



THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

March/April 2020

President's Message

Dear Members,

It's very difficult to sit down and write my message when the world is in the grip of the devastating COVID 19 Corona virus. Somehow the goings on of our little dressage club don't seem terribly urgent or important. Still there are some things we'd like to let you know about. Life goes on. Everybody keep washing your hands and hanging at the barn.



I want to welcome **Heather Baker Rowsom** to the LIDA board. Heather is our new Treasurer. The board is looking forward to working with Heather. **WELCOME!**

The first Winter Work clinic with **Heidi Lemack** was a resounding success. We had a full day of rides. Heidi's observations were thoughtful and accurate. Her instruction was clear and observable results were seen during the ride. Heidi is returning to Blue Ribbon Farms on **March 22**. Check our Facebook page for schedule and times. Before I move on I want to give a special thank you to the folks at **Blue Ribbon Farms** for hosting the clinic and making all welcome. Also a special thank you to **Dona Just** and **Lucille** for supplying the nibbles. Very tasty.

Exciting news. I've been in touch with **J.J. Tate**. Depending on what happens with the virus, J.J. should be back to Long Island in June. Mark your calendars and stay tuned for further info.

Looking outside it appears spring is almost here. Get ready for show season. Make sure your memberships are up to date. Did you take the Safe Sport test? **Don't forget, it's a must.**

See you ringside.

Mary Mulcahy
President

Heidi Lemack Clinic at Blue Ribbon Farm



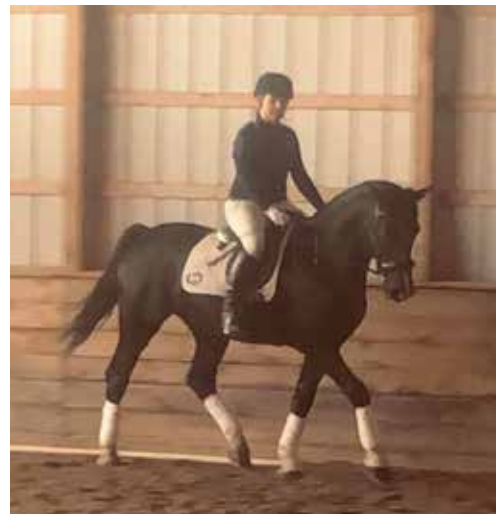
The cold morning air did not deter riders and auditors from attending Heidi Lemack's clinic on February 29th.

Heidi grew up on Long Island and became an avid competitor and breeder until she relocated to New Jersey and opened Rhythm & Blues Stables. There, she and her husband Jason, conduct a successful lesson and training program. Heidi has an extremely positive approach to her coaching and it was well received.

Thank you again to Blue Ribbon Farms for hosting.



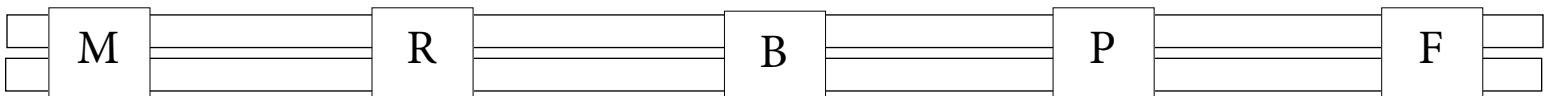
Marie Banks and Star



Doreen Rose and Gambler



Alice Petersen and Carrots



NOTEWORTHY NEWS

PLANNED LIDA EVENTS

SCHOOLING SHOW

Norwest Farm

June 28th

J. J. TATE CLINIC

June date to TBA

THE SUMMER CLASSIC

Old Field Farm

Judge-Heather Mason

July 26

For the 2020 Show Season IHA will be hosting its shows at the Bohemia Equestrian Center in Bohemia on Sycamore Ave.

June 14

July 19th

August 23rd

This year, for the first time, our schooling show series is including leadline walk, walk/trot and leadline walk, walk/trot para dressage classes. We also offer Western Dressage classes.

For More Information

Contact Angela at

haygal@haygal.com



LOOKING FOR A GOOD READ?

I don't know about you, but I find the winter months the best time to catch up on my reading. Here are a few interesting and educational reads I'd like to recommend for your library.

THE ART OF CLASSICAL HORSEMANSHIP by Egon von Neindorff.

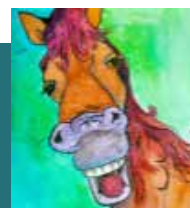
If you're unaware of the German classical master Von Neindorff this book will acquaint you with his training philosophy. Neindorff was one of the most influential trainers of the 20th century. No dressage riders' library should be without it.

Another must have book is **THE GYMNASIUM OF THE HORSE** by Gustav Steinbrecht. One of **THE** training bibles, this book will become your go to when faced with a training problem.

Finally, for Christmas I received **DRESSAGE FOR NO COUNTRY** by Paul Belasik. Mr. Belasik is one of my personal favorites. I had the opportunity to ride with him years ago and am still digesting the information he imparted. This book delineates the various Dressage Schools of history. "He weaves us through the varying faces of classical dressage and how it intertwines between cultures and schools of thought on a search for where collection truly resides."

I hope you will check out these books as they will definitely assist and enlighten your Dressage journey

Have you overheard something special that one of our members has done? If so, let us know! We'd love to share it with everyone. Just drop an email to LIDA Secretary Doreen Rose at info@lidressage.com.



The New England Dressage Association

is thrilled to welcome back

Olympic Gold and Silver Medalist

Carl Hester MBE

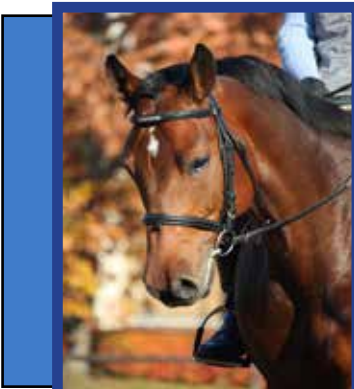


This will be his only U.S. East Coast appearance in 2020!

The symposium will take place October 17-18, 2020

at

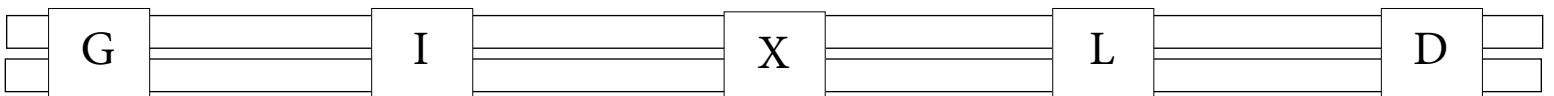
Mount Holyoke College Equestrian Center



2020 LIDA SCHOLARSHIP

This scholarship is designed to help our members attend clinics and work with trainers they otherwise would not have the opportunity to take advantage of.

APPLY ON LINE AT:
www.lidressage.com





ANNOUNCING

HorseLinc SCHOLARSHIPS

View eligibility requirements and apply online at HorseLinc.com

Incoming
College
Freshmen

College
Undergraduate
Students

Graduate
Students &
Beyond

HorseLinc, a popular mobile application that revolutionizes invoicing and payment processing for equine professionals, is proud to announce their new scholarship program.

Offering three scholarship opportunities, HorseLinc's initiative was designed to recognize dedicated collegiate equestrians who are incoming college freshman, undergraduate students or graduate students.

“The biggest enemy to the partnership of dressage is impatience and the human nature to dominate other creature”

- Charlotte Dujardin



A D L X I G K



LIDA CLASSIFIED

Welcome to our classified section! If you have items you would like to list in our classifieds, please send all the details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are free for LIDA members. A \$5 donation is asked of non-members.

Brennan's (Boot and Batchelor) Masters Dressage Saddle

Excellent condition and very well-cared for. Has surge on panels underneath and wool flocking. Will include Prestige stirrup leathers, Herm Sprenger Stirrups, and beautiful 32" Hennig Girth. Tree size is wide. Saddle was made and flocked regularly by Brennan's / Boot and Batchelor in Bridgehampton and they regularly travel to reflock their saddles all over the island.

Retails new for \$5500+. Asking \$2800. Please call 631-521-0884 or email ars.ridetolive@gmail.com.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Dale Gifford, Vice President

phone: 631-921-2629 email: vp@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.

SADDLE FOR SALE

IMMACULATE PRE-OWNED

All Black Wintec
Isabell Werth
Adjustable Dressage
Saddle CAIR Air
System Black 16.5"
with Easy Change Riser
System.

Used only for showing
one season. \$750 neg.



Contact Cate:
Catherinekwasnik1@gmail.com
347-418-6431
Located in Flanders.



Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2020 LIDA Membership begins December 1, 2019 and ends November 30, 2020.

Please Print:

Name:		Email:
Address:		
City/State/Zip:		
Phone:	Cell #:	D.O.B.:
USDF #:	USEF#:	
Trainer:	Referred By:	
Horse's Name & Stable:		
Signature:	Date:	Amt:

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60

(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40

(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40

(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30

(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- **Meetings, clinics and other club activities**
- **Automatically become a Group Member of the USDF**
(Full Participating Membership Only)
- **Year-end awards and dinner dance**

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check **made payable to LIDA to:**

LIDA Membership Committee
PO Box 507
Calverton, NY 11933