correctly set up a dressage arena. Our show manager, Ellen Brindle-Clark has offered to train a crew. This would be most helpful not to mention a handy thing to know. I know I'd like to know how to do it properly even though I might not be able to help every time, it's valuable knowledge to have. So if you want to learn the correct way to set up a dressage arena contact me or any other board member for details.

Don't forget about our Ladies of LIDA calendar. Start thinking about those clever photos of your mares. I have a couple of anxious stallions awaiting the 2022 edition.

Remember, if you're looking for the latest in dressage events happening on Long Island go to our website lidressage.com.

See you ringside

Mary Mulcahy
President



COVID-19 continues to be the major news headlines. With the vaccinations in full swing, States are starting to open up more and more. Fingers crossed.

Several shows are open and some are filling at a rapid rate. Certainly different from this time last year when shows were shutdown. USEF will be making changes to their COVID action plans such as there will limited spectators. So all should read the new plan to make sure you are updated on the changes.

Kate O'Connor, Region 8 Representative to Nomination Committee, did an awesome job rounding up the nominated delegates to get their acceptance in. Please remember to vote in June for these delegates. Region 8 has had the lowest percentage of voting on record for many years. It would be nice to blow them away and get more than 8% of PM to vote!!!!....

The USDF Executive Board held our spring meeting via zoom sessions. We did this in several 3 hour sessions finishing last Wednesday. We had our normal policies and procedures to edit which were 90% housekeeping items, approval of 2022 Regional Championship locations, and reports from task force committees. USDF is in very good shape financially and yes they certainly took advantage of the government's help. We did not have to lay off any employees or even give them pay cuts. The office worked EXTREMELY hard to cut costs where ever possible. KUDOS!

There is no decision regarding the Convention at this point but I will say there are many awesome educational programs proposed. So many the board accepted them all thinking some would be live at the convention and others via zoom! This is very exciting.

Our Regional Spring Meeting which was scheduled for May 5th at 7pm we will hold a Zoom Meeting. I have send out the zoom meeting information and the agenda. If you have not received it contact me ASAP. Everyone is invited.

See you on the Centerline...
Debra Reinhardt
USDF Region 8 Director





NEW COLUMN

PROFESSIONAL PROFILE

MEET STEPHEN HAYES

1. WHEN DID YOU START RIDING? I started riding at 7 years old, in a absolutely none horsey family.

2. WHAT ATTRACTED YOU TO HORSES? I suppose I've always loved animals, there was a donkey that lived down the road from our house, was the first time I became fascinated. We'd go feed him carrots everyday when walking home from school. He was a nasty lil thing though haha.

3. WHAT WAS THE FIRST HORSE YOU RODE? His name was Barney, a 14.1 welsh pony, he belonged to one of my dads clients (he is a driving instructor). This pony went on to teach my sister and I many other young kids after. He was a little angel.

4. YOU RIDE DRESSAGE, HAVE YOU RIDDEN IN OTHER DISCIPLINES? I trained race horses for one year, I would take them on the Gallop tracks (never again, I want to live a long life). I've also dabbled into show jumping but dressage was always my main love. There's something about the dance, the Harmony and relationship that to me is like no other discipline.

5. IF YOU COULD RIDE ANY HORSE FROM YOUR PAST WHO WOULD IT BE AND WHY? I'd love to have ridden Totilas in his prime. That horse in my opinion is the greatest horse to have walked this planet.

6. WHERE'S THE MOST UNIQUE PLACE YOU'VE RIDDEN? I love riding at Global in Wellington FL, I love riding at Dressage at Devon. I've also taught clinics in some very unique places such as the USET head quarters (that was a special clinic and an honored do). I've also cliniced in Singapore, South Africa, Malaysia, Dubai, Australia and New Zealand.

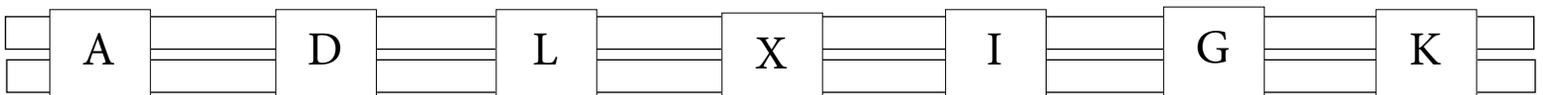
7. WHAT IS THE FUNNIEST THING THAT EVER HAPPENED WHILE YOU WERE RIDING? There's not a single day I don't laugh at least once in the saddle. I always remind my riders (and myself) there are only three emotions allowed in the saddle, laughter, joy and patience.

8. WHAT IS YOUR GO TO EXERCISE? Shoulder in on a circle and shoulder in transitions walk trot and trot canter are the equivalent of Harry Potter wizardry.

9. WHAT IS YOUR BEST/WORST MEMORY FROM SHOWING? So many good memories, I suppose one of my favorite memories was my first big show in the USA. It was at global in the inter 1, and I was up against some pretty big names, and I won with a 71%. When ever I feel my horse and I have ridden a really harmonious test, it's just the best feeling in the world and to be rewarded for it and have some strong competition, and then win, it's hard to beat that feeling. The worst would probably be the flip side to that, sometimes in showing you feel like it was a hot mess and you wish you'd of taken up tennis lol.

10. WHAT'S THE ONE THING YOU WOULD TELL A RIDER TO NEVER DO? Never do something that you feel in your heart and soul is wrong or dangerous to you or your horse. That little voice in your head. Listen to it, they know what their talking about 99% of the time.

11. WHAT'S THE BEST ADVICE YOU CAN GIVE A RIDER? Strive for progression not perfection. Nothing created by mother nature is or can be perfect, it does not exist. So don't put that pressure on yourself or your horse





NEW COLUMN

PROFESSIONAL PROFILE

Stephen Hayes - CONTINUED

12. WHO'S YOUR FAVORITE HORSE/RIDER COMBINATION? Gal and Totilas. I'm a MEGA fan of Carl Hester, he's my absolute idol. But the Gal and Totilas combination was just magical.

13. THE FUNNIEST/NAUGHTIEST THING YOU'VE EVER SEEN A HORSE DO? Having ridden race horses, I've seen it all. There is nothing anymore that can shock me I don't think. I've seen and dealt with flips, rears, bolts, Bronx's, bucks, trampling, head stands. You name it. One thing that always makes me need a Xanax is horses doing the wall of death (galloping around an arena so fast and blind with a rider on top). That scares me.



14. WHAT IS THE HARDIEST THING TO TEACH A RIDER? Hmm, good question. Patience. A rider with no patience is a difficult student to work with.

15. WHAT DO YOU LOOK FOR WHEN SEARCHING FOR A DRESSAGE MOUNT? A desire to work, a good quality walk and canter, (trot can always be made so it's not a priority) shorter coupled horses with a elegant longer neck really catch my eye.



Ladies of LIDA Calendar

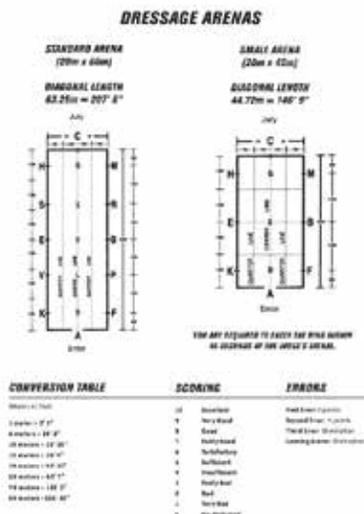
Is your mare photogenic and perhaps a bit of a Diva?

Does she glance at herself as you glide by the mirrors in the arena?

Perhaps every stallion turns his head in her direction as she steps gracefully off the trailer.

Well then, you should consider submitting her photo for the LADIES OF LIDA Calendar!

More details will be forthcoming, so stay tuned!



EDUCATIONAL OPPORTUNITY

Ellen Brindle-Clark has offered to train a crew on the proper set up for a dressage arena. This is a wonderful chance to increase your knowledge and awareness of where the letters are placed and how to navigate the arena when riding a test.

We will also be seeking volunteers who can help out at the shows. We are really looking forward to having shows again this year! If you are available to help, please contact one of the board members to sign up.

NOTEWORTHY NEWS

IHA Raul de Leon Clinic - April 24th



Doreen Rose and Gambler took part in the IHA Clinic with Raul at the Bohemia Equestrian Center.

Congratulations to LIDA member Wendi Schnittjer for overcoming the setbacks for a successful season





LIDA CLASSIFIED

Welcome to our classified section! If you have items you would like to list in our classifieds, please send all the details, including photos, to LIDA secretary Karin Schackne at info@lidressage.com. Listings are free for LIDA members. A \$5 donation is asked of non-members.



FACE MASKS

\$15.00

GAITERS

\$20.00



shopusef.org

LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Karin Schackne, Secretary

phone: 631 432-4563 email: info@lidressage.com

Heather Baker, Treasurer

phone: 631-827-0481 email: admin@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Karin Schackne at least one month prior to publication.

SADDLE FOR SALE

2018 Prestige Dressage Saddle

2018 Prestige X Helen K Monoflap 17/33

\$3,600 · Huntington, NY

Perfect Condition

Black - Soft Calfskin

Monoflap - XS Flap

Tree Currently set to

33 cm



Local Trials Welcome

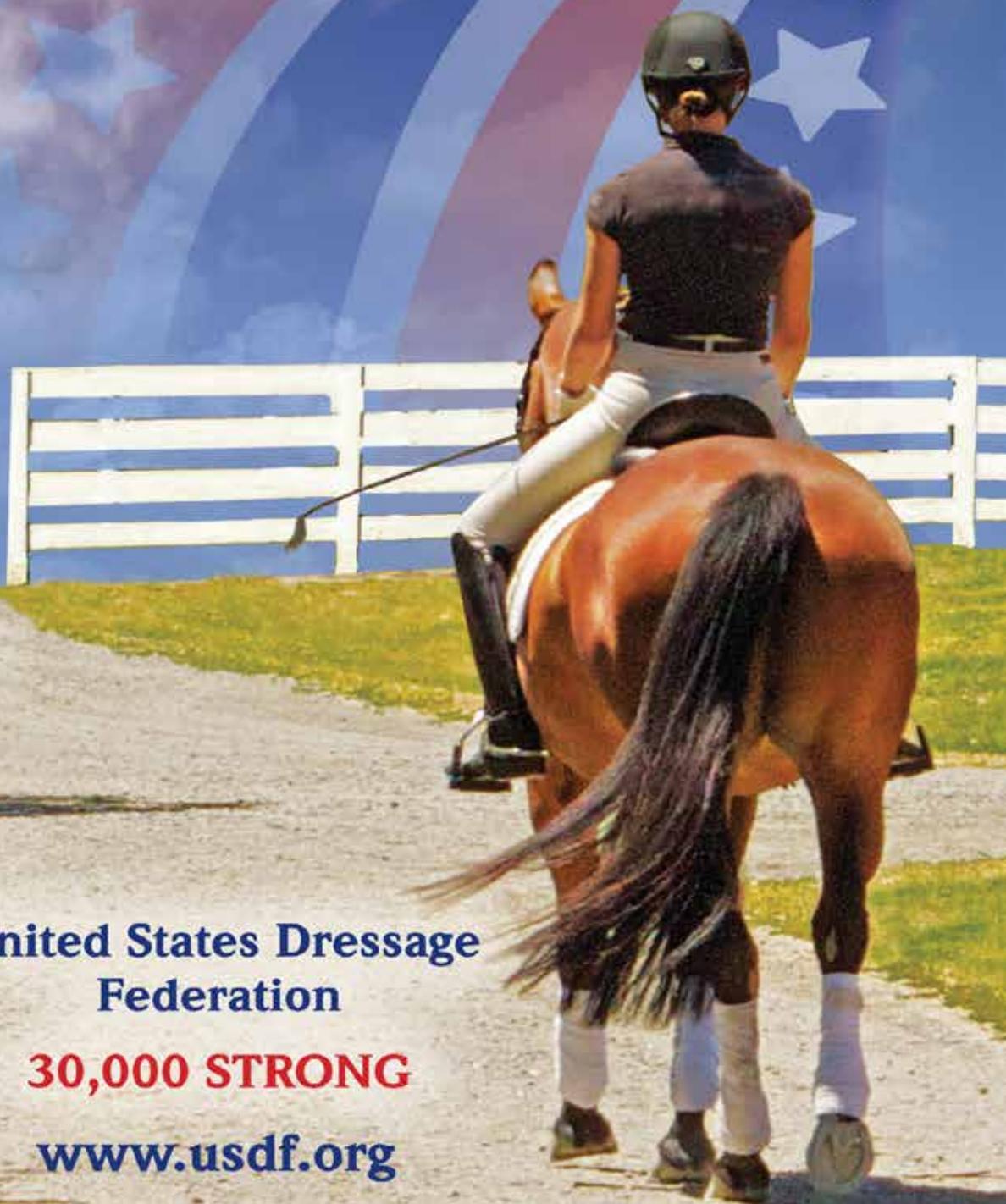


Contact:

Ana O'Brien
631-335-9982

ParaEquestrianAthletes@gmail.com

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2021 LIDA Membership begins December 1, 2020 and ends November 30, 2021.

Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60

(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40

(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40

(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30

(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- **Meetings, clinics and other club activities**
- **Automatically become a Group Member of the USDF**
(Full Participating Membership Only)
- **Year-end awards and dinner dance**

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check **made payable to LIDA to:**

LIDA Membership Committee
PO Box 507
Calverton, NY 11933