



THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

Issue 13, January 2017

President's Message

Dear members,

HAPPY NEW YEAR!

2017... wow! I hope everyone had a wonderful holiday season! LIDA is moving forward, ready for the new year. Starting with our **Year End Awards Dinner** January 29th at Giorgio's. Time is running out to get your reservations in. Please contact Linda Erick at admin@lidressage.com and let us know if you are coming. Also, don't forget to get your **raffle tickets** for the beautiful print of the **Reboli** painting. Contact any board member or go on lidressage.com to purchase a ticket online. Tickets will be mailed and will also be available for pick-up the evening of the dinner.

As you may know, we are running a special election to fill the vacant **Vice President** position. Nominations closed January 4th. I'm pleased to announce we have a candidate for the spot, **Lucille Sullivan** of Navillus Dressage. Lucille has stepped forward to help and we couldn't be happier! Voting will be held at the end of January at our awards dinner.

For those of you who may be interested in becoming more involved with LIDA but feel you don't have the time, I'd like everyone to know that starting January our monthly board meetings will be conducted via **Skype**. This will eliminate travelling around the island and allow us more time for the actual meeting! Perhaps this might make it easier for those of you with limited time to join one of our committees.

Someone recently mentioned that they don't look at our website much, opting to get their news from our Facebook page. We work hard on keeping the website information up to date. You'll find a more comprehensive Calendar of Events as well as news from the USDF and our Region 8 coordinator, Debra Reinhardt. One of the things I learned at the convention is that Region 8 is the biggest region in the country, not necessarily in size but in population. Plus, many years we have riders from other regions competing in our shows and at the Regional competition. I mention this because I think it's important to be aware of what's happening in our region, not just on Long Island. So I hope you'll check out our website lidressage.com more frequently.

See you at Giorgio's!

President

Mary Mulcahy



LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GMs).

For USDF Participating Membership, members must apply directly to USDF.

Announcing our 2017 LIDA show dates!

Recognized Shows

Summer I - Saturday, July 29th

Summer II - Sunday, July 30th

These will be run as two separate shows.



Schooling Shows

Sunday, July 9th

Sunday, October 8th

LIDA will be hosting several shows for the upcoming season, both recognized and schooling shows. Our recognized competitions will be held the weekend of July 29th and 30th, 2017. We will once again be at Old Field Farm in Setauket. In addition to our recognized show weekend, we will also offer two schooling shows, one on Sunday, July 9th and the other on Sunday, October 8th. The schooling shows will be held at Skye Acres Equestrian Center in Medford.

ANNOUNCING NEW RULE CHANGES FOR THE 2017 LIDA SHOWS

The LIDA board recently approved some exciting new changes we think will improve LIDA members' club experience for the 2017 show season. We will be adding a new membership category. Since some of our members have expressed interest in only participating in schooling shows and do not have plans to compete in any of the recognized competitions that will be offered on Long Island this year, we have decided to offer a "schooling-show division only" membership category with a membership fee of \$40.00. The new membership category will allow a member all the benefits of a full participating membership without the added expense of USDF/GMO fees and will allow members to participate in the Schooling Showing Division of our Year End Awards Program. This membership is also open to all Western Dressage enthusiasts who wish to compete. We will also be adding a new "Walk/Trot Only" division to both our recognized show and our schooling show categories, in which participants can also qualify for a Year End Award.

We are also adding some improvements to the Year End Awards Program. In years past, our Year End Awards rules have stated that in order to qualify for certain LIDA Year End Awards you had to submit a designated number of scores from LIDA-approved shows. This rule has been changed to allow members to submit their required scores from any Long Island show in both the schooling show and recognized show categories. We hope this will encourage more members to take part in our Year End Awards Program to celebrate the achievements of themselves and their horses.

BE SURE TO RENEW YOUR LIDA MEMBERSHIPS FOR 2017!

IN MEMORIAM

Bandito del Amore



Our hearts go out to LIDA member and Long Island dressage trainer Victoria Mortimer on the recent loss of her beloved horse, Bandito del Amore, more affectionately known as “Bandy”. Bandy had a powerful yet gentle presence, had been known to have done a silly thing or two throughout his years, and always insisted on dunking his own hay every night as he settled into his stall for the evening. Ever a goofball but always a lady’s man, he was a much beloved member of the Victamar family whose loss has been deeply felt by all who knew and loved him.



Bandy, curious to read through his dressage test over Vicki's shoulder

Bandy had been seen regularly at dressage shows on Long Island for several years, having been shown most recently by Vicki’s longtime student Alyssa Hauser. Alyssa and Bandy were competition partners for three years. During that time, they list among their many achievements being named IHA Champions at both Introductory and Training Levels, LIDCTA Prix Caprilli Champions, and IHA Mirror Image Memorial Award winners in 2009. Bandy had also been an excellent teacher to several of Vicki’s other students and more than one rider at Victamar can credit Bandy for having helped shape them into the riders they are today. He will always be remembered fondly in the hearts of all who rode and cared for him.



A memorial laid out in front of Bandy's stall

“Bandy helped me find myself not only as a rider but as a person. He showed me what it was like to truly ride my heart out.”

Alyssa Hauser





Region 8 News

Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



Happy New Year!

The USDF Convention was a great success in St. Louis! As usual, I never saw the outside from the moment I arrived until I left for the airport! It was great to see fellow dressage people and network with other regions. And the educational sessions were awesome!

As for the business end of the convention, our Region 8 meetings were so busy that we barely finished business. Many discussions were about the Participating Membership dues increase which was part of the budget that the Board of Governors had to approve. Several extra meetings were held to explain the reasons behind it, and Steve Schubert, USDF Treasurer, attended each regional meeting to discuss questions and/or issues being raised with the increase. When all was said and done, the budget was approved with the dues increase. Please note that the Group Member Organization dues were not increased.

A major part of the new budget was the approval of the new Adult Clinic formats. There are three different formats and you can find them on the USDF website under Adult Education. Each region will be given \$3000 per year to hold these clinics. They must be held by a GMO and the most the GMO can receive is \$1000 per clinic. So that means we can hold up to three per year and I want to see Region 8 do this! So get going on your planning!

There were some changes in our committees. Diane Holston will now serve on the Awards Committee, Jennifer Dillon will be on the FEI Jr/YR Committee and is regional coordinator for NAJYRC, and Jane Karol will be the Chef d'Equipe for the Region 8 teams at NAJYRC.

Other major news is that the NAJYRC will be held at HITS in Saugerties, NY on July 19-23, 2017. I believe this is the first time it will be held in our Region! YEAH! So now Jane and Jen have extra planning to do for this year.

There is some important information regarding qualifying this year for Regional Championships. You are allowed to ride more than one qualifying class per day at a show. So you can ride a Training test 3 class as a Qualifier and a Training test of choice class as a Qualifier if you ride Training Test 3 in that class. HOWEVER...only one qualifying score will count. What this does is give riders more chances to qualify on the same day and if both classes are qualifying scores, only one counts. The rule still applies where you need one qualifier per show and you must get two scores from two different shows to qualify. Hope this is clear.

Our region does wish to continue to give saddle pads and hats to the riders who go on to the finals. However, we need sponsors for them. The cost per year is about \$1800. So if you know anyone or any group or company that would like to help, please contact me at debra@centerlineevents.com.

As for the spring meeting, it will be held April 9th at the Publick House in Sturbridge, MA at noon. At all the regional meetings I tried to make it clear that I am not going to be making the decisions regarding where activities are held, which activities are held or even what our region does. This is YOUR region and it is your decision. At these meetings, we will vote on issues. Delegates, both PM and GM, will carry the number of votes they carried at the convention. So it will be important for delegates to come for sure but even if you are not a delegate, it will be a huge education to learn what the region is doing. You will have a huge opportunity to voice your opinion and to participate and get involved. I urge everyone to come.

Give hugs and kisses to all our equine partners...and STAY WARM!

See you on the Centerline...

Can Group Members receive any type of refund if they are members of more than one GMO?

Yes! There is a form on the USDF Web site to request the refund of multiple GMO dues. On the form you must declare one GMO as your primary GMO and list the ones for which you want refunded. All Multiple GMO Dues Refund Requests must be submitted to USDF between April 1 and August 1 of the current GMO year, as this will affect membership counts for delegate voting. (This refund is not applicable for Supporting Family Members). We have also provided a copy of this form for you below.



UNITED STATES *Dressage* FEDERATION

Request for Refund of Multiple GMO Dues

A portion of the dues paid to your Group Member Organization (GMO) are submitted to USDF. If you are a member of more than one GMO, you can request a refund of the USDF portion of GMO dues paid for additional GMOs that you join (limit three). You must designate your primary GMO and cannot request a refund for that GMO. If you request a refund for any additional GMOs, your membership will no longer be considered in that GMO's membership count when determining the number of voting delegates that your GMO is entitled to at the Board of Governors (BOG) meeting at the convention. By completing this form, you are confirming that you understand that your refund request could potentially affect the GMO delegate numbers for GMOs for which you requested a refund. **Refunds may only be requested from April 1 through August 1 of the current GMO year.** Once this form is received in the USDF office the refund may take several weeks to process. Forms not filled out completely and/or not signed will not be processed. Supporting family members are not eligible for this refund.

Please designate the following GMO as my primary GMO*:

I would like a refund of \$12 for each of the following additional GMOs I have joined:

GMO: _____

GMO: _____

GMO: _____

Total Refund: \$ _____

*I understand that for voting purposes, USDF will allocate my membership to my primary GMO only.

Name: _____

USDF #: _____

Address: _____

City: _____

State: _____

Zip: _____

Phone Number: _____

E-mail: _____

Member's Signature: _____

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org





LIDA CLASSIFIEDS

Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

SADDLE FOR SALE \$4,000 Huntington, NY (11743) 2014 17.5" County Perfection Wide Tree Short Flaps

LOCAL TRIAL RIDE AVAILABLE

Beautiful and lightly used 2014 County Perfection dressage saddle. 17 1/2" seat on a wide tree with short flaps and an adjustable leg flap. Exterior thigh blocks provide security as does the adjustable leg lap which allows you to customize your leg / thigh angle. Text for more information and to set a local trial ride: 631-335-9982.



BUY A DRESSAGE LETTER MEMORIAL PLAQUE

Help support LIDA by purchasing a personalized memorial plaque! For a donation to LIDA of \$100.00, you can memorialize your love for a special equine partner, a special person or to just simply express your love of dressage. Each plaque may contain any message or inspirational quote that you would like to say, and upon completion, will be permanently mounted on one of the dressage letters of your choice surrounding the LIDA dressage ring. Anyone interested in purchasing a memorial dressage letter plaque, please contact LIDA Treasurer Linda Erick at admin@lidressage.com or via Facebook.



We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.

LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com



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Issue 14, February 2017

President's Message

Dear members,

For those of you who didn't attend the LIDA Year End Awards Dinner last weekend, you missed a really good time! Because we didn't meet the minimum of 40 people for Giorgio's we had to scramble. At the last minute we were able to get a room at the Cooperage Inn, which turned out to be a good thing. Because of the smaller room, it felt much more like a party and we weren't all sectioned off at separate tables. Our emcee, Dan Osborn of the Osborn Law Group, had some very funny equine related jokes that made us all laugh. I'm pleased to say we received a lot of compliments after the dinner and we made \$820 for LIDA from the raffle baskets. It was a really great night!

Now it's time to start our new year. I'd like to remind everyone to renew your membership as soon as possible. We now have the ability to receive membership applications on our website www.lidressage.com. A description of each membership category is included on the membership form in this newsletter. For those of you that want to be a GMO member of the USDF, you should apply for a **FULL PARTICIPATING MEMBERSHIP**. This is the only membership category that will include you as a GMO member.

Before I go, I'd like to welcome our new Vice President, Lucille Sullivan. Lucille was voted in at the Awards Dinner. Congratulations Lucille!

President

Mary Mulcahy



DON'T LET YOUR LIDA MEMBERSHIP LAPSE! RENEW BY MARCH 2017 TO REMAIN AN ACTIVE MEMBER.

See the membership form included in this month's newsletter or renew online at:
www.lidressage.com

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For USDF Participating Membership, members must apply directly to USDF.



Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2017 LIDA membership year begins December 1, 2016 and ends November 30, 2017.

Please Print:

Name:		Email:	
Address:			
City/State/Zip:			
Phone:	Cell #:	D.O.B.:	
USDF #:	USEF#:		
Trainer:			
Horse's Name & Stable:			
Signature:	Date:	Amt:	

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF
(Full Participating Membership Only)
- Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to LIDCTA to:

LIDA Membership Committee
PO Box 507
Calverton, NY 11933



LIDA SOCIAL / GENERAL MEMBERSHIP MEETING

LIDA Member Monique Genchi has generously offered to host a LIDA Social at her home in Baiting Hollow. We will also hold our first General Membership Meeting for 2017 at this time. Mark your calendars. We hope to see you all there!

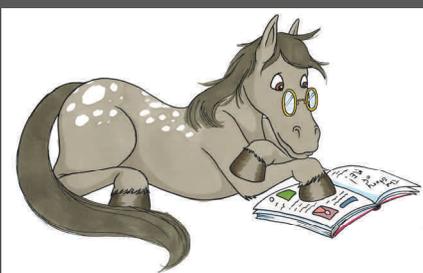
Date: Monday, April 10, 2017

Location: 5 Village Green North, Baiting Hollow

Time: 7:00 pm

LUCILLE SULLIVAN VOTED IN AS LIDA VICE PRESIDENT

In a unanimous vote, Long Island trainer and recent Silver Medalist Lucille Sullivan was voted in as LIDA's new Vice President. She will be replacing our former Vice President, Mona Corrente. Lucille is the owner of Navillus Dressage and Sport Horses in Southold, NY. Lucille, the 2016 LIDA Open Prix St. George Reserve Champion, was unable to attend this year's dinner as she is currently training in Florida for the winter but she was represented by her daughter Devan. Congratulations and we look forward to working with you, Lucille!



STAY INFORMED!

Keep your LIDA membership current so you don't miss out on any important club news! Any members who do not renew as of March 2017 will no longer receive our monthly newsletters!

2016 LIDA YEAR END AWARDS DINNER

On Sunday, February 5th, LIDA celebrated our 2016 Year End Award winners with a fabulous dinner in Baiting Hollow. Our original plans to hold the dinner at Giorgio's were unfortunately changed because we did not have enough people attending to meet Giorgio's required minimum. At the last minute, we changed the dinner venue to The Cooperidge Inn and it ended up being a change for the better! The more intimate atmosphere allowed more of our members to sit together and catch up on the year's happenings. At the beginning of the dinner we attended to important club business and voted in Lucille Sullivan as our new Vice President. Then we settled into the main focus of the evening, which was presenting our Year End Award winners with a wide array of beautiful prizes!



This year's prizes included beautiful LIDA year end ribbons and silver trays engraved with the names of each winning horse and rider team. Bronze medals were awarded to qualifying members who earned the required number of scores at their respective levels. Megan Zureck was FINALLY awarded her long overdo champion ribbon and trophy for achieving the Highest Overall Score for a First Level test she rode back in 2009. This was LIDA's last installment of the Perpetual Trophy. Congratulations to you and Seydlitz H, Megan! We're glad you finally received your prizes. Better late than never, right?



A special thank you goes out to Dan Osborn of the Osborn Law Group for being our emcee for the evening. Dan delighted the audience with equine humor in between announcing the winners of our raffle baskets and door prizes. Linda Erick put a lot of time and effort into putting together those beautiful baskets that were filled with items generously donated by our sponsors and other equine vendors. Once again, thank you to Lois Reboli, wife of Joseph Reboli, who generously donated a print of her late husband's painting "Old Field Farm". The print was won by Tommy and Dina Rivera.



We had a great 2016 and we're hoping to make 2017 even better! Congratulations to all of our 2016 award winners. We hope to see all of you again next season!



**Congratulations to all
our Year End Awards
winners from Blue
Ribbon Farms!**





Thank you
for your
support!



Thank you to all those who donated
items for our raffle baskets!

- Cowboy Magic
- Julie Cannova/Kaplow Insurance
- Dressage Extensions
- EQyss Grooming Products
- Joanna Gray-Randle/Gray Horse Dressage
- Hobby Horse Saddlery
- Elizabeth Hotchkiss/Stony Hill Stables
- Renee Kazel
- Leather Honey
- Lexol
- Miller and Associates
- The Baileys/Neptune Feed and Saddlery
- Lisa Caracciolo/North Fork Saddlery
- Nutrena
- Sally Lynch/Old Field Horse and Home
- Schleese Saddlery
- Lucille Sullivan/Navillus Dressage
- Troxel
- Valley Vet Supply
- Victoria Mortimer/Victamar Dressage



LIDA Bronze Medalist Emma Davern showing off the raffle basket she won!



LIDA Training Level Champion Heather Baker

2016 SCHOOLING SHOW WINNERS

HORSE & RIDER OF THE YEAR

INTRODUCTORY LEVEL

Champion: Gabby Kistner and Frank Sinatra JR/YR Division **68.188%**
Owned by: Lucille Banks Trainer: Marie Banks / Blue Ribbon Farm

Champion: Paula Mecagni and Mr. Budlong A/A Division **70.14%**
Owned by: Paula Mecagni Trainer: Paula Mecagni

TRAINING LEVEL

Champion: Heather Baker and Unforgettable A/A Division **65.747%**
Owned by: Heather Baker Trainer: Stephanie Brown-Beamer / Hampton Dressage

WESTERN DRESSAGE

INTRODUCTORY LEVEL

Champion: Linda Erick and Dublin A/A Division **76.77%**
Owned by: Linda Erick Trainer: Stephanie Brown-Beamer / Hampton Dressage

BASIC LEVEL

Champion: Marie Banks and Nu Soldier of Fortune Open Division **72.161%**
Owned by: Eileen Kasmarcik Trainer: Marie Banks / Blue Ribbon Farm

HIGH SCORE WINNERS

Gabby Kistner and Frank Sinatra	Introductory Level	JR/YR Division	71.75%
Paula Mecagni and Mr. Budlong	Introductory Level	A/A Division	67.750%
Heather Baker and Unforgettable	Training Level	A/A Division	69.423%
Doreen Rose and Talywern Fair Rose	Musical Freestyle/1st Level	A/A Division	65.333%
Linda Erick and Dublin	Western Dressage/Intro	A/A Division	81.90%
Marie Banks and Nu Soldier of Fortune	Western Dressage/Basic	Open Division	74.706%

MASTER'S RECOGNITION

Linda Erick and Dublin	Western Dressage/Intro	A/A Division	76.77%
Paula Mecagni and Mr. Budlong	Introductory Level	A/A Division	70.14%

2016 RECOGNIZED SHOW WINNERS

HORSE & RIDER OF THE YEAR

INTRODUCTORY LEVEL

Champion: Monique Genchi and Rothchild's End Game A/A Division 66.657%

Owned by: Monique Genchi Trainer: Alice Petersen / Blue Ribbon Farm

Champion: Cate Lambert and Peppy Sans Gambler JR/YR Division 65.875%

Owned by: Lisa Lambert Trainer: Marie Banks / Blue Ribbon Farm

TRAINING LEVEL

Champion: Heather Baker and Unforgettable A/A Division 63.26%

Owned by: Heather Baker Trainer: Stephanie Brown-Beamer / Hampton Dressage

Champion: Marie Banks and Nu Soldier of Fortune Open Division 65.576%

Owned by: Eileen Kasmarcik Trainer: Marie Banks / Blue Ribbon Farm

FIRST LEVEL

Champion: Renee Kazel and Xander K A/A Division 69.718%

Owned by: Renee Kazel Trainer: Regina Galoppi-Benfante

THIRD LEVEL

Champion: Mette Larsen and W.G. Matisse Open Division 66.134%

Owned by: Mette Larsen Trainer: Mette Larsen

PRIX ST. GEORGES

Champion: Elizabeth Hotchkiss and Decano XXX Open Division 67.149%

Owned by: Maureen Bluedorn Trainer: Elizabeth Hotchkiss

Reserve Champion: Lucille Sullivan and Klaus Open Division 60.83%

Owned by Navillus Dressage and Sporthorses LLC Trainer: Pam Goodrich

MUSICAL FREESTYLE / FIRST LEVEL

Champion: Doreen Rose and Talywern Fair Rose A/A Division 64.778%

Owned by: Doreen Rose Trainer: Victoria Mortimer / Victamar Dressage

HIGH SCORE WINNERS

Monique Genchi and Rothchild's End Game	Introductory Level	A/A Division	64.75%
Cate Lambert and Peppy Sans Gambler	Introductory Level	JR/YR Division	67.25%
Marie Banks and Nu Soldier of Fortune	Training Level	Open Division	68.182%
Renee Kazel and Xander K	First Level	A/A Division	70.735%
Mette Larsen and W.G. Matisse	Third Level	Open Division	58.462%
Elizabeth Hotchkiss and Decano XXX	Prix St. Georges	Open Division	68.684%
Elizabeth Hotchkiss and Decano XXX	Intermediate Level	Open Division	71.447%
Doreen Rose and Talywern Fair Rose	Musical Freestyle (First Level)	A/A Division	65.333%

MASTER'S RECOGNITION

Renee Kazel and Xander K	First Level	A/A Division	69.718%
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RIDER ACHIEVEMENT AWARDS

LIDA DRESSAGE BRONZE MEDAL WINNERS

Emma Davern

Renee Kazel

Paula Mecagni

Doreen Rose



VOLUNTEER OF THE YEAR

Marie Banks (and Macy!)



Region 8 News

Greetings and I hope everyone is having a nice winter! Let's hope the groundhog tells us spring is just around the corner!



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



Jen Dillon is our FEI JR/YR Regional Coordinator for the NAJYRC and she is in full steam ahead mode. Jen is presently looking for a place and time to hold the JR/YR Clinic and would welcome any ideas. As for you, Juniors and Young Riders, don't forget to declare if you are going to compete for a place on the team. If you have any questions, please contact Jen at Jen@dilloneq.com. Once you declare, she will contact you.

Some great news for Region 8! The NAJYRC will be held at HITS in Saugerties, NY. I believe this is the first time ever (or at least in a very long time) that it has been held in our region. We will need help, volunteers and most of all support for these riders. Put the dates July 18-23, 2017 on your calendars!

At one of the CDIs here a few weeks ago, I was the show secretary. It certainly was not a huge show but the number of non-members who were doing their renewals online at the show was huge. So here is YOUR reminder to get your memberships renewed and your Coggins done. Download the entry forms and fill out all but the class info. Think about your riding goals and discuss them with your trainer. Then remember to relax, as it is only a few weeks before the first shows and clinics are here.

Remember another date: April 9th will be our spring meeting at the Publick House in Sturbridge, MA. The agenda lists sub-committee reports on fundraising, a discussion on a possible off year adult clinic for the region, and more. This is YOUR region and you will have the opportunity to voice your opinion, participate and get involved. I urge everyone to come.

That is all for now. Stay warm and give hugs and kisses to our equine friends!

See you on the Centerline...

Mark your calendars for the 2017 LIDA shows!

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Long Island Dressage Association

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GMO: _____

GMO: _____

GMO: _____

Total Refund: \$ _____

*I understand that for voting purposes, USDF will allocate my membership to my primary GMO only.

Name: _____

USDF #: _____

Address: _____

City: _____

State: _____

Zip: _____

Phone Number: _____

E-mail: _____

Member's Signature: _____

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SADDLE FOR SALE \$4,000 Huntington, NY (11743) 2014 17.5" County Perfection Wide Tree Short Flaps

LOCAL TRIAL RIDE AVAILABLE

Beautiful and lightly used 2014 County Perfection dressage saddle. 17 1/2" seat on a wide tree with short flaps and an adjustable leg flap. Exterior thigh blocks provide security as does the adjustable leg lap which allows you to customize your leg / thigh angle. Text for more information and to set a local trial ride: 631-335-9982.



BUY A DRESSAGE LETTER MEMORIAL PLAQUE

Help support LIDA by purchasing a personalized memorial plaque! For a donation to LIDA of \$100.00, you can memorialize your love for a special equine partner, a special person or to just simply express your love of dressage. Each plaque may contain any message or inspirational quote that you would like to say, and upon completion, will be permanently mounted on one of the dressage letters of your choice surrounding the LIDA dressage ring. Anyone interested in purchasing a memorial dressage letter plaque, please contact LIDA Treasurer Linda Erick at admin@lidressage.com or via Facebook.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Lucille Sullivan, Vice President

phone: 631-252-3687 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.





THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

Issue 15, March 2017

IF YOU HAVE NOT YET RENEWED YOUR LIDA MEMBERSHIP FOR 2017, THIS IS THE LAST NEWSLETTER YOU WILL RECEIVE!!

To continue receiving our monthly newsletters and other benefits of LIDA club membership, fill out and mail in the membership form included in this month's newsletter or renew online at: www.lidressage.com

President's Message

Dear members,

Welcome to the season of hair... HORSE hair that is! I don't know about you but I've been covered in it for a few weeks now. No matter how hard I try, it sticks to my clothes and flies up my nose! There is something to be said for clipping, however I ride outdoors in the winter so I don't like taking away their protection from the cold. Hence, all the hair!

Winter was pretty good to us this year but spring is finally starting to spring! We have some fun events planned for April. Our next **General Meeting** is on April 10th. We're trying something a little different this year. In an effort to encourage club camaraderie and to add a little fun to our meeting, we are holding our April General Meeting at LIDA member Monique Genchi's home in Baiting Hollow. The meeting will begin at 7:00 pm. I hope to see some new faces! If all goes well, we'll hold future meetings at other member's homes. If you are interested in hosting a meeting at your place, please let a LIDA board member know.

Back by popular demand is another **Paint 'n' Sip Party**. This year's event will be at the Shoppes at East Wind in Wading River on April 21st from 7:00 to 10:00 pm. The cost is \$55.00 per person and will include a complimentary glass of wine. You can bring your own wine if you would like and LIDA will provide snacks and nibbles. There will also be a raffle. If you are interested in attending, please contact board member Linda Erick at admin@lidressage.com

In May, we will be organizing a bus trip to see the Freestyles at the **Brentina Cup Championships** at Gladstone in New Jersey. The date is Sunday, May 21st so mark your calendars! We need at least 20 people so tell your friends, horsey or non-horsey! Keep an eye out for future emails with more detailed information.

In June, we will be hosting a **Western Dressage Clinic** with **Jec Ballou**. Stay tuned for more information!

President

Mary Mulcahy



LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GM's).

For USDF Participating Membership, members must apply directly to USDF.



**HAPPY ST.
PATRICK'S
DAY!**

FROM LIDA



**JOIN US FOR OUR FIRST LIDA
GENERAL MEMBERSHIP MEETING
FOR 2017!**

LIDA member Monique Genchi has generously offered to host our first LIDA Social at her home in Baiting Hollow. We will hold our General Membership Meeting at this time. Mark your calendars.

We hope to see you all there!

Monday, April 10, 2017 at 7:00 pm

Location: 5 Village Green North, Baiting Hollow

Monique's house is at the corner of Village Green North and Edward's Avenue, one block south of Sound Avenue. It is a two story light brown contemporary home.



Join the Long Island Dressage Association for a weekend of
Western Dressage with Jec Ballou!

Western Dressage Clinic with Jec Ballou

June 17 - 18, 2017
at Highwind Farm
1150 Old Main Road
Mattituck, NY



After seeing her presentations and clinics about improving performance and athleticism for equine athletes, the Western Dressage Association® of America in 2011 invited Jec Aristotle Ballou to serve on its national educational committee. Since then, she has advised several national initiatives for the Western Dressage Association and written extensively about the development of and training for this new sport. She has taught sold-out Western Dressage training clinics on both coasts and has introduced riders of all levels to a discipline that promotes the horse's honor and well-being above all else.

For the past two years, Jec has written a popular blog for the WDAA that provides free weekly Western Dressage training exercises as well as many other informative articles about developing your horse into a better partner.

LIDA is hosting a Western Dressage Clinic with Jec Ballou this June. If you are interested in riding or auditing this clinic, please contact LIDA President Mary Mulcahy at president@lidressage.com.



UPCOMING LIDA SOCIAL EVENTS



Friday, April 21, 2017

7:00—10:00 pm

Location: The Painted Canvas
5768 Route 25A Wading River
(located at The Shoppes at East Wind)

Cost: \$55 per person



PAINT 'N' SIP

Due to the popularity of last year's Paint Nite event, LIDA will host another Paint 'n' Sip Party! This year it will be a three hour event, the first hour for socializing and the second two for painting! The party will include some light food and a complimentary glass of wine. Members and non-members are welcome to attend! If you would like to join us, please contact Linda Erick at admin@lidressage.com. Our painting for the evening will be an original work by The Painted Canvas owner Linda Sperruzzi titled "Sunset Horses".



Join LIDA to watch 2017's championship freestyles at Gladstone in person!

The U.S. Dressage Festival of Champions will be divided this year between two competitions. The Grand Prix, Intermediaire I and Young Adult 'Brentina Cup' National Championships will be held at the USET Foundation headquarters in Gladstone, New Jersey, May 18–21, 2017. LIDA would like to take you there for the final day on Sunday the 21st! Spend the day with fellow LIDA members watching the top freestyle performances in the country! Watch the best horse and rider combinations in the USA compete head-to-head at Gladstone's historic Hamilton Farm. More details on the trip to follow in next month's newsletter!

USA Festival of Champions to be Hosted at Historic Gladstone In 2017

By KENNETH J. BRADDICK

Gladstone, the original home of the Festival of Champions, will host the United States Grand Prix, Intermediate and Under-25 Championships May 18-21, after a year in which the championships were not staged for the first time since their founding a quarter-century ago.

Selection of the venue an hour from New York was announced by the U.S. Equestrian Federation which approved the event for only next year and not for three years under a plan it had proposed to enable organizers to benefit from a longer term agreement. The Gladstone, New Jersey, headquarters of the U.S. Equestrian Team Foundation was chosen in an effort to restore credibility with a competition aimed not only at crowning champions but garnering support for America's teams for the Olympics, world championships and the Pan American Games.

The dressage festival that was first held in 1991 has been split into two separate shows and will remain that way for now. Grand Prix and Intermediate with the Brentina Cup Under-25 division will be moved to the senior division for the first time and will be at Gladstone. Pony, junior and young riders with a new children's competition planned will be at Wayne, Illinois alongside the young and developing horse national championships to be staged August 24-27.

The festival has hopped between cities in recent years – the Kentucky Horse Park in Lexington in 2013, Gladstone in 2014, the Global Dressage Festival grounds in Wellington, Florida at year's end in 2015 and then scratched for the first time in 2016 when two different California show organizers were unable to make it work.

This year, the top Grand Prix combinations competed in Europe during the time the championships are usually staged in the United States in preparation for the Olympics in Rio de Janeiro where the United States team won bronze, the first time we were on the medals podium since the 2004 Games.

Tryon International Equestrian Center that will host the 2018 World Equestrian Games in North Carolina decided not to bid when the USEF did not accept the dates proposed by the organizers. Organizers of a bid for Paso Robles in California also sought a change in date. Gladstone was completed exactly 100 years ago at a cost of \$1 million (\$23 million in 2016 dollars) by Wall Street financier James Cox "Diamond Jim" Brady and named Hamilton Farm in homage to his wife.

The reigning American champion is Laura Graves of Geneva, Florida who won the title on Verdades in Wellington in 2015. Steffen Peters of San Diego, California has been the most successful US Champion to date, winning the title of Champion on Legolas in 2012, 2013 and 2014 and on Ravel in 2008 and 2011. The pair skipped the championships in 2009 when they won the World Cup and then went to Aachen, Germany where Steffen became the first American to be named CDIO champion. In 2010, the pair was also excused from the championships. Steffen was also champion on Lombardi in 2007 and Floriano in 2006.



Steffen Peters on Legolas and Laura Graves on Verdades at the U.S. Championships in Gladstone in 2014.

The History of Hamilton Farm at Gladstone

In 1911, Wall Street financier James Cox Brady purchased 180 acres in New Jersey for \$100 per acre only 50 miles outside of New York City. It was said that Brady initially spent \$1 million on developing the property. He named the farm after his wife, Elizabeth Jane Hamilton Brady. Little did Brady know that Hamilton Farm would stand for more than one hundred years and would be a symbol of equestrian sport in the United States. It remains today as a landmark and will hopefully continue this presence for years to come.

Construction started in 1911 and the barns were ultimately completed in 1913, with the main stable (headquarters of the USET Foundation of today) built in 1916. Brady continued to add on to his estate, and it eventually reached 5000 acres and spanned three counties. The stable grew in the 1920's, and every animal was an outstanding specimen of its breed. Dairy and beef cattle, sheep, pigs, chickens, ducks, and geese were raised at Hamilton Farms, but Brady was especially interested in horses.

The famous stable is made of brick and concrete and is reinforced with steel. The ornate interior includes carriage rooms, tile walls, terrazzo floors and brass fittings. There are fifty-four stalls, and the barn originally had forty other rooms: tack rooms, offices and living quarters. The central entrance leads through to a tiled octagonal foyer, with a split-level stable on the left and the former carriage section on the right.



In 1961, one of the most palatial farms in America and America's equestrian team were joined. Although the United States Equestrian Team was formed in 1950, it had no permanent home to base its training operations. William Steinkraus won the individual gold medal in show jumping at the 1968 Olympics and was a member of the 1952, 1956, 1968 and 1972 Olympic teams. He stated that it was the effort on the part of Arthur McCashin, who lived in the Gladstone area and was another USET rider and member of the 1952 Olympic Team, which brought the USET to Hamilton Farm.



The USET show jumping discipline was led by Bertalan de Nemethy, a former Hungarian cavalry officer and riding instructor at the Royal Hungarian Cavalry School. Mr. de Nemethy came to the United States in 1952 and became the coach of the USET in 1955. He retained this position until 1980 and was a large part of the Team's show jumping success during those years. He is credited with bringing a strict training regimen to U.S. riders that emphasized dressage and gymnastics. "What he found with the team were riders that had done showing and riding a lot, but didn't have the foundation and the fundamentals of riding," said Steinkraus. "Bert's teams abroad were very well prepared — the riders and the horses."

After de Nemethy retired, Chrystine Jones Tauber, a long-time rider for the USET, took over show jumping activities at Hamilton Farm when Team ownership of horses was phased out and selecting horses and riders for specific international events became the norm.

Another monumental shift occurred when Jack Le Goff was hired in 1970 as the USET Eventing coach. A graduate of the Cadre Noir in France and a member of that country's Olympic Team, he revolutionized the American equestrian programs and defined an era with medals and championships. In his 14-year tenure with the USET he never missed winning a medal with any of his Eventing teams, garnering 18 medals in eight international championships. His innovative, intensive training changed the U.S. eventing program forever.



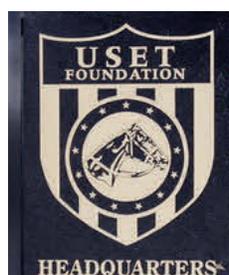
Over the years, the USET added four more disciplines: driving, vaulting, endurance and reining. In addition, para-equestrian was introduced for physically challenged riders. All eight of these disciplines eventually became known as the High Performance disciplines as they all competed internationally.

On December 1, 2003, the United States Equestrian Team became the USET Foundation with a fundraising mandate. The sports governance of American equestrianism came under the control of the newly formed United States Equestrian Federation. The USET Foundation remains headquartered at Hamilton Farm, along with some of the High Performance division of the Federation. The Foundation's purpose is to raise funds for the High Performance programs.

Hamilton Farm continues to thrive, hosting USEF events such as the Dressage National Championships, the Talent Search East, plus leasing the facilities for various horse shows, dressage and driving events. The Federation also hosts a number of training clinics for developing riders in High Performance disciplines. Bonnie Jenkins, the Foundation's Executive Director, declared, "The USET Foundation intends to be a good steward and do everything we can to preserve the traditions and rich history that we have here in Gladstone."

Sally Ike was a member of the eventing team and first came to Hamilton Farm in 1964. She then moved on to work for the USET (now the U.S. Equestrian Federation) and has an office at Hamilton Farm. Ike expresses her respect for the facilities. "This is a magical place. The stables are unique from anybody's perspective because of their size, scope and the way they're built. I don't think anyone can walk through them without thinking about the many, many famous horses that have been stabled here. I've had that feeling from the first day I came here in 1964, and I still do when I come to work every day."

Hopefully, many will continue to support this grand old place and keep it as the historical landmark that it has become.



YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org



Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



Again, Mother Nature has been mostly kind in the northeast. This means we have all been riding and are ready for show season! As a show manager, I am getting everything ready. Competitors, you should, too! For those who were not in Florida showing, get your memberships, registrations and Coggins done NOW!!! Look and plan the shows you are thinking about. Set realistic goals!

I would love to see some adult clinics in our region. USDF has a new program that sets aside \$3000 per region to be used as funding toward this new program. Each clinic can receive up to \$1000 of funding. Contact Victoria Trout, vtrout@usdf.org, at USDF to get more details.

Nominations are still open for Participating Members to be delegates at the 2017 USDF convention. If you are interested or if you want to nominate someone, you need to contact Linda Mendenhall at HofMendenhall@verizon.net quickly. As a PM Delegate, you must attend the USDF convention next December and Linda can fill you in in more detail about what is expected. I would love to see some new faces!

DATE CHANGE for our spring meeting! I will not be back in time from Florida to be at the April 9th date. I have changed it to April 23rd at noon at the Publick House in Sturbridge, MA. I hope most of you can make that date. We will have call in available also! I know the agenda will include sub-committee reports on fundraising and a discussion of a possible off year adult clinic for the region. This is YOUR region and your opportunity to voice your opinion, to participate and to get involved. I urge everyone to come.

DATE to REMEMBER! The USDF Musical Freestyle Technical Training Seminar with Lois Yukins and Terry Ciotti Gallo is being held at Pineland Farm on July 8-9, 2017. While this is targeted for judges, it will be full of information for all riders doing Freestyles. Contact Jennifer Dillon, jen@dilloneq.com for information.

That is all for now. Stay warm...give hugs and kisses to our equine friends!

See you on the Centerline...

Mark your calendars for the 2017 LIDA shows!

Recognized Shows

Summer I - Saturday, July 29th

Summer II - Sunday, July 30th

These will be run as two separate shows.



Long Island Dressage Association

Schooling Shows

Sunday, July 9th

Sunday, October 8th

LIDA will be hosting several shows for the upcoming season, both recognized and schooling shows. Our recognized competitions will be held the weekend of July 29th and 30th, 2017. We will once again be at Old Field Farm in Setauket. In addition to our recognized show weekend, we will also offer two schooling shows, one on Sunday, July 9th and the other on Sunday, October 8th. The schooling shows will be held at Skye Acres Equestrian Center in Patchogue.



Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2017 LIDA membership year begins December 1, 2016 and ends November 30, 2017.

Please Print:

Name:		Email:	
Address:			
City/State/Zip:			
Phone:	Cell #:	D.O.B.:	
USDF #:	USEF#:		
Trainer:			
Horse's Name & Stable:			
Signature:	Date:	Amt:	

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF
(Full Participating Membership Only)
- Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to LIDCTA to:

LIDA Membership Committee
PO Box 507
Calverton, NY 11933



LIDA CLASSIFIEDS

Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

SADDLE FOR SALE \$4,000 Huntington, NY (11743) 2014 17.5" County Perfection Wide Tree Short Flaps

LOCAL TRIAL RIDE AVAILABLE

Beautiful and lightly used 2014 County Perfection dressage saddle. 17 1/2" seat on a wide tree with short flaps and an adjustable leg flap. Exterior thigh blocks provide security as does the adjustable leg lap which allows you to customize your leg / thigh angle. Text for more information and to set a local trial ride: 631-335-9982.



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We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.





THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

Issue 16, April 2017

President's Message

Dear members,

Well, we made it! March was a rough month for those of us who did not go to Florida and don't have an indoor. But now April is here and LIDA is springing to life for the 2017 season. We have a lot planned for the next few months!

We're kicking things off socially with a **Paint n' Sip** event on **April 21st** at the Painted Canvas in the Shoppes at East Wind in Wading River. Then we're putting together a bus trip to **Gladstone** on **Sunday, May 21st** to watch the Freestyle Championships. We have the party bus ready! We need a minimum of 20 people to keep the price down. Check out the LIDA calendar for details.

Spring is time for riders and horses to start getting back into shape. To that end, there are some clinics coming up in May that you might want to check out to get your season jump started. **May 16th, 17th & 18th** is the **Alfredo Hernandez** clinic at Pinnacle Farm in Watermill. **May 28th & 29th** **Pam Goodrich** is back at Stony Hill Stables in Amagansett. You can find further details for these clinics on our website www.lidressage.com.

For those of you that are ready to get things going **Gray Horse Dressage** is hosting their first Schooling Show of the season on **May 7th** at Sound Lane Dressage. The prize lists have been posted.

This year LIDA is hosting its' first **Western Dressage Clinic** with **Jec A. Ballou** at Highwind Farm. Jec is the author of *101 Western Dressage Exercises* and *101 Dressage Exercises*. Most prominent in the dressage competition scene, Jec has trained and competed through the FEI levels but has also competed in long distance trail riding, Ride & Tie, breed shows, and almost everything in between. She won three consecutive East Coast championships in distance riding, becoming the youngest rider in history to win the prestigious Vermont 100 Mile Competition. A proponent of interdisciplinary study, she serves as an advisor to the Western Dressage Association of America.

Jec's lifelong study of classical dressage includes ten intensive training residencies in Portugal, two training residencies in Holland, and one residency in Germany with the late Egon von Neindorff. Most recently, she has studied in Melbourne, Australia with Manolo Mendez, original head rider of the Royal School of Equestrian Arts in Spain. She works tirelessly as an advocate for the understanding that proper biomechanical movement and athleticism can never happen as a result of short-cuts, force, or hurried training methods. The closing date for this clinic is **May 15th**. More details for this clinic can also be found on our website.

So, as you can see we are busy! I hope you'll join us for the ride!

President

Mary Mulcahy



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For USDF Participating Membership, members must apply directly to USDF.

2017 Dressage Shows on Long Island

SCHOOLING SHOWS

IHA Dressage Schooling Shows - Skye Acres Equestrian Center, Patchogue

**Sunday, June 4th
Sunday, August 20th
Sunday, July 23rd**

LIDA Schooling Shows - Skye Acres Equestrian Center, Patchogue

**Sunday, July 9th
Sunday, October 8th**

Gray Horse Dressage Schooling Shows - Sound Lane Dressage, Aquebogue

**Sunday, May 7th
Saturday, June 17th**

USEF / USDF RECOGNIZED COMPETITIONS

LIDA - Old Field Showgrounds, Setauket

**Saturday, July 29th
Sunday, July 30th**

Stanhope Dressage - Stanhope Stables, Huntington

**Sunday, June 25th
Sunday, July 16th
Sunday, August 27th
Sunday, October 15th**



Join the Long Island Dressage Association for a weekend of
Western Dressage with Jec A. Ballou!

Western Dressage Clinic with Jec A. Ballou

June 17th - 18th, 2017

at Highwind Farm

1150 Old Main Road

Mattituck, NY



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For the past two years, Jec has written a popular blog for the WDAA that provides free weekly Western Dressage training exercises as well as many other informative articles about developing your horse into a better partner.

At the start of the clinic, Jec will give an informational demonstration about western dressage. What a great opportunity to learn more about this popular new discipline! If you are interested in riding in or auditing this clinic, please contact LIDA President Mary Mulcahy at president@lidressage.com.

Private Lessons

\$245 LIDA Member—\$270 Non-member

Semi-Privates

\$160 LIDA Member—\$180 Non-member

Groups (3 riders or more)

\$100 LIDA Member—\$120 Non-member

(Preference given to riders for both days)

REGISTRATION DEADLINE MAY 15th



Auditors welcome!

\$10 a day for LIDA members

\$25 a day for non-members

Please bring a chair!

UPCOMING LIDA SOCIAL EVENTS



Friday, April 21, 2017

7:00—10:00 pm

Location: The Painted Canvas
5768 Route 25A Wading River
(located at The Shoppes at East Wind)

Cost: \$55 per person



PAINT 'N' SIP

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\$80.00

per person for the day

Pick-up locations will be:

King Kullen Shopping Center in Wading River (Route 25A and Wading River Manor Road)

Park and Ride LIE Exit 61

Park and Ride LIE Exit 53

Sign up in advance with Linda Erick at admin@lidressage.com

Bring your own food and beverages for the ride!

Are you a disabled athlete?

**Are you interested in transitioning from
therapeutic riding to competitive dressage?**

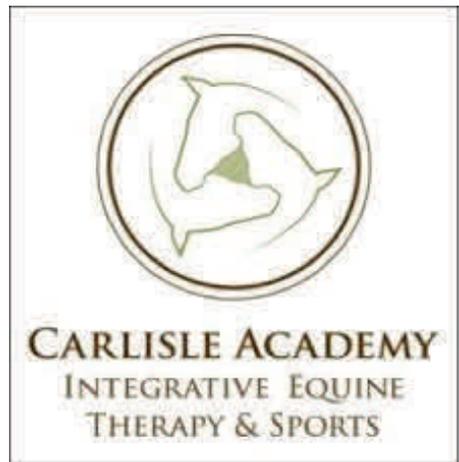
Take a moment to watch this inspiring video.

<https://www.youtube.com/watch?v=VPeA9suo3xg>

Contact LIDA member Ana O'Brien for further information.

e-mail: cottagepines@aol.com

phone: 631-335-9982



Carlisle Academy is excited to announce its line-up of clinics, symposia, and schooling shows for 2017. Carlisle Academy is located in Lyman, Maine and is a national leader in grassroots education and training for emerging and high-performance para-equestrian athletes and coaches. Our focus is in the sport development of Para-Dressage and Para-Driving. The Academy is recognized as one of the nation's three *USEF/USPEA National Para-Equestrian Dressage Centers of Excellence* as well as a *Paralympic Sport Club*. Scholarship support is available through the Carlisle Charitable Foundation, and thanks to a grant from the Veterans Administration, admission is free for eligible veterans to any of these events. Auditors and coaches are welcome to attend any of the listed events, all of which will be held at Carlisle Academy. For more information, call 207-985-0374 or send an email to info@carlisleacademymaine.com.

Para-Dressage & Dressage

Symposium with Michel Assouline: Friday and Saturday, May 5-6

Symposium with Hanneke Gerritsen: Friday & Saturday, June 2-3

Clinics with Deb Dean Smith: Friday, April 7 & Friday, June 16 (More dates TBD)

Para-Driving/Adaptive Driving

Adaptive/Para-Driving Clinic Series with Scott Monroe on March 31, June 9, August 18 & Nov 10

Schooling Shows

Dressage & Para-Dressage Schooling Show at Carlisle Academy (judge: Hanneke Gerritsen) Sunday, June 4

Dressage & Para-Dressage Schooling Show at Carlisle Academy (judge: Jane Tremlett) Saturday, August 5

Dressage & Para-Dressage Schooling Show at Carlisle Academy (judge: Jane Tremlett) Saturday, October 21

More information on any of the events listed above as well as bios of all clinicians can be found at:

<http://carlisleacademymaine.com/programs/sports-education/para-dressage-education-training/>

What is para-equestrian?

Para-equestrian is an equestrian sport governed by the International Federation for Equestrian Sports (FEI), and includes two competitive events. One is para-equestrian dressage, which is conducted under the same basic rules as conventional dressage, but with riders divided into different competition grades based on their functional abilities. The other is para-equestrian driving, which operates under the same basic rules as combined driving but places competitors in various grades based on their functional abilities. The United States Para-Equestrian Association (USPEA) is a recognized affiliate association of the USEF and was created to assist Para Equestrian disciplines when they came under governance of the FEI.

Para-equestrian dressage was added to the Paralympic Games program at the 1996 Summer Paralympics. The FEI brought para-equestrian sport under its umbrella in 2006. Riders with physical disabilities may compete on the same team as people with vision impairment. The first official Paralympic Games was held in Rome in 1960. The Games were initially open only to athletes in wheelchairs. At the 1976 Summer Games, athletes with different disabilities were included for the first time at a Summer Paralympics. Competitors with cerebral palsy classifications were allowed to compete at the Paralympic games for the first time at the 1984 Summer Paralympics. At the 1992 Summer Paralympics, all disability types were eligible to participate, with classification being run through the International Paralympic Committee, based on functional disability type.



Diana Kastama competing in Cones.

Photo: Christie Bs Photography



Para-dressage

Dressage events include "Walk Only Tests" for Grade 1 and "Walk and Trot" for Grade 2. The dressage events open to Grade 3 classification include "Walk and Trot but Canter allowed in Freestyle". The dressage events open to Grade 4 classification include "Walk, Trot and Canter and may show lateral work in Freestyle". In these three grades, participants use a 40 x 20 metre arena. The dressage events open to Grade 5 classification include "Walk, Trot, Canter, Canter Half-Pirouettes, 3 and 4 sequence changes and lateral work." At Grade 5, participants move up to the 60 x 20 metre arena. All class events are mixed gendered. For national team competitions such as the Paralympics, each team consists of three riders, one of whom must be a Grade 1, Grade 2 or Grade 3 rider. As of 2012, people with physical and visual disabilities are eligible to compete.

Para-driving

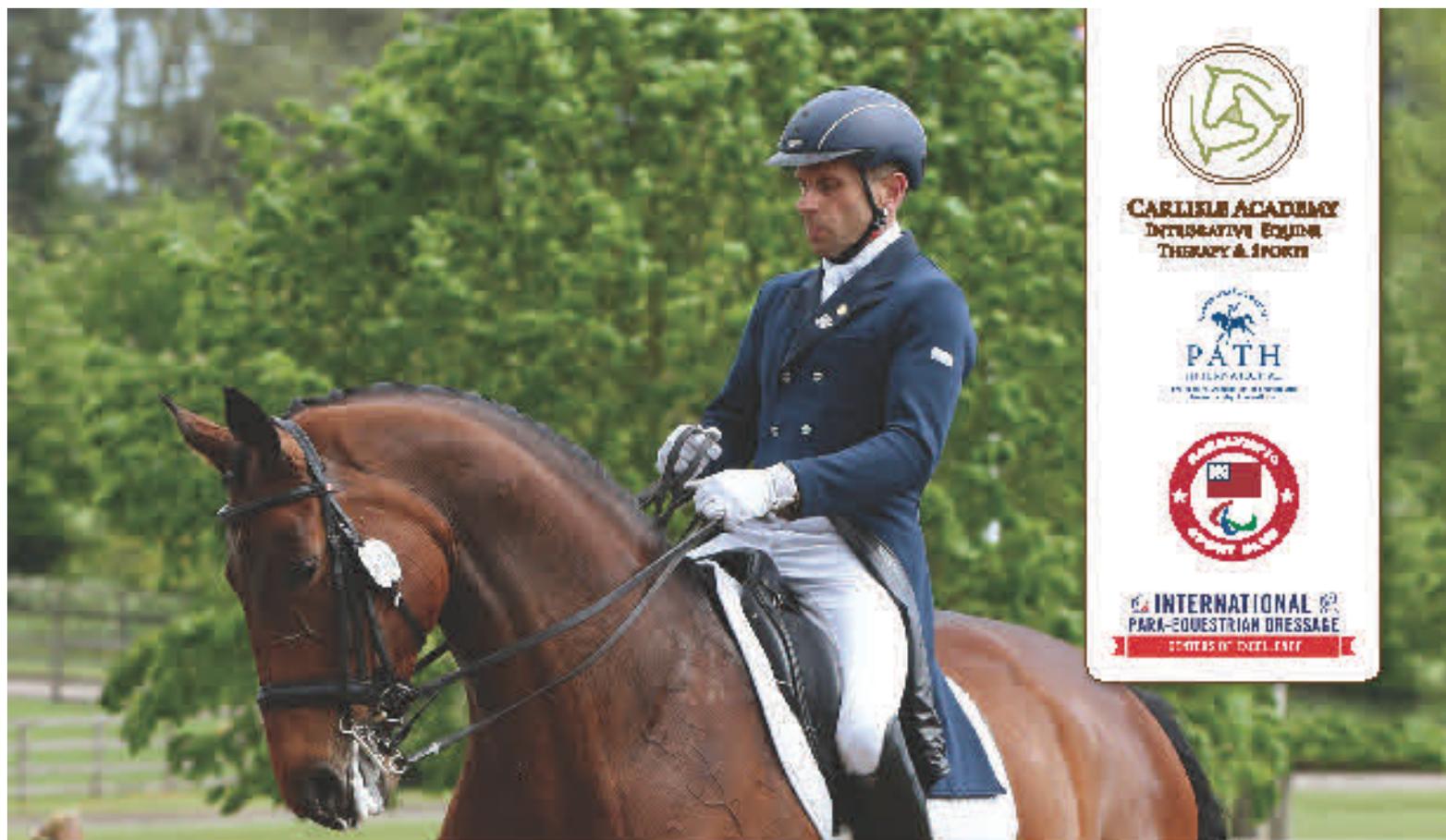
The other para-equestrian event is para-driving. It was previously called Carriage Driving. Driving is a discipline without riders. Instead, drivers sit on a vehicle drawn by horses or ponies. The FEI became the first, and is still the only, International Federation to govern and regulate a sport for both able bodied and disabled athletes. All class events are mixed gendered.

America's Top Para-Dressage Athlete

Rebecca Hart

Rebecca Hart was born with familial spastic paraplegia, a genetic disease that causes muscle wasting and lack of control from the waist down. Hart got involved with the Paralympic movement in 1998 at a regional competition in Atlanta, GA, that served as the selection trials for the 2000 Sydney Paralympic Games. She represented the US in Rio de Janeiro at the 2016 Para Olympics. Photo at right shows Rebecca competing at Normandy in 2014. *Source: USET.org*





Join us for a two day Dressage & Para-Dressage Symposium!

We are thrilled to bring Michel Assouline, Team Great Britain Para Equestrian Dressage Coach & International Dressage Rider, to Carlisle Academy for an educational and interactive program packed with information and training for riders and coaches.

Friday & Saturday, May 5 - 6th, 2017
 Carlisle Academy, 65 Drown Lane, Lyman, Maine



MICHEL ASSOULINE

Michel is a graduate of the French National Equestrian School, home of the Cadre Noir in Saumur and gained a vast international experience in the USA, France, Germany and the United Kingdom as an international dressage rider and trainer. Michel was long-listed to represent France at the Seoul Olympics and won the French National Championships in 2000. He has also scored numerous successes at International and National level. Michel was voted in 1995 UK Dressage Trainer of the Year, and is a member of the International Dressage Trainers Club.

In 2005 Michel became the British Para-Equestrian Dressage Team Coach and has led Team GBR riders to win Team Gold medals at the 2005 European Championships, the 2007 World Championships, the 2008 Beijing Paralympic Games, the 2009 European Championships, the 2010 FEI World Equestrian Games, the 2011 FEI Europeans, the 2012 London Paralympic Games, the 2013 FEI Europeans, the 2014 FEI World Equestrian Games, the 2015 FEI Europeans and the 2016 Rio Paralympic Games! At the Rio Games his athletes came back with a total of four silver and seven gold medals, medaling in all their classes contested!

For more info, contact Carlisle Academy Head of School, Sarah Armentrout at 207-985-0374 or sarmentrout@carlisleacademymaine.com.



The Dressage Radio Show on the Horse Radio Network

Your source for all things dressage!

with hosts **Reese Koffler-Stanfield** and **Philip Parkes**

Are you interested in staying up to date with all the news concerning our elegant equine sport of dressage? The Dressage Radio Show is a weekly online radio show (podcast) that brings you the finest in news and interviews about one of the most beautiful and difficult equine disciplines. The **Dressage Radio Show** is part of the **Horse Radio Network** family of horse related shows. It is posted weekly to the website on Fridays. Each episode last anywhere from 30 to 60 minutes. If you are interested in the budding sport of western dressage, once a month they have a western dressage episode hosted by Karen Abbattista. There are also several past episodes you can go back and listen to which focused on the sport of para dressage.

If you are not familiar with podcasts they are VERY EASY to listen to. You can listen through a phone app on your cell phone, on your computer, through itunes or from a podcatcher. The Horse Radio Network website (www.horseradionetwork.com) contains complete instructions and lists all past episodes for you to listen to. That's thousands of hours of horse related programming! You simply download the Horse Radio Network app onto your phone, choose which show you are interested in and then scroll through past episodes. You can download each episode right onto your phone (which is quicker when you're connected to Wifi) and then hit play. Your cell phone will play each episode that you can listen to while you're driving or getting chores done at the barn. The Horse Radio Network is free but if you decide you really like it, you have the option of becoming an auditor, which is kind of like becoming a member of a private club of listeners who contribute small donations each month to support the network and in return can win some really cool products from HRN sponsors. The information learned from listening to HRN shows is invaluable. They interview a wide range of equestrian athletes, performers, trainers, veterinarians, and even every day riders from around the world. It's fun to listen to interviews with listeners talking about their daily barn activities in Australia, Canada, Africa, or various countries in Europe. HRN recently launched the 2018 WEG Show, the premier podcast devoted to the 2018 World Equestrian Games (WEG) in Tryon, North Carolina. The WEG Show is an in-depth look at all the disciplines, athletes, venues and logistics involved in the 2018 WEG. It is hosted by Glenn the Geek, Founder of the Horse Radio Network, and Samantha Clark, host of the 2010 Radio Show and past host of the Eventing Radio Show. It will be published twice a month (on the 15th and 30th) until the start of the WEG in September 2018. Once the WEG begins, there will be daily coverage during all fourteen days of the games.



Reese Koffler Stanfield is a United States Dressage Federation Bronze, Silver, and Gold Medalist, and a life-long professional horsewoman who has successfully competed in the sport of Dressage since early childhood. Reese enjoyed a stellar Advanced Young Rider career. She is now a nationally and internationally ranked professional High Performance competitor. Reese is a United States Dressage Federation Certified Instructor/Trainer through Fourth Level. Reese has a B.S. in Agricultural Economics and a M.A. from the Patterson School of Diplomacy and International Commerce at the University of Kentucky.

Philip Parkes began riding at an early age. As a teenager, he turned his focus to competitive dressage. Since then he has competed many horses through the levels up to Intermediare. After spending over a year in Belgium as a working student for Dutch team member Johan Rockx and his wife Penny Rockx, Philip returned to Canada to help horses and riders. Philip works regularly with Canadian Grand Prix riders Cindy and Neil Ishoy, participates in the annual Young Dressage Horse Trainers Symposium held by Harmony Sport Horses and Hassler Dressage, and promotes dressage at the local level as president of Conestoga CADORA. Philip has continuously strived to provide compassionate, fair training and coaching of superior quality to all of the horses and riders that he works with.



**Founder of the Horse Radio Network
Glenn The Geek**



Horse Radio Network

The Voice of the Horse World!

Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



Spring is here! AND so is the rain. Just remember, it could be snow!!! I do not like mud season either but it means we will have great show grounds with great footing. So are you ready to hit the shows? Our first shows in Region 8 are open. Have you prepared yourself? Do you have a current Coggins? Are your memberships all up to date? Be proactive and get all your paperwork done!

On Sunday, April 23rd at noon at the Publick House in Sturbridge, MA we will have our spring meeting. We will be able to use the NEDA Conference call machine and I will send the number out. If you want it, please let me know in case you are not on my email list. I know the agenda will have discussion on NAJYRC coming to Region 8, more discussion on fund raising, and a discussion on adult clinics for the region. This is YOUR region and you will have an opportunity to voice your opinion and to participate and get involved. I urge everyone to come.

The Executive Board meets April 21st in Lexington, KY for our spring meeting. I will report any important news in next month's letter.

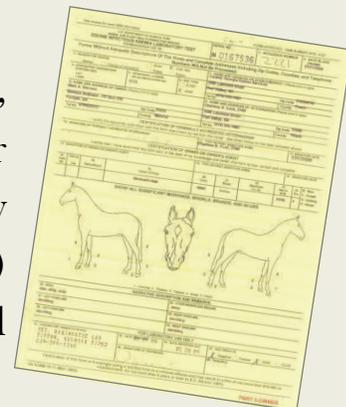
Our website is becoming more and more important. We post many notices and a lot of information on the site. So please check once or twice a month. If you want to receive our Regional notices, please go to "Contact Us" at <http://www.usdfregion8.org/> and give us your email address. We are also keeping our Facebook page updated with posts. So if you have not 'liked' us yet, please do.

See you on the Centerline...

Don't forget to get all your pre-show paperwork in order!

Have you renewed all your memberships? If you are a member of LIDA you are automatically a GMO member of the USDF but you'll need to be a USDF Participating Member if you plan to compete at Regionals or go for any of the USDF awards.

Does your horse have a current Coggins? If not, schedule an appointment with your vet NOW so you have your proof of a negative Coggins by the opening date of the first show you want to enter for the season. Avoid the stress (and aggravation) of having to call your vet in a panic at the last minute. Your vet will thank you!





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2017 LIDA membership year begins December 1, 2016 and ends November 30, 2017.

Please Print:

Name:		Email:	
Address:			
City/State/Zip:			
Phone:	Cell #:	D.O.B.:	
USDF #:	USEF#:		
Trainer:			
Horse's Name & Stable:			
Signature:	Date:	Amt:	

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

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(LIDA Member Only/Non GMO/Max. Age 21)

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(Full Participating Membership Only)
- Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to LIDCTA to:

LIDA Membership Committee
PO Box 507
Calverton, NY 11933

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org



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phone: 516-318-5537 email: president@lidressage.com

Lucille Sullivan, Vice President

phone: 631-252-3687 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.





THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

Issue 17, May 2017

President's Message

Dear members,

The show season is upon us! Is your USDF membership current? If you're interested in competing in Regionals, you'll need a Participating Membership with the USDF. If you're only showing locally and you want to participate in the LIDA YEAR END AWARDS you'll need a Full Participating Membership with LIDA. We also have a new membership category for Schooling Shows Only. You can join by going to our website lidressage.com. You can join online or download the form and mail in a check. LIDA'S first show this season is a **Schooling Show at Skye Acres in East Patchogue on July 9th**. The prize list and entry form are available at lidressage.com. Our website's calendar has, in addition to LIDA'S scheduled shows, the other dressage shows that will be taking place on Long Island this summer.

Besides the shows, our calendar has a list of upcoming clinics. Unfortunately, our **WESTERN DRESSAGE CLINIC** has been cancelled since we couldn't fill it. We are looking into having a Musical Kur clinic, possibly in the fall. **Alfredo Hernandez** is here this month as is **Pam Goodrich**. Both clinics are listed on our calendar. Dressage is happening here on Long Island! I want to encourage our members to take advantage of these events. If you can't ride in a clinic then audit one. A rider can learn a great deal just from watching and listening. **Volunteer!** Many of the shows and clinics need extra help. It's another great way to learn and meet some of the top trainers and judges in dressage. We are lucky to have very talented trainers coming here to help us, but if we don't participate, they'll stop coming. So I hope to see our members this summer at the various events and clinics being offered in our area.

Do you know about **YourDressage**? In November, an article about our induction of long time dressage trainer Raul de Leon as an Honorary Member of LIDA, written by LIDA Secretary Doreen Rose, was published in **YourDressage**. **YourDressage** is an online publication of the USDF. It provides a format for members to share their experiences on their dressage journey. There are articles written by members for members. Both amateurs and professionals can benefit from the information shared in **YourDressage**. It's free so check it out!

See you ringside!

President

Mary Mulcahy



LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GM's).

For USDF Participating Membership, members must apply directly to USDF.

THE USDF RIDER TESTS

What are they and why would one want to ride them?

By Doreen Rose



At our 2017 shows, LIDA will be offering the Rider Tests for Training, First and Second Levels. These relatively new tests have a lot to offer riders yet it seems that many riders are unaware that they exist or are unclear as to why one might decide to ride them. They are not required tests for most Year End Awards programs and do not count towards the USDF Medals so they often get overlooked by serious competitors. But I feel they do have something to offer dressage competitors. I hope that by sharing some more information with you about the Rider Tests, some of you may decide to give them a try this season.

The USDF Rider Tests were created by the USDF to provide an alternative to the traditional dressage tests for each level in dressage competition in which less importance is placed on the quality of the horse one is riding and more attention is paid to the skills of the rider. The USDF added these tests a few years ago hoping they would give more competitors on a wider variety of horses a chance to earn top scores. Emphasis is placed on what the rider is doing, not the natural talents of the horse. So if you have a horse that is not a fancy mover and you feel intimidated to show against horses whose natural movements enable them to excel in the dressage ring, these tests offer you and your horse an opportunity to get out there and compete without feeling inferior. This could be appealing for riders who are not yet ready to be on those big fancy movers but who still want a chance to show on their well behaved, safe mounts without feeling frustrated and demotivated by consistently placing lower in the rankings.

An interesting aspect about these tests is that the patterns for the rider tests are consistent with those in the standard dressage tests but the sequences are more challenging. To me, this makes the rider tests ideal for someone who finds themselves “caught between levels”. Everyone wants to progress in their dressage training and riders often aspire to “moving up the levels” but some will find themselves in the position of having done well at one level yet not feeling quite ready to move up to the next. Perhaps their horse needs more time to build up the strength required for the new movements. Perhaps the rider needs more time to refine their aids and figure out how to correctly ask for those movements. So then what? Riders are faced with the choice of either repeating the level they have already shown proficiency in or disappearing from the show scene for a year or two until they feel confident enough to begin competing at a higher level. To me, these rider tests offer the opportunity to continue with your showing while performing tests that are slightly more challenging than the ones you have previously shown without forcing you too fast into a higher level that you are not yet ready for. So you can still take your horse out for the day and have fun at a show while keeping your horse acclimated to the show environment, without needlessly rushing you or your horse’s training.

So how are the Rider Tests scored? What’s the big difference?

The difference you’ll notice in your score sheet is that you will not receive scores for each individual movement you perform. Instead, you will receive five scores pertaining to the rider in place of the standard collective marks. You will receive a score from 1.0 to 10.0 on the rider’s position, the rider’s correct and effective use of aids, the horse’s response and performance, the accuracy of the exercises and the harmony between horse and rider.

When judging the rider tests, judges assess the rider in greater detail than is required in the regular tests. The judge is looking at how the aids are applied. The rider’s preparation for transitions and movements are important, not just that the horse was able to perform each movement regardless of whether or not the rider correctly did their job. Overall good horsemanship is stressed. Good basics and correct technique must be demonstrated by the rider in order to receive a good score. And isn’t building a strong foundation and demonstrating good basics something that all of us as riders aspire to? It’s why we train day in and day out in an equine sport that takes years, even decades to master, all just to say in the end that we have become good riders. And these tests have been specially designed to help us reach that goal.

Hopefully, you’ve learned a little more about the Rider Tests and maybe sometime soon, perhaps this show season or perhaps the next, you’ll decide to give one of them a try. Or maybe you’ll just use them to practice with at home with your horse. They’re available to us so we should take advantage of them!

2017 Dressage Shows on Long Island

SCHOOLING SHOWS

LIDA Schooling Shows - Skye Acres Equestrian Center, Patchogue

Sunday, July 9th - Judge: Ann Forer (R)
Sunday, October 8th - Judge: Margaret K. Boyce (R)

IHA Dressage Schooling Shows - Skye Acres Equestrian Center, Patchogue

Sunday, June 4th - Judge: Dorothy Demis (R)
Sunday, July 23rd - Judge: Ann Forer (R)
Sunday, August 20th - Judge: Susan Jones-Sinelnik (r)

Gray Horse Dressage Schooling Shows - Sound Lane Dressage, Aquebogue

Sunday, May 7th - Judge: Joanna Gray-Randle (L)
Saturday, June 17th - Judge: Joanna Gray-Randle (L)

USEF / USDF RECOGNIZED COMPETITIONS

LIDA - Old Field Showgrounds, Setauket

Saturday, July 29th - Judge: Heidi Berry (S)
Sunday, July 30th - Judge: Melissa Ash (S)

Stanhope Dressage - Stanhope Stables, Huntington

Sunday, June 25th - Judge: Robin Brueckmann (S)
Sunday, July 16th - Judge: Sally O'Connor (S)
Sunday, August 27th - Judge: Thomas Poulin (S)
Sunday, October 15th - Judge: Cindy Canace (S)



Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



Spring is here, rain and all, with horse shows in full swing. Mystic Valley Hunt Club had their first show at the end of April and now we've jumped into the many May shows. Good luck to you all!

We held our spring Region 8 meeting on April 23rd. It was a small group mainly because I had to change the date and for that I am sorry. However, between the few present and the ones who dialed in, we got a lot done. I discussed some of the items at the USDF Executive Board meeting and then we went into reports. Linda Mendenhall reported that we do have a full slate for PM Delegates, ten nominations for ten spots. Many regions do not have their full allotment. Linda will have about a month off and then she will start securing the GMO delegates. GMOs all get votes from the USDF Board of Governors and this is something we as a membership should be very proud of. While Sue McKewon could not be present at the meeting, her report reminded us that the USDF Competition Management Committee will be holding an educational session during their open meeting at the Convention called "Getting to Know YOUR Federations". Yes, that is plural! Both personnel from USEF and USDF competition departments will be attending. There will be no fee but it will be a huge benefit for show management, officials, competitors, and GMOs...really everyone!

Cindi Rose Wylie was also unable to attend but in her report she reminded us that the deadline for GMO awards for newsletters, websites, and Volunteer of the Year is August 30th. In the past, Region 8 has been poorly represented in these awards and in some cases the volunteer award has not even been given out. So this is your first notice and I will continue to remind you!

The Regional Championships report was given by Beth Jenkins. Basically, the show cannot get any bigger as she is out of ring time and if the regional classes do get larger, it will take rides away from the open classes which have already decreased in size. There was a discussion on where other regionals were being held as this does tell us how many riders from outside the region will be changing into Region 8.

We will hold our next board meeting on October 8, 2017 at 12pm at the Publick House in Sturbridge, MA. We do like meeting face to face and I hope you can spare the time to make it. As we rent the room, I would like to see a bigger turnout. Put it on your calendar. However, I do realize distance is an issue and we will be able to use the NEDA conference hub again. Thank you NEDA!

On April 21st, the USDF Executive Board met in Lexington, KY for their spring meeting. There were many items discussed but I will only mention the highlights. I am pleased to say that the NEDA Fall Festival will host the 2018 Regional Championships once again. We discussed two major items that I will bring up briefly. First is the USDF Strategic Plan. In December, a special working group session which included the Executive Board was held to work on updating the strategic plan along with new objectives that have come about after ten years. At the spring meeting, we reviewed and approved it. There are several things that will start up later this year with working groups and many will be helping GMOs and the Adult Amateur! Second, the 2019 US Dressage Finals Relocation Evaluation was reviewed. The location was the Murieta Equestrian Center near Sacramento, CA. As predicted, it was a big topic and no real decision was made as we still had many questions regarding the costs.

Please remember, the US Dressage Finals is for each Open and Adult Amateur Champion and Reserve Champion at the Regional Championships or for those who attain a wild card score. These riders will be invited to Lexington, KY to compete head to head with the other regional champions. Information and the Prize List will be posted shortly on the USDF site. Remember, there is no harm in declaring now (actually July 1st) for the finals even if you are not qualified yet.

As many of you know, Region 8 gives our riders who go to the Finals a saddle pad and a hat with our logo on them. The expense is about \$2000. I am pleased that Fie Andersen has agreed to sponsor the hats again. Thank you very much Fie. However, that covers only \$500, so we are seeking donations if anyone is interested.

See you on the Centerline...

Dressage Summit on the Sea, Caribbean Cruise with Jane Savoie and Linda Tellington-Jones*
A Week of Exceptional Equestrian Education, Networking, Friends, and Fun!



Dressage Summit On The Sea Celebrity Cruise Lines



Voted Best Premium Cruise Line
Presented by PW Travel Consulting
Sailing from Miami Sat Dec 9, 2017 - Sat Dec 16, 2017

Join Jane Savoie and Linda Tellington-Jones for the inaugural equestrian "Summit on the Sea", featuring training presentations by three-time Olympic Dressage Coach Jane Savoie on-board Celebrity Cruise Line's ship, the stunning Equinox, for a 7-day adventure departing from Miami on December 9, 2017, and sailing to San Juan, Puerto Rico, Philipsburg, St. Maarten, and Basseterre, St. Kitts.

INCLUDED IN PRICE:

4 days of educational workshops
Private events (welcome cocktail party, exclusive lunches, farewell private dinner)
Post trip protection (trip protection for during trip)
"Fully Loaded with Awesomeness" Goodie Bag
All Taxes, Port Fees + Gratuities Included

Ask about upgrading trip protection for pre-existing conditions, cancellations, etc.

Jane Savoie will share the 5 Ways to Transform Your Performance While Riding and Competing. Learn the secret that allows elite athletes in all sports to excel. It's the same secret that high achievers in any field use to enhance performance. It's the power of visualization. You probably know about visualization and might even have dabbled with it. But are you doing it right? In this informative program, Jane shows you that practice doesn't make perfect. "Perfect practice" makes perfect. Jane also shows you the five simple things you need to know to visualize your way to success.

Linda Tellington-Jones will share how professionals of every level and from all disciplines, as well as amateurs, can benefit from learning a training philosophy and methodology devoted to working with horses using empathy instead of force – down to the cellular level. Linda's approach focuses on working with horses' minds and intelligence as much as with their body. The same is true of Linda's work with riders.

For more information and prices, contact:

E-mail: margie@pwtravelconsulting.com

Phone: 1.720.330.9068

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2017 LIDA membership year begins December 1, 2016 and ends November 30, 2017.

Please Print:

Name:		Email:	
Address:			
City/State/Zip:			
Phone:	Cell #:	D.O.B.:	
USDF #:	USEF#:		
Trainer:			
Horse's Name & Stable:			
Signature:	Date:	Amt:	

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Calverton, NY 11933

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President's Message

Dear members,

As I sit here, we are in the beginning of a mini heatwave. Summer has arrived! And with it... show season! If you haven't already done so, make sure you renew your LIDA membership so you can participate in our Year End Awards Program (YEAP). If you're new to LIDA, check out the AWARDS page at lidressage.com for information about the YEAP.

LIDA's first show of the season is a schooling show at **SKYE ACRES** in East Patchogue on **JULY 9th**. Entries are open. The Prize List is on the website or you can go to Horseshowoffice.com and enter there. Following our schooling show, we will be holding LIDA's Summer Series recognized shows once again at historic **OLD FIELD FARM** in Setauket on **JULY 29th & 30th**.

This summer **The LIDA Extension** will cover two months. We'll have a June/July issue and an August/September issue so I want to make sure you're aware of the shows and clinics coming up in June and July. **Gray Horse Dressage** will host their second schooling show of 2017 on **June 17th** at Sound Lane Dressage. **Stanhope** hosts its first recognized show of 2017 on **June 25**. Their second show is on **July 16th**. **IHA** hosts their second schooling show of 2017 on **July 23rd** at Skye Acres.

There are also a couple of clinics you should know about in case you're not showing. **Pam Goodrich** will be at Stony Hill Stables in Amagansett on **July 7th and 8th**. **Gunnar Ostergaard** will be giving a clinic at Gold Coast on **Tuesday, July 18th**. **Michael Assouline** is giving a clinic at Caumsett on **July 23rd**. **Ed Borresen** is back for 2017. Perfect Harmony is hosting weekly clinics with Ed on Tuesdays and Wednesdays (see ad for further details). So if you're not showing, check out the clinics. We're lucky on Long Island to have such top notch clinicians!

We have a new feature starting in this issue, **BLAST FROM THE PAST**. In our June/July issue we have a photo from 1986 from former member Darren Finkelman. Maybe some of you remember Darren. He was one of the first juniors to head a LIDCTA Committee. If you have some old photos to share, please send them to Doreen at info@lidressage.com. Also, we are trying to document the history of the club. We're looking for the names of former Board Members, primarily from the 70's, 80's and early 90's. Perhaps some of you can help us. Feel free to contact me at president@lidressage.com and share what you have.

For further information on any of the above events, go to lidressage.com and click on Events. Have a great summer and see you ringside! - Mary Mulcahy

LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GM's).

For USDF Participating Membership, members must apply directly to USDF.

2017 Dressage Shows on Long Island

SCHOOLING SHOWS

LIDA Schooling Shows - Skye Acres Equestrian Center, Patchogue

Sunday, July 9th - Judge: Ann Forer (R)
Sunday, October 8th - Judge: Margaret K. Boyce (R)

IHA Dressage Schooling Shows - Skye Acres Equestrian Center, Patchogue

Sunday, July 23rd - Judge: Ann Forer (R)
Sunday, August 20th - Judge: Susan Jones-Sinelnik (r)

Gray Horse Dressage Schooling Shows - Sound Lane Dressage, Aquebogue

Saturday, June 17th - Judge: Joanna Gray-Randle (L)

USEF / USDF RECOGNIZED COMPETITIONS

LIDA - Old Field Showgrounds, Setauket

Saturday, July 29th - Judge: Heidi Berry (S)
Sunday, July 30th - Judge: Melissa Ash (S)

Stanhope Dressage - Stanhope Stables, Huntington

Sunday, June 25th - Judge: Robin Brueckmann (S)
Sunday, July 16th - Judge: Sally O'Connor (S)
Sunday, August 27th - Judge: Thomas Poulin (S)
Sunday, October 15th - Judge: Cindy Canace (S)



Ed Borresen is back for the 2017 summer season!



Ed Borresen is an FEI Dressage Trainer and USDF Gold Medalist who has trained many horses and riders to the FEI Level as well as coaching a NAJYR.

His recent addition is “Flyby” who is ranked 3rd in the country and is off to the FEI 6 Year Old National Championships this year!

Ed has helped horses and riders of all disciplines improve connection and communication.

AVAILABLE WEEKLY BEGINNING MAY 13TH

**Please contact : Perfect Harmony Dressage
(917) 685-5181 – vivpicheny@gmail.com**



A Prix Caprilli is a dressage test with jumps in it. The number of jumps and their heights vary. As with the standard dressage tests, the degree of difficulty of the test varies according to the test being ridden, with smaller jumps at the lower levels that progress in height as the test level increases. There are walk/trot only classes with two small cross rails set on the diagonals. Other tests can have up to six jumps at varying locations in the ring that include more advanced movements such as the counter-canter.

The main difference between a Prix Caprilli and a jumping course is that in a Prix Caprilli, emphasis is placed on the horse and rider's form. It is not just about getting over the jumps. A Prix Caprilli is judged like a dressage test with emphasis on the horse's way of going, the rider, and the horse's gaits. Judges want to see the smoothness and rhythm of a dressage test, but they also want to see the horse jump.

Prix Caprilli tests offer a wonderful opportunity for hunter riders to have some fun showing dressage. They also offer a chance for dressage riders to expand their capabilities and get to jump while not straying from the dressage basics. LIDA will be offering two Prix Caprilli classes at our schooling shows this year. Prix Caprilli Test #1 Walk/Trot and Prix Caprilli Test #2 Walk/Trot/Canter. The tests can be found on our webpage lidressage.com.



LIDA'S 2017 LEADLINE CLASSES

LIDA will be offering leadline classes at both of our schooling shows this year. The tests for Leadline Test #1 Walk and Leadline Test #2 Walk/Trot can be found on the LIDA website under the EVENTS tab.

For those who are not familiar, leadline is a horse show class for very young children, generally those under the age of 7 years. An adult or older child leads the horse in-hand, while the child that is judged sits on the horse holding the reins but only for the sake of appearance. The actual control of the animal rests with the handler on the ground. Though expectations for leadline can vary, judges typically look for riders to have a confident seat with their heels down, shoulders back, quiet hands and displaying some knowledge of how to steer their mount. The child's mount should be fully tacked. The handler will have a lead rope attached to the bridle. The child must wear a helmet and boots with a heel for safety.



DRESSAGE SEAT EQUITATION

Dressage seat equitation is a relatively new class offered at dressage shows. Unlike a dressage test, the horse's gaits are not judged, although the horse's frame is taken into consideration by the judge. Instead, it is the rider who is evaluated and instead of a single competitor in the ring, there are several riders in the ring at one time.

The rider is judged on a proper classical position. This includes an evaluation of the rider's leg position, seat, hands, balance, and rhythm. The rider should be relaxed and not interfere with the horse's movement. The rider should also be able to make full use of all riding aids. The rider and horse should have unity, and the rider should use the aids correctly and efficiently.

The USEF/USDF Dressage Seat Medal Program celebrates excellence in equitation and strives to develop a solid foundation for future success in the international dressage arena. Youth wishing to qualify for the USEF Dressage Seat Medal Finals must compete in the USDF Dressage Seat Medal Semi-Finals held at the Great American Insurance Group/USDF Regional Championships. To qualify, a competitor may earn a qualifying score of 70% or above in any open Dressage Seat Equitation class or by qualifying for the Great American Insurance Group/USDF Regional Championships. Riders placing in the top two in the Semi-Finals are automatically invited to the Finals.

US Equestrian Announces Michel Assouline as Head of Para-Equestrian Coach Development and High Performance Consultant

by US Equestrian Communications Department | May 16, 2017, 4:12 PM EST

Lexington, Ky. – The United States Equestrian Federation (US Equestrian) is pleased to announce the appointment of Michel Assouline as Head of Para-Equestrian Coach Development and High Performance Consultant. Michel Assouline joins US Equestrian after nearly 12 years as head coach to the multi-medal winning British para-equestrian dressage program. He brings with him a wealth of knowledge about para-equestrian dressage and dressage trainer/coach development.

Assouline will work hand-in-hand with the Chef d'Equipe, Kai Handt, and Director of Para-Dressage, Laureen Johnson, to prepare the U.S. athletes for the 2018 Tryon World Equestrian Games (WEG). He will also be leading the development and implementation of a trainer/coach development program while working closely with the Para Centers of Excellence, delivering and running additional seminars and coaching sessions.

Will Connell, US Equestrian's Director of Sport states, "This marks a great leap forward for the para-dressage programs in the U.S. Our whole sport will benefit from Michel's experience and guidance, including our athletes aiming for the World Equestrian Games and Paralympics. Our aim is to grow significantly the number and skillset of trainers and coaches at all levels who can support existing and new para-dressage riders. Through the ever-growing network of the Para Centers of Excellence, we want to reach out to those already enjoying the therapeutic benefits of riding and say 'hey, what about trying some competitive riding and one day you may be proudly wearing the stars and stripes and winning medals for your country.' We are especially grateful to the United States Equestrian Team (USET) Foundation who saw the value in bringing Michel's talents to the U.S. and through the support and generosity of their loyal donors, the Barnfield Foundation, Elizabeth C. Bramsen, Rebecca Reno, and Ed Peavy this has been made possible."



Para-Equestrian Coach Michel Assouline

Assouline will continue to work with the British para-equestrian dressage program through the 2017 European Championships, as well as continue to work with private clients. Assouline states, "I have worked for the British Para-Equestrian Program since 2005 and have been privileged to work with an incredibly successful team of athletes. During my time as head coach, we earned team gold in every single international championship and numerous individual medals, including two triple gold medalists at the Rio 2016 Paralympic Games. I now feel the time is right for a career, which seeks out new challenges. It is a privilege to accept the position of US Equestrian Head of Para-Equestrian Coach Development and High Performance Consultant. I look forward to sharing my experience and helping the U.S. move towards and achieve medal-winning performances. I am also looking forward to the work I will be doing within Coach Development, with the opportunity to work at the grassroots level of the sport. It is a very exciting time with new horizons; I am really looking forward to the journey to Tokyo 2020. My new role will also allow me to pursue other interest both within para and able-bodied dressage."

Assouline's work with the Centers of Excellence (COE) directly ties in with their aim to grow and develop para-equestrian dressage in the U.S. Reaching into the therapeutic riding community and demonstrating the competition-based opportunities provided by para-dressage is an area of focus for the centers. The current COEs are Carlisle Academy in Lyman, Me.; North Texas Equestrian Center in Wyle, Texas; Ride On Therapeutic Horsemanship in Chatsworth, Calif.; Wheatland Farm in Purcellville, Va; and Healing Strides in Boones Mill, Va.

USDF Announces

New Youth/Young Adult Dressage Sport Horse Breeders Seminar

Lexington, KY (May 25, 2017) – The United States Dressage Federation (USDF) is pleased to announce that the first USDF Youth/Young Adult Dressage Sport Horse Breeders Seminar will take place July 1-2, 2017, at DG Bar Ranch in Hanford, CA. This two-day seminar provides an opportunity for youth and young adults, ages 14-27, to be introduced to sport horse breeding. Participants will experience sessions specific to mare and stallion management, the handling of foals and young horses, as well as training strategies. Also discussed will be the ideal conformation and movement of the dressage sport horse, with participants having the opportunity to evaluate the gaits of young horses under saddle.

Instructors for this seminar will be Melissa Creswick and Willy Arts, with Kevin Reinig incorporating a dressage sport horse handler component. This component will provide attendees with techniques and tips for the handling of dressage sport horse prospects and breeding stock horses in the competition arena.

For more information on the USDF Youth/Young Adult Dressage Sport Horse Breeders Seminar, or to access an application, please visit the USDF website at www.usdf.org, or contact the USDF Sport Horse Committee liaison at sporthorse@usdf.org.



Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



It seems our show season is well under way! But a lot is going on in the region besides shows. There is a variety of judge's programs, certified instructor's workshops, and clinics. The opportunities are totally endless! Remember, if you do not want to be a participant, these programs offer auditing which is a huge benefit. You can see how judges score or what they look for. Begin the instructor's education process to get certified! I sure hope you are watching the calendars and taking advantage of these opportunities that are right in your back yard.

As a reminder, the US Dressage Finals is the opportunity for each Regional Open and Adult Amateur Champion and Reserve Champion to compete head to head with the other regional champions. There is also the wild card where you can go to the finals if you have received a wild card score at the regional championships. **IMPORTANT NOTE:** Please remember you will have to declare that you are willing to go to the 'finals' if invited. This declaration must be done before the first day of our Regional Championships.

On June 1st Participating Members received an email from USDF saying that the voting for your PM delegates has begun and will be concluded on June 30th. These are the delegates that will be attending the USDF Convention in December. In the last few years, Region 8 has had the lowest PM Delegate voting turnout among the regions. So please go look for that email, go to the USDF website or use this link: <http://www.usdf.org/about/about-usdf/governance/vote/index.asp>, login to your USDF account and VOTE. This is very important!

Attention GMOs: Newsletter, website, photography, and volunteer of the year nominations close August 30th. Before your summer gets under way, please submit them. It is a great way to get recognition for your GMO or an outstanding volunteer. It's also great for Region 8! Here is the link with all the information: <https://www.usdf.org/awards/service/gmo.asp>

Remember, we will hold our next regional meeting on October 8, 2017 at noon at the Publick House in Sturbridge, MA. We like meeting face to face so I hope you can spare the time to make it. However, we have been given the opportunity to use the NEDA conference hub and number for those of you far away so that you can call in. So no excuses! You will, however, miss the great food and company at Publick House.

See you on the Centerline!

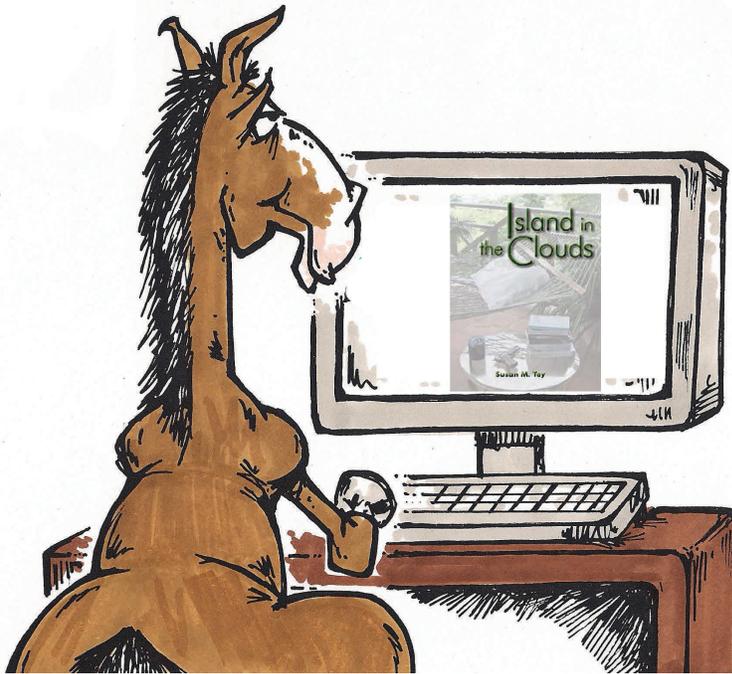
NEDA FALL FESTIVAL
Region 8 Championships
Breeder's Championships New England
CDI-Y/J Saugerties

HITS on the Hudson ~ Saugerties NY
September 21 - 24, 2017

Entries open Monday July 31 ~ close Monday August 28



Attention all LIDA members who like to write!



Do you have a personal dressage or horse-related experience that you would like to share with other LIDA members? Are you interested in writing for the Long Island dressage community? If so, we'd love to include your article in a future issue of *The LIDA Extension*! LIDA would like to submit entries for the 2017 GMO Newsletter Awards at the end of August and we need a few first person experience articles that we can submit from our members.

Anyone interested can submit their articles to LIDA Secretary Doreen Rose at info@lidressage.com. Detailed information about the judging criteria for the GMO awards can be found on the USDF website's GMO tab. See the Region 8 news section in this newsletter for the link to the USDF guidelines and requirements.

LIDA

BLAST

from the

PAST



This issue's entry was submitted by Darren Finkelman. Thank you, Darren!

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2017 LIDA membership year begins December 1, 2016 and ends November 30, 2017.

Please Print:

Name:		Email:	
Address:			
City/State/Zip:			
Phone:	Cell #:	D.O.B.:	
USDF #:	USEF#:		
Trainer:			
Horse's Name & Stable:			
Signature:	Date:	Amt:	

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF
(Full Participating Membership Only)
- Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to LIDCTA to:

LIDA Membership Committee
PO Box 507
Calverton, NY 11933

LIDA CLASSIFIEDS



Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

BUY A DRESSAGE LETTER MEMORIAL PLAQUE

Help support LIDA by purchasing a personalized memorial plaque! For a donation to LIDA of \$100.00, you can memorialize your love for a special equine partner, a special person or to just simply express your love of dressage. Each plaque may contain any message or inspirational quote that you would like to say, and upon completion, will be permanently mounted on one of the dressage letters of your choice surrounding the LIDA dressage ring. Anyone interested in purchasing a memorial dressage letter plaque, please contact LIDA Treasurer Linda Erick at admin@lidressage.com or via Facebook.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Lucille Sullivan, Vice President

phone: 631-252-3687 email: vp@lidressage.com

Linda Erick, Treasurer

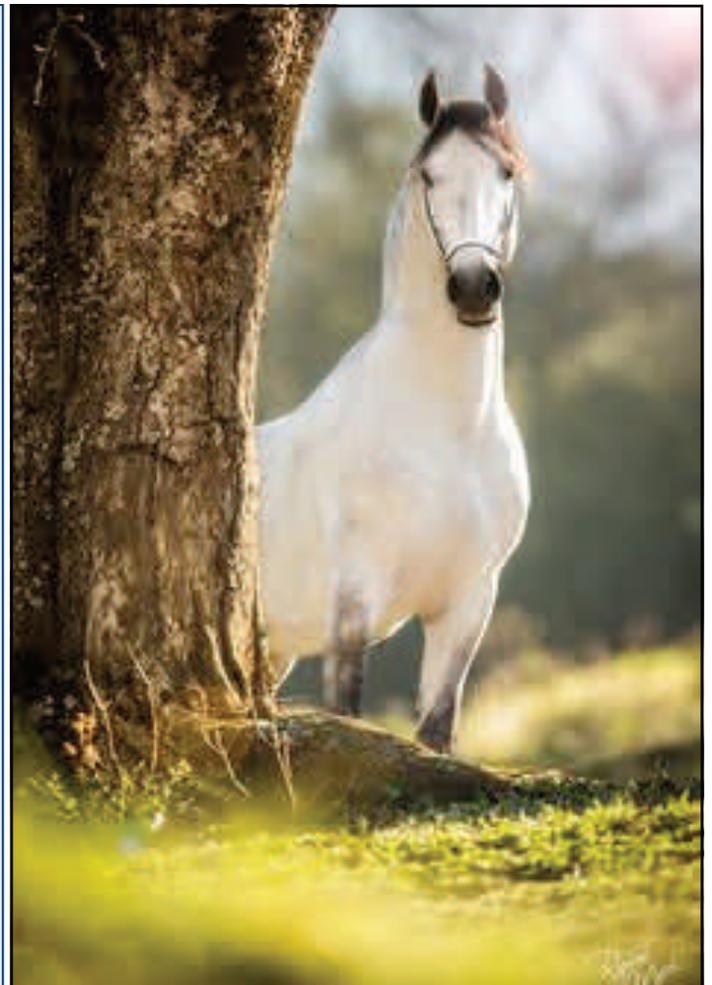
phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.





THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

Issue 19, August / September 2017

President's Message

Dear members,

I can't believe that August is here! The summer is flying by! LIDA has already hosted three of the four shows we're offering this year. In case you didn't compete in the schooling show or our two Summer Classic shows, you missed out on some wonderful competitions. **Skye Acres** hosted our first schooling show of 2017. Attendance was light but it was a lovely day. Michael and Hicham did a terrific job preparing Skye Acres for the show and everything went off without a hitch! Thanks go to **Navillus Dressage** and **Heather Baker** for helping with the show's set up and take down.

LIDA's Summer Classics at **Old Field Farm** first had to contend with 30 mph winds from a nor'easter travelling just below the island. Thankfully, the rain never came. However, when we arrived Saturday morning, after hours of setting up the day before, the ring had fallen over! We tried various methods to keep it standing, but then a big gust would blow through and it would fall flat again. After some discussion with our wonderful TD, **Dorothy Maxfield**, we decided to leave it flat. For the most part, it worked out. Thankfully, we were able to right the ring on Sunday. Our show Secretary **Ellen Brindle-Clark** and her assistant **Julia** once again did a terrific job! We thank Old Field Farm for hosting our shows again this year. If you haven't been to Old Field you're missing a very special place. It's the third oldest show venue in the country and it's the only location on Long Island of which I'm aware, besides the Hampton Classic, that has a beautiful covered grandstand for spectators to sit in to watch a show. In fact, the responses from the judges and TDs about our shows has been overwhelmingly positive. Twice we've had TDs suggest that we increase the rating of our shows from 2 to 3 since they are so well run! Check out the photos. Our vendors were terrific! *Don't forget to buy raffle tickets for the beautiful tack trunk from A Bay Pony!*

Since attendance was light, we offered a **Fix-a-Test** clinic with the judges on both days. They were a big hit! The riders that participated found them very helpful. I could see the changes in the tests of those riders when they rode the second time for the judge. The clinics were open to riders from the show and to anyone who wanted to trailer in. I would be remiss if I don't thank LIDA members **Heather Baker** and **Julie Cannova** for all their help with setting up, scoring and taking down the show. Volunteers are always needed and welcomed! I also want to thank our many sponsors. The list is too long to name here, but please go to our sponsors page at lidressage.com for a complete list. *And please support our sponsors!*

(continued on next page)

LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GM's).

For USDF Participating Membership, members must apply directly to USDF.

I was disappointed in the low attendance numbers at our LIDA shows this year. When I first became President, I heard many people complaining that they didn't want to go off island to compete. So we made sure to offer recognized shows for our members and the LI dressage community. Yet entries were down substantially from last year. I know some of you had horse issues which made it impossible to compete but we were still disheartened by this year's participation numbers. If you really want to be competitive, I highly recommend you go to other shows and expose yourself and your horse to different riders, judges and venues otherwise you will be in for a shock when you go to Regionals! Personally, I feel people really should try to get off the island as well and compete in New Jersey, Connecticut and even Massachusetts if you really want to be competitive at Regionals. The competition is much stiffer! Please consider this when planning for 2018. It's very dispiriting for LIDA board members to do all this work for our members and the LI dressage community only to have such a limited response. Of course, this will not stop us from continuing to offer top notch shows on the island for now, but as I've said before, if you don't participate, these shows and events could disappear.

The LIDA board has been working on the revamping of our club since we came into office. We changed the name to reflect the interest of the majority in dressage. We're also in the process of rewriting our bylaws, which has not been done since 1974. If you've ever looked at the bylaws, they still talk about communicating via teletype! Yeah, they need rewriting. We will be voting on the acceptance of the new bylaws at our next General Meeting in October. Our last one was held at Monique Genchi's home. It was quite fun! If anyone else would like to host a General Meeting, let us know. It's better than meeting at the library!

The LIDA board is working hard to bring the club into the 21st century. Recently I was interviewed for an article in the June issue of the **USDF Connection** which discusses how GMOs are utilizing modern communication methods to build their club. I talked about how we use Skype for our board meetings. Using Skype allows us to meet without having to travel an hour or more to get together. If you've thought about being on the board but are concerned about the time commitment involved, perhaps our use of Skype will help you with that decision. **This is an election year for LIDA, so if you're thinking of running, let us know.** There are Committee positions available as well. We always need help with the Year End Awards Dinner. Linda Erick does the lion share of the work. I know she would welcome some assistance. So if you'd like to join us, please contact us! My email is president@lidressage.com. The more the merrier!

That's all for now. See you ringside!

President

Mary Mulcahy



2017 SCHOOLING SHOWS

LIDA Schooling Shows - Skye Acres Equestrian Center, Patchogue

Sunday, October 8th - Judge: Margaret K. Boyce (R)

IHA Dressage Schooling Shows - Skye Acres Equestrian Center, Patchogue

Sunday, August 20th - Judge: Susan Jones-Sinelnik (r)

2017 USEF / USDF RECOGNIZED COMPETITIONS

Stanhope Dressage - Stanhope Stables, Huntington

Sunday, August 27th - Judge: Thomas Poulin (S)

Sunday, October 15th - Judge: Cindy Canace (S)



Special moments from

LIDA'S RECOGNIZED SHOWS

at historic Old Field Farm

Saturday, July 29th and Sunday, July 30th



**Sunday's High Score Winners of the Day
Lorraine McInerney and BFH Mars**



**Devan Kundmueller and S judge Heidi
Berry in Saturday's Fix-A-Test Clinic**



**Renee Kazel and Xander (above)
Wendi Schnittjer and Django (below)**



**Technical Delegate Dorothy Maxfield
and LIDA Secretary Doreen Rose**





Heather Rowsom and Marla Stotsky Guerra with Unforgettable (top left) LIDA vendors (at right)



Trainer Lucille Sullivan with student Sophie Josephson on Moya (left)

Blue Ribbon Farm's Marie Banks, Cate Lambert and Catherine Kwasnik (middle)



LIDA's
going
to the
dogs!



LIDA SCHOOLING SHOW



SKYE ACRES
EQUESTRIAN CENTER

LIDA held its first schooling show of the season on Sunday, July 9th, at Skye Acres Equestrian Center in Patchogue. It was a small but very successful show with judge Ann Forer. We enjoyed beautiful weather that day and everyone did a great job with their horses. Congratulations to all of our winners!



LIDA's Introductory Level Adult Amateur Champion of the day was Jennifer Tomei, photographed above with her daughter, reader Patrice (right) Mindy Mackay and trainer Raul de Leon (left).



Jennifer and Gypsy during their first place ride at Skye Acres.



Rider Sophie Josephson was Champion of her class at her very first dressage show!



*Congratulations
Sophie!*

OUR JOURNEY TO OUR USDF GOLD MEDAL

By Megan Zureck

with assistance from Joanna Gray-Randle

My dressage journey began at the age of nine when I purchased my first pony for the tidy sum of three-hundred dollars. With several years of riding under my belt, it soon became apparent that my abilities were exceeding my pony's, and I was steadily outgrowing him. With my passion for dressage increasing, it was time to consider another horse. Purchased by my mother, Three Hearts entered the family. I learned a great deal from my amazing Three Hearts, especially how to be a better rider. Three Hearts would keep me on my toes as he could be bratty at times; but he tried as hard as he could and performed well through First Level. As Three Hearts aged, it became clear that he would be unlikely to ascend the levels, and I knew it would not be fair for me to push him any further. Three Hearts would have a home with me forever but I knew I needed a younger, more athletic horse in order to continue on with my dressage career.



I scraped together all of my savings and decided that it was time to buy a warmblood. I had put my savings aside for a down payment on a house; but, it didn't bother me to use those funds, as I did not need a house at that precise moment. What I needed was a horse – a horse would make me happy. The horse shopping commenced and I found an Oldenburg gelding named Seydlitz H, or "Skittles", as he was known around the barn in Pennsylvania. He had been born in Germany and recently imported to the United States as a sale horse. I wasn't well-versed about bloodlines or breeding then. All I knew was that he was a big warmblood and that was what I wanted. I tried him several times and performed my due diligence with a pre-purchase exam at Mid Atlantic Equine Medical Center. Soon thereafter, "Sam", as he was now called, was on his way to Long Island, New York.

Our journey together was not always easy and not without challenges, and some of those challenges were completely out of my control. There were days where I wanted to give up, thinking that this was not what I had in mind. But I realized that this was the horse I owned and I could not afford another one; I had to find a way to achieve my goals with him. It was clear that he was physically capable of the work, though mentally appeared a different story, as he could be a bit insecure. Sam needed me to figure out a way to help him to perform the exercises and movements I desired, without pushing him too hard and causing him undo anxiety.

Sam needed me to be patient with him, which is not one of my strong suits. At times, we were like the blind leading the blind as I did not know the feeling of the movements I was asking him to execute. Having never trained or ridden above First Level, I struggled with how I was going to be able to teach him to do something that I had never done before. I did not have the luxury of riding a schoolmaster and gaining an understanding of the feelings of the movements, so I had no choice. Luckily for me, I found USDF Gold, Silver and Bronze Medalist, Joanna Gray-Randle. As my trainer and coach, she helped me set my goals, work towards achieving them, and would not let me give up. It was never easy, but I held steadfast to my dream with Sam. Joanna helped me understand that I needed to be flexible with my timeframe to avoid burn-out; and explained that Sam and I would figure it out with her help, and we would figure it out together, learning from each other. If I've heard it once, I've heard it a million times from Joanna – "You must learn to feel." Sam and I truly became a team, a partnership built upon trust.



My ultimate goal was to make it to the Grand Prix Level and earn my USDF Gold Medal. There were definitely moments where I thought that maybe this goal was too hard to achieve, and I consoled myself with the fact that not all horses make it to Grand Prix. I would occasionally let myself feel defeated by plateaus and minor set-backs. In reality, Sam had brought me further than I could have ever imagined, always doing his best for me. Still, I questioned if it was fair for me to continue towards my dream. I was riding and training at ever increasing levels of difficulty, and doing it all for the first time. To say I did not know what to expect would be an understatement. But, with the help of my amazing trainer/coach we would always figure out a way to help me to communicate with Sam so that he could understand. Joanna helped to pull me out of my angst when new movements took time to become consistent, citing endless examples of normal training progression.

Sam and I both made steady progress with our daily work and regular lessons. Throughout his training, we tried various numbers of rest days per week. Sam seemed to thrive on more work, but we monitored him regularly and gave him more free time if it was warranted. It was challenging at times to fit riding into my busy schedule. I work at least eight hours a day, seven days a week. This

doesn't account for the work I do because I have my horses on my property. There were many days where I wanted to just go home and get some rest. Getting sick was never an option; and even with broken bones, I continued to work and ride. My determination would let nothing stop me and I kept pushing on.

Sam had some health obstacles in his way. At age six, Sam was diagnosed with equine recurrent uveitis, which is an autoimmune disorder. With the help of several veterinarians and specialists, we were able to get his condition under control. As a secondary complication, Sam developed glaucoma, ultimately leaving him blind in his left eye. Now more than ever, because of the blindness, I needed Sam to trust me and know that I would not lead him into harm's way. I believe the fact that we went through this together increased Sam's trust in me exponentially. Several years later, while competing at Fourth Level, Sam developed a "roar" and was diagnosed with exercise-induced left laryngeal hemiplegia. He was unable get enough air into his lungs and needed "tie back" surgery if he was to go any further in his training. The surgery required a three-month recovery time to ensure that the procedure held. So, shortly after Hurricane Sandy, and right before Thanksgiving, Sam had his surgery. After six weeks of stall rest, I was given the okay to tack walk him. This took the challenging form of walking only for at least three weeks, difficult on a fit, fresh, and well-rested horse, but we survived. After weeks of walking, we were able to slowly introduce trot and eventually canter work back into our routine. By April 2013, we were getting back to regular schooling work. I competed Sam at Prix St. Georges that summer and we earned our Silver Medal.

After competing through Intermediate 1 and earning my first two scores toward my USDF Gold Medal, Joanna and I decided that Sam and I would take a year off from showing and would just train without the pressure of being judged. Joanna really wanted Sam and me to get the feel for the Grand Prix test and knew it would take time to solidify a few of the movements. We also needed to take some time so neither of us would burn out. The schooling needed to be fun and I had to remember that. A year off from showing was just what we needed. I had not planned to show Grand Prix until July of 2017 but I saw shows announced in New Jersey in June and thought I should try. I spoke with my trainer about it and she thought it was a good idea. She told me, "You've got to ride it for the first time, sometime. If you wait until everything is perfect, you will never get out there." She also helped me understand that much of what we had going into the ring was confirmed and the rest would only get better with practice and execution. So, I sent in my entries.



I have to be honest, in my wildest dreams I never thought that Sam and I would earn our final two USDF Gold Medal scores in the first two classes I competed. It still is unbelievable to me. Nine years of training and working towards a goal and we did it! The tests were by no means perfect and we have more work to do but the comments from the judges have been encouraging. Barbara Ebner stated, "You are on your way!" and Sally O'Connor said that we had "much promise". What more could I ask for? The judges confirmed in those statements that what I have been doing is correct. I am so thankful that I found Joanna Gray-Randle, because I know I could have never done this without her knowledge, guidance, friendship, support and encouraging words. She has been in my shoes and she always assured me that what I was going through was normal. She was also always willing and flexible to work around my hectic schedule so I could get my lessons in. Joanna tells me often that she is so proud of me. She has reminded me over the years to look at how far I have come rather than at how far I still have to go. We hugged, smiled and cried in celebration of this accomplishment.



My Sam in an amazing horse. He has allowed me to achieve the exciting goals of earning my USDF Gold, Silver and Bronze Medals; and, my Silver and Bronze Freestyle Bars. I'm still a bit in awe. I owe him a huge debt of thanks for being my partner.

I am very thankful and fortunate to have a great support system of people who were always willing to put my dreams first, no matter what it took. My parents were always there watching me ride and lending support to help take care of the horses. My boyfriend, who knew nothing about horses when he entered the relationship, went above and beyond to keep Sam and I safe. His hard work in maintaining the arena allowed Sam and I to continue our training, no matter the weather. This wonderful support system of my parents, my boyfriend, my friends, and my trainer kept me going. They always believed in Sam and me even when I did not believe that I could do it. Now, only one goal remains, our USDF Gold Freestyle Bar. Joanna is hard at work on my choreography, and I cannot wait to ride down the centerline next year in our Grand Prix Freestyle.

Thank you Sam!
You are a Horse of a Lifetime!



Congratulations Megan and Sam!

LIDA is so proud of you both!

We can't wait to see your freestyle next year!

LIDA General Membership Meeting



Tuesday, October 10th at Truffles Bistro

6271 Route 25A (King Kullen Commons)

in Wading River

Doors open at 6:30 pm. Meeting starts at 7:00 pm

LIDA Board Elections are fast approaching!



LIDA members will soon be voting for our next Vice President and Treasurer. Would you like to help promote the sport of dressage on Long Island? Would you like to help run and organize our shows and other club events?

If you are interested in running for either of these two open positions on the LIDA Board of Directors for the 2018-2019 term, please email LIDA Secretary Doreen Rose at info@lidressage.com and she will add your name to the ballot.



This year all dressage scores received in competition on or after October 1st will count for 2018. In order to qualify for LIDA's Year End Awards Program for the 2017 show season, all tests must be ridden by September 30th. This is a change from last year so please plan the end of your show season accordingly. For the full set of rules regarding this year's awards program, please visit the LIDA website. The submission deadline for scores for year end awards entries is midnight November 5, 2017.

This year's dinner will be held at **THE COOPERAGE INN**
in Calverton on December 10th, 2017



TACK TRUNK RAFFLE

LIDA is raffling off a beautiful handmade wooden tack trunk this year as a fundraiser for our club. We are calling out to our membership to help sell raffle tickets! To make it a little bit fun and competitive, we are offering a prize for the member who sells the most raffle tickets, LIDA will pay for the winner and a guest's dinner to our Year-End Awards Dinner at The Cooperidge Inn on December 10th.

Every equestrian loves and can use a tack trunk so all of you who are at boarding barns, who have boarders or have horsey friends, please sell them a ticket! Tickets cost \$10 each. For anyone who would like raffle tickets to sell, please email Linda Erick at admin@lidressage.com or contact her via Facebook and she will get the tickets to you. LIDA will also provide you with a flyer to hang in your barn to promote the raffle.



This beautiful tack trunk was handmade by Ken Traino of “A Bay Pony”. Many of you had the pleasure of meeting Ken as he was a vendor at both of our recognized competitions at Old Field! Please visit Ken’s website at www.abaypony.com.

Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



This year Region 8 sent two full teams to the NAJYRC and they did well. It is a young team where many first timers went to this event and they were great! More importantly, they all had fun despite the heat!!! Jane Karol, Chef d' Equipe, and Jen Dillon, Regional Coordinator and Chef d' Equipe, did the most amazing job. A simple thank you is not enough. They were first timers also and I cannot wait to see how they handle it all next year!

Remember, qualifying for regional championships ends on August 28, 2017. There are many shows you can still get those two scores from. Get your entry into the NEDA Fall Festival. I will remind you again the US Dressage Finals is for the Open and Adult Amateur Champion and Reserve Champion from the Regional Championships, and also riders who reach a certain score (information on the USDF website). These riders will be invited to Lexington, KY to compete head to head with the other regional champions. I am hoping for a big showing from Region 8 again. Important note, please remember you will have to declare that you are willing to go to the finals if invited. This declaration must be done by the day before our Regional Championships. The USDF website will have more information.

I would like to welcome the newly elected USDF PM Delegates. They are Sue McKeown, Cynthia Wylie, Regina Cristo, Kathy Hickerson, Karin Swanfeldt, Stan Horton, Fie Anderson, Kate O'Connor, Diane Holston, and Linda Mendenhall. Some are returning as delegates and others are new. I look forward to working with you this next year as it will be a big one for Region 8! I also want to thank those who decided to step down for all the work you have done for Region 8.

Remember we will hold our next regional meeting on October 8, 2017, at noon at the Publick House in Sturbridge, MA. We do like meeting face to face and I hope you can spare the time to make it. However, we have been given the opportunity to use the NEDA conference hub and number for those of you too far so that you can call in. So no excuses! But you will miss the great food at the Publick House and the great company!

See you on the Centerline!

NEDA FALL FESTIVAL
Region 8 Championships
Breeder's Championships New England
CDI-Y/J Saugerties

HITS on the Hudson ~ Saugerties NY
September 21 - 24, 2017

Entries open Monday July 31 ~ close Monday August 28





Dressage at Devon®

September 26 - October 1, 2017 • Devon, PA

You're Invited!



World Class Dressage Performance
World's Largest Open Breed Show
Unique Shopping for All
Food to Please All Tastes
Dressage Explorers for Kids on Sunday!

**Groups are welcome &
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**For tickets or reserved seating,
visit tickets@dressageatdevon.org**

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**HERITAGE
COMPETITION**



Remember! Breed & Performance Show Closing Date September 1, 2017

For more information and a list of hotels, visit www.dressageatdevon.org



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Dressage at Devon

September 26 - October 1, 2017

Dressage at Devon Announces 2017 Dates and Reserved Tickets

Dressage at Devon is preparing for another exciting show for 2017. Reserved tickets are now available online at www.dressageatdevon.com. Dressage at Devon will take place September 26 through October 1, 2017 at the Devon Horse Show and County Fair Grounds in Devon, PA.

This six-day event features the largest open breed show in the country. The ever-popular performance division features top horses and riders from around the world. Measuring nearly 18 acres, the facility includes two lighted outdoor arenas and five covered grandstands with individual and box seating for more than 3,000 spectators. The site also provides warm-up areas with permanent barns capable of stabling approximately 900 horses.

A tree-lined path hosts a wide variety of products for the horse, the rider, and the spectator. At the Festival Area Shops at Dressage at Devon, you'll find everything from riding apparel to tack and fine art, jewelry, antiques, pottery, and Dressage at Devon souvenirs.

Reserved seating tickets are for the entire day and include general admission. Reserved tickets are not sold for specific events, exhibitions or classes. The Grand Prix 3 Day reserved seat ticket package option is \$66 and reserves an assigned seat for Friday, Saturday and Sunday. (Seat location may be different each day.) For more information about reserved seating, please visit www.dressageatdevon.org under the Tickets tab.

About Dressage at Devon

Dressage at Devon (www.dressageatdevon.org) has been a premier North American Equestrian event since its founding by the Delaware Valley Combined Training Association in 1975, and became a separate organization in 2006. It combines world class dressage competition and the world's largest open breed show with the international Fall Festival show and special activities for the entire family. The six-day event attracts hundreds of horses from around the world and thousands of spectators. Dressage at Devon is a 501(c) (3) PA non-profit organization, benefiting equine education.

LIDA

BLAST from the

PAST

So how many of you know who originally founded LIDCTA?

This month's "Blast From The Past" is a photo of LIDCTA Founder Luis de la Valette competing in La Cabana, Cuba in the mid 1950's. Luis was a two-time National Showjumping Champion in Cuba and a member of the Cuban Team at the Pan American Games in Chicago and at the Prix de Nations competition at Madison Square Garden. He formed a close friendship with USET Olympic coach Bert de Nemethy. After leaving Cuba in early 1960, he established himself on Long Island at the suggestion of de Nemethy. He was a pioneer of dressage in the northeast and obtained an early dressage judge's license. He was a founding member of LIDCTA and served as its first president. Luis organized horse trials (three phase events) and dressage shows. He was Head Instructor of Old Mill Farm in Muttontown and the Sleepy Hollow Country Club in Westchester.

Other founding members of LIDCTA included Judith Bailey, John Greenleaf and Charlie Plumb, Meadowbrook Huntsman and father of Olympian Michael J. Plumb. LIDCTA has recently been renamed LIDA.



This issue's entry was submitted by Long Island dressage trainer Raul de Leon. Luis de la Valette was Raul's first instructor in Havana in 1958. Thank you, Raul!

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2017 LIDA membership year begins December 1, 2016 and ends November 30, 2017.

Please Print:

Name:		Email:	
Address:			
City/State/Zip:			
Phone:	Cell #:	D.O.B.:	
USDF #:	USEF#:		
Trainer:			
Horse's Name & Stable:			
Signature:	Date:	Amt:	

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF (Full Participating Membership Only)
- Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to LIDCTA to:

LIDA Membership Committee
PO Box 507
Calverton, NY 11933

LIDA CLASSIFIEDS



Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

BUY A DRESSAGE LETTER MEMORIAL PLAQUE

Help support LIDA by purchasing a personalized memorial plaque! For a donation to LIDA of \$100.00, you can memorialize your love for a special equine partner, a special person or to just simply express your love of dressage. Each plaque may contain any message or inspirational quote that you would like to say, and upon completion, will be permanently mounted on one of the dressage letters of your choice surrounding the LIDA dressage ring. Anyone interested in purchasing a memorial dressage letter plaque, please contact LIDA Treasurer Linda Erick at admin@lidressage.com or via Facebook.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Lucille Sullivan, Vice President

phone: 631-252-3687 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.

You don't know teamwork
until your partner is
a 1200lb free spirit.





THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

Issue 20, October 2017

President's Message

Dear members,

October is upon us! LIDA has one more schooling show on October 8th at Skye Acres in East Patchogue. I hope to see everyone there! Even though the show season is winding down, LIDA keeps on going! We have our **General Meeting** coming up on Tuesday, October 10th, 7:00 p.m. at Truffles Restaurant in Wading River. There will be cocktails and socializing before we get down to business. The new Bylaws will be presented. Yes, they're finally done! 501.c3 is next on the agenda.

It's also election season. Two positions are up for re-election this year: Vice President and Treasurer. We are eliminating electing all new officers every 2 years to maintain continuity on the board, which is why only two positions are up for election. If you're interested in getting involved with your club, let us know. You can contact any of the board members to let them know you're interested. And remember, we conduct our board meetings via Skype, so no travelling involved!

Some exciting news! LIDA is a recipient of the RUTH ARVANETTE MEMORIAL FUND GRANT from the USDF. This will enable our Vice President, Lucille Sullivan, to travel to the USDF Annual Convention in Kentucky this year to represent LIDA at the convention. Read on for more details..

October is also Year End Awards (YEAP) time. The rules and criteria are in the process of being posted on our web page, lidressage.com. The closing date for applications is **NOVEMBER 5th**.

Once again, I want to put out a call for photos. We'd like to update the photos of members on the LIDA web page. Please send photos to me at president@lidressage.com. They can be photos of you at home with your horse or at a show or anywhere in between.

So, as you see, show season may be ending but LIDA events keep on going! Hope to see you ringside!

President

Mary Mulcahy

LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GM's).

For USDF Participating Membership, members must apply directly to USDF.

Long Island Dressage Association Dressage Schooling Show

A woman with a long ponytail, wearing a dark blue long-sleeved shirt, tan breeches, and brown riding boots, is sitting on a dark grey bench. She is holding a large white sheet of paper, likely a score sheet or program, and looking towards an outdoor dressage arena. In the background, a rider on a dark horse is performing a movement in the arena. The sky is blue with scattered white clouds. There are green trees and a blue fence in the distance. A red-leafed plant is visible in the lower-left foreground.

October 8th - Judge Margaret Boyce (R)
Location: Skye Acres Equestrian Center
Patchogue, NY



The Value of Showing Locally

By Lucille Sullivan

The third week of September is marked by the Region 8 Dressage Championships held as part of the NEDA Fall Festival of Dressage. This is a huge competition held at the HITS on the Hudson show grounds in Saugerties, New York. There are six competition rings and four schooling rings accommodating a CDI, Regional Championship, Regional show and Breed Show simultaneously. So, you ask yourself, as a member of the Long Island Dressage Association (LIDA), what do the regional championships have to do with me? I never intend to show at that level. Or, I would love to make that a goal of mine. How can I prepare myself and my horse for that? This, my friends, is precisely where the local, one day shows that are being sponsored by LIDA and some of our local farm owners have tremendous value for you.

Showing your horse successfully requires that the basic training of your horse be correct and that you develop the skill set necessary to utilize that basic training in front of a judge and spectators. Exposure and practice are key in developing these skills. Often, we find ourselves underprepared and underexposed when we arrive at the larger competitions. The hard reality of life is that we have limited resources to accomplish our goals. When I speak of resources, I am referring of course to our finances, but also our time; time off from work, time away from our husbands, time away from our children, time with one child and not another if it is our child that is the competitor, etc. Your trainer's time is also a resource, one that you, as a student, must pay for. The longer the show, the more time the trainer spends away from their other clients and family, and the higher your expense. Our horse's energy is a resource as well. The stimulation of the show environment has a different effect on every horse and part of successful showing entails figuring out what works best for your partner. These are all components that can be figured out through the use of the local shows. The local one day show is a building block to success at the regional finals, if that is your eventual goal. If that is not your goal then the existence of the local show is absolutely essential to your participation in the sport of dressage.

Let me speak for a moment to the professionals that are part of our GMO. It is to the benefit and the continuation of our sport and the profession in our region that we band together and support the local shows, both schooling shows and recognized shows. The mastery of dressage is difficult and best accomplished in an environment that is friendly, encouraging and uplifting to all involved. If we encourage and respect one another we will all improve. To coin an old adage "a rising tide raises all ships."

So, let's try to reduce this to dollars and cents. As a consumer, how much can I save by showing locally as opposed to going to Connecticut or New Jersey for a two day show and eventually to Saugerties, New York for that four or five-day show? Here are the basic assumptions for the sake of this example:

- ◆ *You own your own horse. Of course, if you don't, you must add a daily horse rental fee.*
- ◆ *You ride in one class per day. Remember your horse's energy is one of your resources.*
- ◆ *If the show is in a place that you can get to from Long Island by ferry as opposed to sitting in traffic and stressing your horse, we are going to take that option. Again remember, your horse's energy is one of your resources.*
- ◆ *You do not own your own trailer, so either a professional or your trainer must get your horse to the competition.*
- ◆ *You are not Wonder Woman, so you will be hiring a groom to help you arrive at the show ring on time looking incredible.*
- ◆ *Your trainer charges you \$100 per day to coach, I assure you this is a deal, and you pay his or her expense for the duration of the show.*

So here it is:

The cost to attend a one day show:

Class fee	\$	65
USDF drug fee, qualifying fees, administration fees, etc.		65
Transportation to the show		150
Grooming		100
Coaching		100
Braiding		<u>50</u>
Total cost for a one-day show	\$	530

The cost to attend a two-day show:

(This is assuming you arrive the day before to school your horse and settle in, the show is about 100 miles away and the transporter charges you \$1.50 per mile.)

Class fees	\$	130
USDF drug fee, qualifying fees, administration fees, etc.		75
Transportation to the show		300
Ferry, 2 ways (this charge is customarily in addition to the mileage charge)		300
Grooming, three days		300
Coaching, three days		300
Hotel for yourself and your groom, 2 nights		300
Hotel for your trainer		300
Stall for your horse		200
Meals (breakfast (\$10), lunch (\$15) and dinner (\$25) for 3 people		450
Braiding		<u>100</u>
Total cost for a two-day show	\$	2,755

You and your horse have successfully earned the scores necessary to qualify for regional championships. You are both sufficiently comfortable at the one day local shows, the busier multi-ring two days shows and you have made the choice to compete at the regional finals. In this example, the ferry doesn't make sense so we are going to travel the 200 miles and leave at 5 am to try and minimize the traffic and wear and tear on our horse. Here we go:

The cost to attend Regional Championships:

Class fees	\$	300
USDF drug fee, qualifying fees, administration fees, etc.		125
Transportation to the show		600
Tolls, 2 ways		75
Grooming, five days		500
Coaching, five days		500
Hotel for yourself and your groom, 4 nights		600
Hotel for your trainer		600
Stall for your horse		400
Paddock for your horse		200
Meals (breakfast (\$10), lunch (\$15) and dinner (\$25) for 3 people		750
Braiding	-	<u>200</u>
Total cost for a four-day show	\$	4,850

Again, I realize that everyone's situation is different. Some of us own trailers and have supportive husbands that come and groom for us. Some of us set goals to only show locally. Others of us want to compete at regionals and even nationals. The sport of dressage is as individual as each of us and each of our horses are but what we do all have in common is that the local one day show holds a tremendous value for all of us. Let's all get out and support our local shows. It shouldn't be costing farm owners or GMOs to host them!

Happy and successful showing to all!



A Special Story: Catherine Kwasnik and Messina

Many of you may have read the article that appeared in *Horses Daily* about LIDA member Catherine (Cate) Kwasnik and the very special story she shares with her current mount, a horse named Messina. The article, written by Lynndee Kemmet, was posted on August 17th.



To briefly recap the story, Messina RH is a dressage horse that was owned by Susan J. Bruns. Bruns had been hired at The ARK, an animal import/export center at John F. Kennedy Airport. Messina was living temporarily in a stall at The ARK while her owner looked for a barn at which to board her. Sadly, Bruns passed away in late February from an aortic aneurysm and overnight Messina became a ward of The ARK. ARK CEO John Cuticelli was forced to look into a new situation for the mare. Through USDF Hall of Famer Lendon Gray, Cuticelli was connected to LIDA members Marie Banks and Alice Petersen of Blue Ribbon Farm. An agreement was made in which Alice and Marie would handle the daily care for Messina, continue her dressage

training and match her with a young rider in need of a mount. Cuticelli agreed to support Messina and the chosen young rider through a sponsorship by The ARK. Cate was that lucky rider chosen and no one could have deserved it more!

Cate's mother Michele Kwasnik describes her daughter as an intelligent young lady with an incredible work ethic. She feels Cate is very fortunate to have Alice Petersen as her trainer and considers Blue Ribbon Farm her second home. Cate is a working student and spends countless hours at the barn, enjoying every minute. Through Alice, she has become involved with Dressage 4 Kids (D4K), clinics with Lendon Gray and now this special sponsorship from The ARK on Messina. Says Michele, "There will never be enough words to express our thanks and appreciation to everyone for their support of Cate. "



From left to right: ARK Staff member Shannon, Cate with Messina, Kristen McGowan, Director of Administration, Elizabeth A. Schuette, ARK Managing Director, John J. Cuticelli, Jr., ARK Founder and Chairman, and Dr. Linda Mittel, MSPH, DVM, Animal Health Diagnostic Center, Cornell University.



As for Cate's future goals with Messina, she said she plans to continue to train and advance through the levels with Messina. This past year, they concentrated on Training Level and over the winter will begin working towards First Level. The two are excitedly looking forward to continuing to participate in Dressage 4 Kids (D4K) competitions. They also plan to attend clinics and apply for the Winter Intensive Training program.



Now that Cate has her own horse, we asked her what differences she has noticed about how she and her trainer approach training. "I am very thankful to The Ark at JFK for letting me work with Messina. I have been very fortunate to train on different horses with different abilities at Blue Ribbon Farm with Alice Petersen. Now with Messina, I am the only rider and there is more responsibility. It is up to me to make sure we are consistently working hard and improving. The most important thing for me is that Messina is happy and healthy. I am loving every minute of it!"

How does Cate describe Messina?

"Messina is beautifully sweet, loving and eager to please. Messina has handled being put back into work, getting into shape and competing, in a short time with calm and ease. We are best friends!"



We hope you two stay best friends

for many more happy

and successful years to come, Cate!

Congratulations!

Cate Kwasnik and Messina

4th Place Training Level at the 2017 NEDA Fall Festival



2017 USDF Bronze Medalist Devan Kundmueller



Devan on Cocoa



Devan on Klaus

A HUGE congratulations to LIDA member Devan Kundmueller for earning her USDF Bronze Medal this past August!

2017 was the Second Level debut of both Devan and Navillus Dressage & Sport Horse's 13.3 Quarter Pony mare, Cocoa. Cocoa was purchased five years ago as a hunter pony and has been Devan's main ride for the last two show seasons. Cocoa is now 17 and has been doing very well as a dressage pony. She was trained by Lucille Sullivan at Navillus Dressage and Sport Horses (NDSH) in Southold.

To obtain her two required Third Level scores, Devan showed an 18 year old German Riding Pony/Welsh Cob gelding named Klaus. Klaus had been previously shown through Intermediare 1. NDSH obtained Klaus through Pam Goodrich over two years ago.



Another congratulations goes out to Devan's mother and LIDA Vice President **Lucille Sullivan** for being elected to receive a grant from the Ruth Arvanette Memorial Fund. This fund is available to help a USDF Group Member attend the Adequan®/USDF Annual Convention.

The Ruth Arvanette Memorial Fund grant allows for reimbursement of up to \$500 for airfare, a complimentary convention ticket, as well as half of the lodging expenses for up to five nights during the convention. Lucille will be able to attend all business meetings, educational sessions, and open forums on behalf of LIDA.

This year the Adequan®/USDF Annual Convention will be held at the Hyatt Regency Lexington in Lexington, KY, November 29th – December 2nd.

LIDA General Membership Meeting



Tuesday, October 10th at Truffles Bistro

6271 Route 25A (King Kullen Commons)

in Wading River

Doors open at 6:30 pm. Meeting starts at 7:00 pm

LIDA Board Elections are fast approaching!



LIDA members will soon be voting for our next Vice President and Treasurer. Would you like to help promote the sport of dressage on Long Island? Would you like to help run and organize our shows and other club events?

If you are interested in running for either of these two open positions on the LIDA Board of Directors for the 2018-2019 term, please email LIDA Secretary Doreen Rose at info@lidressage.com and she will add your name to the ballot.



This year all dressage scores received in competition on or after October 1st will count for 2018. In order to qualify for LIDA's Year End Awards Program for the 2017 show season, all tests must have been ridden by September 30th. This is a change from last year so please plan the end of your show season accordingly. Also, submission information and forms for 2017 have been organized by individual category. For the full set of rules regarding this year's awards program, please visit the LIDA website. The submission deadline for scores for year end awards entries is midnight November 5, 2017.

**This year's dinner will be held at THE COOPERAGE INN
in Calverton on December 10th, 2017.**



TACK TRUNK RAFFLE

LIDA is raffling off a beautiful handmade wooden tack trunk this year as a fundraiser for our club. We are calling out to our membership to help sell raffle tickets! To make it a little bit fun and competitive, we are offering a prize for the member who sells the most raffle tickets, LIDA will pay for the winner and a guest's dinner to our Year-End Awards Dinner at The Cooperidge Inn on December 10th.

Every equestrian loves and can use a tack trunk so all of you who are at boarding barns, who have boarders or have horsey friends, please sell them a ticket! Tickets cost \$10 each. For anyone who would like raffle tickets to sell, please email Linda Erick at admin@lidressage.com or contact her via Facebook and she will get the tickets to you. LIDA will also provide you with a flyer to hang in your barn to promote the raffle.



This beautiful tack trunk was handmade by Ken Traino of “A Bay Pony”. Many of you had the pleasure of meeting Ken as he was a vendor at both of our recognized competitions at Old Field! Please visit Ken’s website at www.abaypony.com.

Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



As most of you know, I entered 'NEDA Jail' on July 31st, as the show secretary. Sadly. (LOL!!) I only received 189 entries on opening day for NEDA Fall Festival aka Region 8 Championships. (We had over 200 last year.) However, by the show's opening week we finished up with 370 entries and the front barns were nearly full. The show closed August 28th with a record number of requests for championship rides well over 600 with a wait list of over 200 rides. The Regional Championships was again a huge success thanks to NEDA and all their tireless hours of planning and work. Did you all declare for the Nationals? If not, you have still have time. We want a HUGE, HUGE Region 8 presence!

A bit of interesting news from USEF came to me. Across the country, dressage shows are down 25-40% in attendance. Have they been down this much in Region 8? Are there less riders competing? Or are the riders coming to shows just to qualify and then stop attending shows until the Championships? Are riders getting very picky about where they compete? Or are there too many shows? We may need to have a discussion at our Regional meetings in October and maybe again in December.

The USDF Annual Convention will be held in Lexington, KY from November 29th to December 2nd. I hope many will come and that we can all get home on time!

Also, remember we will hold our next regional meeting on October 8, 2017, at noon, at the Publick House in Sturbridge, MA. We do like meeting face to face and I hope you can spare the time to make it. However, we have been given the opportunity to use the NEDA conference hub and number for those of you too far away to attend so you can call in. So no excuses! But you will miss the great food at Publick House and the great company.



LIDA

BLAST from the

PAST

This photo is of former LIDCTA Junior member James Benedetto at age 14 on his thoroughbred horse “Majestic Fox” competing at Third Level. James and Majestic Fox were Region 8 Champions at Fairfield for Second Level Junior / Young Rider in 1978. James had also previously won the Regional Championships at First Level. He frequently competed with both Majestic Fox and his other mount, Mr. B. James currently owns and runs *Stonyhill Equestrian Center* in Northport.



This issue's entry was submitted by Long Island dressage trainer Raul de Leon.

Call for

RAFFLE

Donations



GOT STUFF?

Have any items you would like to donate for our raffle baskets at this year's annual awards dinner?



The raffle is always a fun part of the evening and it helps our club cover the costs associated with the dinner and the LIDA events we are planning for 2018. Anything equine or pet related is always a big hit! If you have items to donate, please contact LIDA Treasurer Linda Erick at admin@lidressage.com.

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2017 LIDA membership year begins December 1, 2016 and ends November 30, 2017.

Please Print:

Name:		Email:	
Address:			
City/State/Zip:			
Phone:	Cell #:	D.O.B.:	
USDF #:	USEF#:		
Trainer:			
Horse's Name & Stable:			
Signature:	Date:	Amt:	

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF
(Full Participating Membership Only)
- Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to LIDCTA to:

LIDA Membership Committee
PO Box 507
Calverton, NY 11933

LIDA CLASSIFIEDS



Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

BUY A DRESSAGE LETTER MEMORIAL PLAQUE

Help support LIDA by purchasing a personalized memorial plaque! For a donation to LIDA of \$100.00, you can memorialize your love for a special equine partner, a special person or to just simply express your love of dressage. Each plaque may contain any message or inspirational quote that you would like to say, and upon completion, will be permanently mounted on one of the dressage letters of your choice surrounding the LIDA dressage ring. Anyone interested in purchasing a memorial dressage letter plaque, please contact LIDA Treasurer Linda Erick at admin@lidressage.com or via Facebook.



LIDA BOARD MEMBERS

Mary Mulcahy, President

phone: 516-318-5537 email: president@lidressage.com

Lucille Sullivan, Vice President

phone: 631-252-3687 email: vp@lidressage.com

Linda Erick, Treasurer

phone: 631-220-6670 email: admin@lidressage.com

Doreen Rose, Secretary

phone: 516-849-3400 email: info@lidressage.com

We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.





THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

Issue 22, November/December 2017

President's Message

Dear members,

The first cold snap has arrived! The air is crisp and the smell of burning leaves brings back wonderful memories from my childhood. Time to store hay, bring hoses in and prepare for the winter. Let's hope it's a mild one! 2017 is almost over. It's been a year of major changes. I know for myself, some of those changes have been life altering (more on that later).

The **Year End Awards Dinner** is on the horizon. I hope everyone got in their submissions. This year's dinner will once again be at The Cooperage Inn on December 10th so look for your invitations in the mail. Anyone interested in donating items for **Raffle Baskets** contact Linda Erick at admin@lidressage.com. Anything horse related is always good but items don't necessarily have to be equine specific. For instance, many would enjoy a nice spa package to rejuvenate tired equestrian muscles or perhaps a basket with a couple of tasty bottles of wine. Be creative! I look forward to seeing what you come up with.

LIDA held its second **General Meeting** of the year on October 10th at Truffles Restaurant in Wading River. The group was small but merry. A copy of the minutes will be posted on the website but the highlight of the evening was the adoption of the new **Bylaws**. Now we can begin the arduous journey to becoming a 501.c3.

I'd like to remind everyone that LIDA has changed its membership year to coincide with the membership year of the USDF, **December 1st to November 30th**, so if you want to stay current with your membership, please renew by December 1st. There will be a one month grace period since this is the first year we are implementing the new dates.

We are entering the Season of Giving, although I'd like to think that season extends through the year. I don't know about you, but I have extras of quite a few things in my barn, stuff that's been accumulating through the years like halters, horse blankets, girths and old tack that is still usable but I just don't need it. I'm putting together a pile of things to donate. If you have any gently loved items, consider donating them to local horse rescues, especially blankets. They're always appreciated. It's a good way to clean out your barn and help someone else at the same time.

HAPPY HOLIDAYS TO EVERYONE!

See you all ringside!

President

Mary Mulcahy



LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GM's).

For USDF Participating Membership, members must apply directly to USDF.

LIDA Schooling Show Recap



On October 8, 2017, LIDA held its final competition of the season, a schooling show at Skye Acres Equestrian Center. It was a cold, rainy day but that didn't dampen the spirits of our devoted Long Island dressage enthusiasts! The majority of the riders who signed up for the show braved the weather and came out to compete! Surprisingly, we had very few scratches for the day, despite the wet, windy conditions. Our judge was Margaret Boyce. It ended up being a very successful show and LIDA made a small profit on it, enabling us to purchase very nice prizes for our upcoming awards dinner.

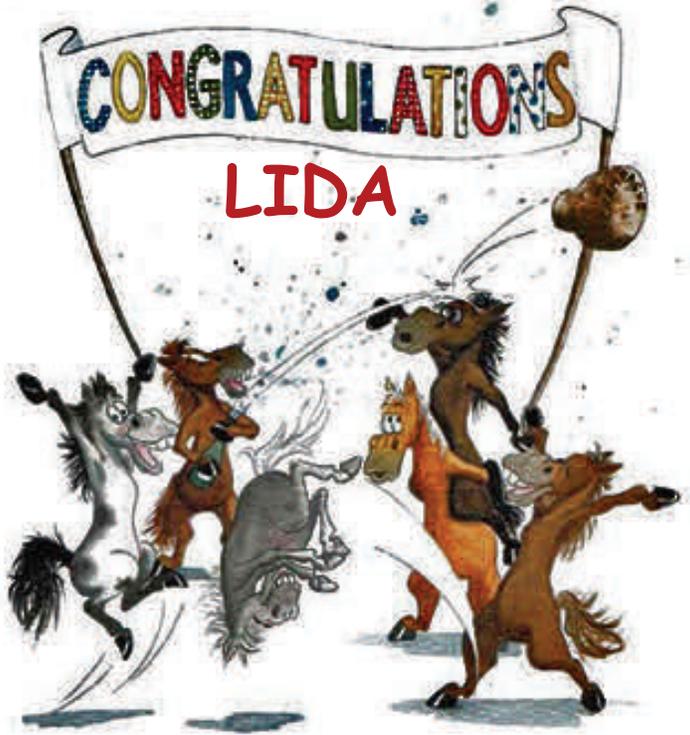
We'd like to extend a HUGE thank you to our 2017 show team: Mary Mulcahy, Ellen Clark of The Dressage Experience and Linda Erick (pictured below). These ladies do a TON of work preparing for our shows from handling the entries and arranging the show schedule, to setting up and taking down the dressage ring, and everything else in between that is involved with organizing a dressage show. Without their hard work, we wouldn't be able to host these shows on Long Island. They would welcome help for next year so if you'd like to learn what goes into putting on a show, please consider volunteering your time, even if you can only spare an hour or two before, during or after a show. Your efforts would be greatly appreciated!



Thank you to our 2017 LIDA show team!

Congratulations!

LIDA is proud to announce that our member newsletter "The LIDA Extension" received an Honorable Mention in the United States Dressage Federation's 2017 GMO Newsletter Awards for Megan Zureck's article "Our Journey to Our USDF Gold Medal". Megan's first person experience article appeared in our August / September 2017 newsletter. LIDA would like to thank Megan once again for submitting to us her article. We're so pleased that your article has been honored by the USDF!



OUR JOURNEY TO OUR USDF GOLD MEDAL

By Megan Zureck

with assistance from Joanna Gray-Bardic

My dressage journey began at the age of nine when I purchased my first pony for the big sum of three-hundred dollars. With several years of riding under my belt, it soon became apparent that my abilities were exceeding my pony's, and I was steadily progressing him with my passion for dressage increasing. It was time to consider another horse. Purchased by my mother, Three Hearts entered the family. I learned a great deal from my amazing Three Hearts, especially how to be a better rider. Three Hearts would keep me on my toes as he could be bratty at times, but he held as hard as he could and performed well through First Level. As Three Hearts aged, it became clear that he would be unlikely to ascend the levels, and I knew it would not be fair for me to push him any further. Three Hearts would have a home with me forever, but I knew I needed a younger, more athletic horse in order to continue on with my dressage career.

I searched together all of my savings and decided that it was time to buy a weekend horse. I had put my savings aside for a down payment on a house, but I didn't bother me to use those funds, as I do not need a house at that precise moment. What I needed was a horse - a horse would make me happy. The horse shopping commenced and I found an Oldenburg gelding named Skydell H, or "Skidell", as he was known around the barn in Pennsylvania. He had been born in Germany and recently imported to the United States as a sale horse. I wasn't well-versed about bloodlines or breeding then. All I knew was that he was a big weekend horse and that was what I wanted. I had him swayed lines, and performed my due diligence with a pre-purchase exam at Mid-Atlantic Equine Medical Center. Don't remember "Sam" as he was now called, was on his way to Long Island, New York.

Our journey together was not always easy and not without challenges, and some of those challenges were completely out of my control. There were days when I wanted to give up, thinking that this was not what I had in mind. But I realized that this was the horse I owned and I could not afford another one. I had to find a way to achieve my goals with him. It was clear that he was physically capable of the work, though mentally appeared a different story, as he could not hold his shape. Sam needed me to figure out a way to help him to perform the exercises and movements I desired, without pushing him too hard and causing him undue anxiety.

Sam needed me to be patient with him, which is not one of my strong suits. At times, we were like the blind leading the blind as I did not know the feeling of the movements I was asking him to execute. Having never trained or ridden above First Level, I figured out how I was going to be able to teach him to do anything that I had never done before. I did not have the luxury of riding a schoolmaster and getting an understanding of the feelings of the movements, so I had to choose. Luckily for me, I found USDF Gold, Silver and Bronze Medalist, Joanna Gray-Bardic. As my trainer and coach, who helped me set my goals, which would not be achieved until she gave up. I was never easy, but I had established in my dream with Sam. Joanna helped me understand that I needed to be flexible with my limitations to avoid burn-out, and explained that Sam and I would figure it out with her help, and we would figure it out together, learning from each other. If I've heard it once, I've heard it a million times from Joanna - "You must learn to lead." Sam and I have become a team, a partnership built upon trust.

My ultimate goal was to make it to the Grand Prix Level and earn my USDF Gold Medal. There were definite moments when I thought that maybe this goal was too hard to achieve, and I convinced myself with the fact that not all horses make it to Grand Prix. I would occasionally let myself feel dejected by setbacks and minor setbacks. In reality, Sam had brought me further than I could have ever imagined, always doing his best for me. Still, I questioned if it was fair for me to continue towards my dream. I was riding and training at ever increasing levels of difficulty, and doing it all for the first time. To say I do not know what to expect would be an understatement. But, with the help of my amazing trainer/coach we would always figure out a way to help me to communicate with Sam so that he could understand. Joana helped to pull me out of my angst when new revelations took time to become concrete, often citing examples of normal training progression.

Sam and I both made steady progress with our daily work and regular lessons. Throughout his training, we tried various numbers of rest days per week. Sam seemed to thrive on more work, but we monitored him regularly and gave him more time off if I was overworked. It was challenging at times to fit riding into my busy schedule. I work at least eight hours a day, seven days a week. This doesn't account for the work I do because I have my horses on my property. There were many days where I wanted to just go home and get some rest. Getting sick was never an option, and even with broken bones, I continued to work and ride. My determination would not let nothing stop me and I kept pushing on.

Sam had some health obstacles in his way. All age as, Sam was diagnosed with equine recurrent uveitis, which is an autoimmune disorder. With the help of several veterinarians and specialists, we were able to get his condition under control. As a secondary complication, Sam developed glaucoma, ultimately leaving him blind in his left eye. How more than ever, because of the blindness, I needed Sam to trust me and know that I would not let him into farm's way. I believe that that was what kept us together increased Sam's trust in me exponentially. Several years later, while competing at Fourth Level, Sam developed a "hump" and was diagnosed with exercise-induced left marginal hemiplegia. He was unable to get enough air into his lungs and needed "the back" surgery if he was to go any further in his training. The surgery required a three-month recovery time to ensure that the procedure held. So, shortly after Thanksgiving, Sam had his surgery. After six weeks of stall rest, I was given the okay to take walk him. This took the challenge form of walking only for at least three weeks, off on a fit, fresh, and well-rested horse. In the weeks of walking, we were able to slowly introduce him and eventually carrier work back into our routine. By April 2015, we were getting back to regular schooling work, I competed Sam at Pir St. Georges that summer and we earned our Silver Medal.

After competing through Intermediate I and earning my first two scores to earn my USDF Gold Medal, Joanna and I decided that Sam and I would take a year off from schooling and would just train without the pressure of being judged. Joanna really wanted Sam and me to go for the Grand Prix level and knew it would take time to solidify a few of the movements. We also needed to take some time so neither of us would burn out. The schooling needed to be fun and I had to remember that. A year off from schooling was just what we needed. I had not planned to show Grand Prix until July of 2017 but I saw shows announced in New Jersey in June and thought I should try. I spoke with my trainer about it and she thought it was a good idea. She told me, "You've got to ride it for the first time, sometimes if you walk out everything is perfect, you will never get out there." She also helped me understand that much of what we had going into the ring was confirmed and the rest would only get better with practice and execution. So, I kept in my eyes.

I have to be honest, in my wildest dreams I never thought that Sam and I would earn our first two USDF Gold Medal scores in the first two classes I competed. It still is unbelievable to me. Three years of training and working towards a goal and we did it! The judges were by no means perfect and we have more work to do but the comments from the judges have been encouraging. Barbara Elmer stated, "You are on your way" and Sally O'Connor said that we had "much promise". What more could I ask for? The judges confirmed in those statements that what I have been doing is correct. I am so thankful that I found Joanna Gray-Bardic, because I know I could have never done this without her knowledge, guidance, friendship, support and encouraging words. She has been in my shoes and she always assured me that what I was going through was normal. She was also always willing and flexible to work around my hectic schedule so I could get my seasons in. Joanna lets other riders that she is so proud of me. She has reminded me over the years to look at how far I have come rather than at how far I still have to go. We hugged, smiled and cried in celebration of this accomplishment.

My Sam is an amazing horse. He has allowed me to achieve the exciting goals of earning my USDF Gold, Silver and Bronze Medals, and my Silver and Bronze Freestyle Bar. I'm still a bit in awe. I owe him a huge debt of thanks for being my partner.

I am very thankful and fortunate to have a great support system of people who were always willing to put my dreams first, no matter what it took. My parents were always there watching me ride and lending support to help take care of the horses. My boyfriend, who knew nothing about horses when he entered the relationship, went above and beyond to keep Sam and I safe. His hard work in maintaining the arena allowed Sam and I to continue our training, no matter the weather. This wonderful support system of my parents, my boyfriend, my friends, and my trainer kept me going. They always believed in Sam and me even when I did not believe that I could do it. Now, only one goal remains, our USDF Gold Freestyle Bar. Joanna is hard at work on my choreography, and I cannot wait to ride down the centerline next year in our Grand Prix Freestyle.

Thank you Sam!
You are a Horse of a Lifetime!

Congratulations Megan and Sam!

LIDA is so proud of you both!
We can't wait to see your freestyle next year!



My New Life

By Mary Mulcahy

Our LIDA President shares with us the story of how tragic losses she recently experienced led to the exciting and unexpected purchase of an amazing new horse. Such as with life, oftentimes our saddest moments help lead us to some of our happiest. This year, Mary experienced that phenomenon first hand. Mary is pictured at left riding her new dressage partner, Festivo RS aka Brado. We hope to see a lot of Mary and Brado in the future!

The last couple of years have brought about some very serious changes at my barn. First I lost my best teacher, Raposo, to laminitis the summer of 2015. It was heartbreaking, like the loss of any beloved pet, but I carried on. I still had my stallion, Que Pe, and my show buddy, Alectas, aka Ace. Besides my boys, I had two retired mares; Penny Arcade, show pony extraordinaire, and my old hunt horse, Katie. Both girls were old. Kate had experienced some strokes the last few years but she was hanging in there.

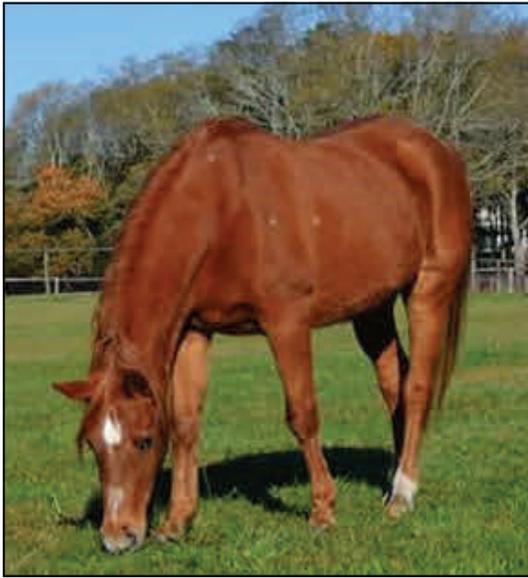
I had decided that before the winter of 2016 kicked in I would say goodbye to Kate. She was 30 years old and the cold and ice took a lot out of her. I was contemplating how Penny would be without her friend. Then one day I walked into the barn and found Penny dead. From what we could tell she had a heart attack. Kate was stoic about her loss and my dear Acey kept her company for another month before she joined Penny across the Rainbow Bridge. I wasn't expecting Penny to go but what happened next really knocked me for a loop.



Mary's former hunt horse Katie

It turned out that the winter of 2016 was quite mild. I was able to ride most of the winter. In early April I had had my horses' feet trimmed and Ace came up a little ouchy. I figured he was trimmed a little close so I waited about a week but there was no change. I called the vet. Ace was foundering. Probably had been since January, which was really odd since he had been totally sound right through the winter. He had his DMSO treatments and icing. Heartbar shoes were put on. He rebounded quite well. I felt pretty good. We caught it in time. But then he started to deteriorate. We tried everything. He was on all the various meds and supplemental support given in these cases. He tried very hard to be okay, but to no avail. Then in July I heard those awful words, "You have to put him down."

I'm 62. I've been practicing dressage for about twenty years. Ace and I were supposed to go all the way together. I bought him when he was four. We were working on 4th Level and doing great! Not only did I lose a best friend, I also lost the rest of my riding career. I was distraught. I decided that was it. I'm too old anyway, I might as well hang it up. I can finish my life gardening and painting and trail riding Que Pe. I couldn't open myself up to losing another beloved animal in my life. I kept repeating this. It was my old lady mantra.

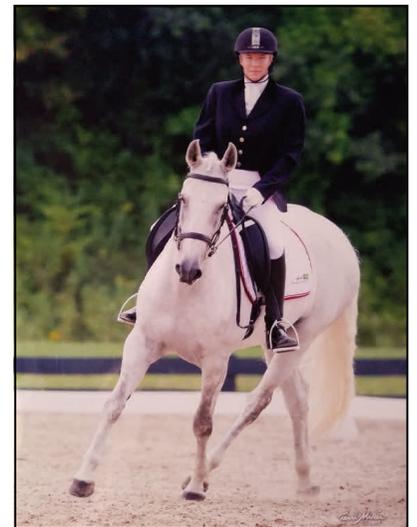


Mary's other retired mare Penny Arcade

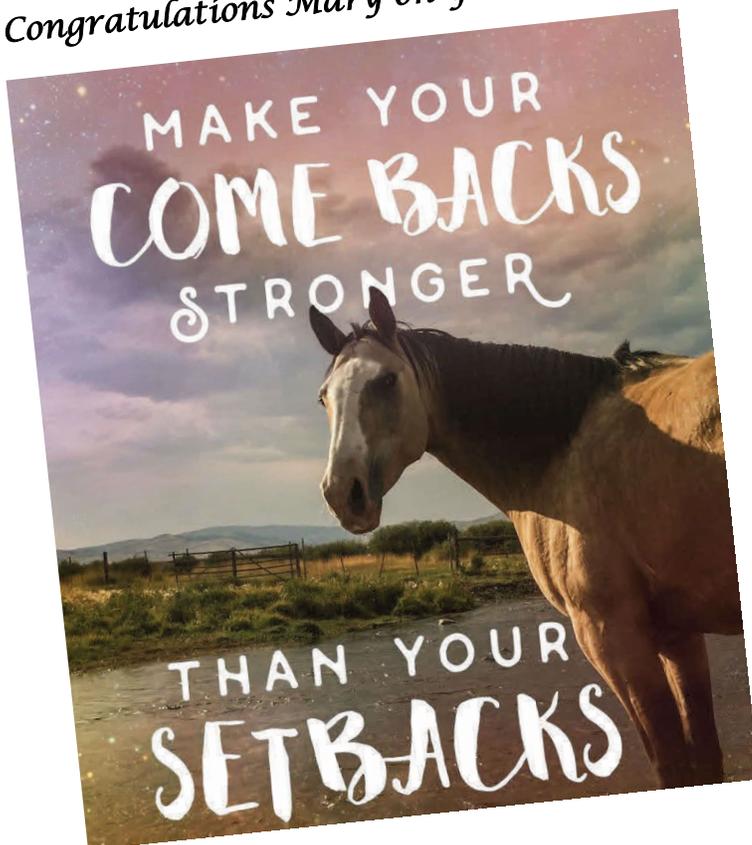
Then one day while perusing Facebook I saw a post from a friend who was selling her beautiful Andalusian stallion. She got him when he was three. He was her baby. I knew this was hard for her. I tagged a friend of mine who was looking for horses. But Festivo RS was calling me. What was I thinking? This horse is perfect for me! I know him and his owner. He's trained to Grand Prix. He's gorgeous. I thought no further. Immediately, I contacted my friend, Emily Copeland, and made arrangements to go to Tryon, North Carolina to try him out. He had grown quite a bit since I first met him which was a bit of a surprise. I tend to like my horses on the smaller size since I'm short in stature. He was a dream to ride! I rode him twice and was sold. A month later Festivo RS arrived at my barn.

I'm learning a lot with Festivo aka Brado. Every time I ride him I have a big smile on my face. I don't know how to explain it but I feel in my heart that Brado was brought to me by Ace. He knew I wasn't done yet. I think of Ace every day and am thankful for our time together. Now I can continue my journey with this wonderful horse, Brado. My goal with Ace was to ride 4th Level at Devon. Now I will! Brado is a consummate professional and a joy to ride. I'm so excited about what the future holds! Gardening and painting are just going to have to wait.

Congratulations Mary on your new partnership!



Mary riding Ace





LIDA explains...

THE LEVELS OF DRESSAGE COMPETITIONS

Have you ever looked at the cover of a dressage competition's prize list and seen the show you are planning to compete in referred to as a "level one" or "level two" competition? Have you ever had the opportunity to compete in a level three, four or five competition? Did you understand what those designations meant? Probably not. And if you decided to do a google search for a quick answer, you probably wouldn't have found it very easily. So this month, we turned to the USDF for a clear description of the various competition levels so our Long Island dressage riders can be better informed in the future.

According to the USDF, there are five different levels of dressage competitions. The requirements of each of the five levels can be found on the USEF website and in USEF Subchapter DR-1. A level one competition has the least requirements and a level five competition has the most requirements. CDI's, USEF National Championships, Great American Insurance Group/USDF Regional Championships, High Performance qualifying competitions and USEF/NAJYRC qualifying competitions are assigned a level three, four or five depending on, among other things, the classes they choose to offer at each of those competitions. All other dressage competitions are either a level one or level two unless management chooses to conduct the competition at the standards for a higher level.

Our LIDA recognized shows are currently run as level two competitions but we are considering making slight changes to how we run the shows and offering some new classes in order to run our shows as level three competitions in the hopes that this will attract some new competitors to our shows, perhaps from off the island. We might be able to do so by next year! We will keep you informed.

Are YOU planning to attend the 2017 LIDA Year End Awards dinner?

The invitations have all been mailed and you will be receiving them shortly. Please RSVP as soon as possible. We can't wait to celebrate with all of you!

This year's dinner will be held at



2218 Sound Avenue, Calverton

Time: 4:30 - 7:30 pm



BUY A DRESSAGE LETTER MEMORIAL PLAQUE

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Last call *for*

RAFFLE

Donations



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Region 8 News



Debra Reinhardt

USDF Region 8 Director

region8dir@usdf.org

www.usdfregion8.org



Our most recent regional meeting on October 8th was very productive; we discussed a lot of ideas and projects. In addition, we had conference calling for those far away and that was an awesome feature. Thank you NEDA for providing the phone! One of the topics brought up at the meeting was how the region can help or encourage the grass root competitors who are only going to schooling shows. Research is going to be done on 'region' recognized shows with year end awards etc. and will be presented to our delegates at the USDF Convention. Other discussions were about funds raised for the PM delegates. While Kate and Linda did a great job, they need help. Each of the PM delegates who benefit from receiving funds needs to do something towards the fundraising, such as finding items for the silent auction, helping with the silent auction or simply coming up with another fundraiser idea.

NEDA hosted an awesome Carl Hester Symposium on October 14-15, 2017 at Pineland Farms. It is my understanding that it was a huge success. While Region 8 does not have anything to do with the NEDA Symposium, it was nice to have such a wonderful event be successful in our region! Thank you NEDA and Pineland Farms!

In less than a week, I am leaving for the US Dressage Finals. We have about the same number of riders this year as compared to last year, and we will cheer our riders on. We will especially cheer those selected for the Region's Cup. Again, our region's riders will be given a hat and saddle pad with a wonderful Region 8 logo on them. Many thanks to NEDA and WNYDA for helping with the cost of the saddle pads and to Linda Mendenhall for sponsoring the hats. Big thank you!!! Meanwhile, come help me cheer on Region 8. **Go Region 8!!!**

I hope by now you all have made plans to come to the annual convention, November 30th—December 3rd. It is in Lexington, KY and the educational seminars are wonderful. There will be many topics discussed at the convention, so I hope you are coming.

As the year winds down, I hope you have done your year end awards entries with your GMO and will be attending those banquets. The winter gives us all time to rejuvenate and an opportunity to read and attend educational seminars. GMOs, you should be offering un-mounted educational days, or training volunteers such as scribes and stewards. Be creative. If you need ideas, we have several USDF Certified Instructors in our region who can certainly come up with ideas for you.

The fall has been kind with great riding temperatures, but I fear temps will be getting cooler. I hope you are all preparing for the winter. Have you body clipped your equine friend? Or are you giving them the winter off? Or, are you one of the lucky ones going south for the winter? Just an FYI: Managers are already submitting their 2017 prize lists and preparing for the coming season.

Our spring regional meeting will be held April 22, 2018, at the Publick House in Sturbridge, MA. Please put the date on your calendar. No excuses...we've planned well in advance! Next month's newsletter will be a short report on the US Dressage Finals and then it's off to the convention!

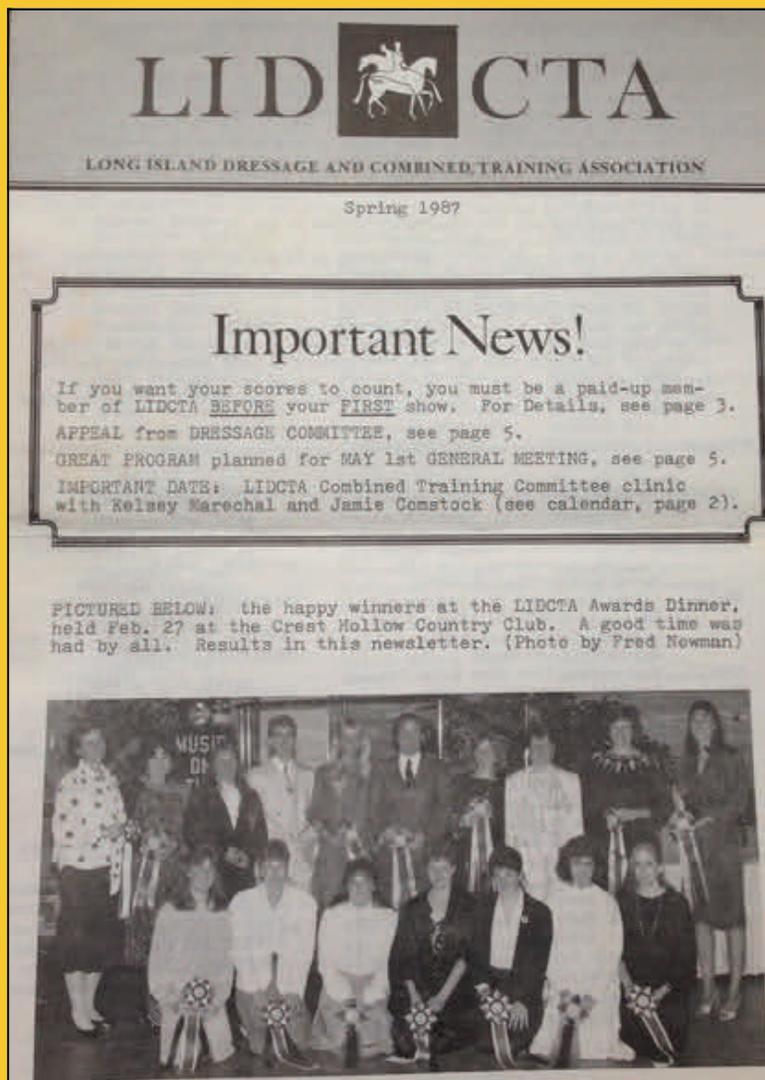
See you on the Centerline!

LIDA

BLAST from the

PAST

This month's Long Island dressage memory is the cover of a LIDCTA newsletter from 1987, acknowledging the year end winners of the 1986 show season. Anybody recognize any of those members?



This issue's entry was submitted by Darren Finkelman. Thank you Darren!

YOUR CONNECTION TO THE
AMERICAN
DRESSAGE COMMUNITY



United States Dressage
Federation

30,000 STRONG

www.usdf.org





Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2017 LIDA membership year begins December 1, 2016 and ends November 30, 2017.

Please Print:

Name:		Email:	
Address:			
City/State/Zip:			
Phone:	Cell #:	D.O.B.:	
USDF #:	USEF#:		
Trainer:			
Horse's Name & Stable:			
Signature:	Date:	Amt:	

ANNUAL MEMBERSHIP OPTIONS

Full Participating Membership: \$60
(Includes GMO Membership in USDF)

Schooling Show Only Membership: \$40
(LIDA Member Only/Non GMO)

Youth Participating Membership: \$40
(LIDA Member Only/Non GMO/Max. Age 21)

Non-Competing Membership: \$30
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.

Please review the rules!

LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.

As a member, you are entitled to participate in and receive the following:

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF
(Full Participating Membership Only)
- Year-end awards and dinner dance

ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL info@lidressage.com

Submit your completed application with your check made payable to LIDCTA to:

LIDA Membership Committee
PO Box 507
Calverton, NY 11933



LIDA CLASSIFIEDS

Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at info@lidressage.com. Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

STALLS AVAILABLE



Victamar Dressage in Manorville

We will have three stalls available as of January 1st. Two are temporary. Our boarders are going to train in Florida for the winter and will return April 1st. Our small 7 stall stable is never crowded. \$850 per month. Includes turn out, indoor arena, large outside sand ring, feed three times a day, fantastic hay, blankets on and off. Farm is never closed, open every day including holidays and nights. Board is negotiable. If you are willing to take in-house lessons during the winter, student's board is always discounted. Call: 516-840-9567.



LIDA BOARD MEMBERS

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Doreen Rose, Secretary

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We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.

