



# THE LIDA EXTENSION

Official newsletter of the Long Island Dressage Association

March/ April 2019

## *President's Message*

Dear Members.

Today I saw some grackles and red wing blackbirds at my feeder. *Spring is on the way!* So far the winter hasn't been too bad. I've been able to ride multiple times every week, so life is good.

I'd like to take a moment and thank Doreen Rose for all the hard work she put in the last 3 years producing the LIDA Extension. We've received awards from the USDF for our newsletter due to her hard work. Doreen is continuing as our Recording Secretary and Membership chair. Karin Schackne has taken over as Newsletter Editor. I'd like to welcome her to the "inner circle" lol. This is her first edition of The Extension we look forward to working with Karin.

Winter brings us many challenges when it comes to horse care. This month's Tips from the Tackroom tackles one of the winter's biggest challenges, MUD. It's been especially muddy this year! Dirty blankets, manes, tails, let's face it, it's everywhere. Read on for tips on how to keep you and your horses from being swallowed up by the mud.

Have you done your Safe Sport Certification yet? Don't forget if you're planning on showing this year in recognized shows you have to have the certification. It's not difficult but it is time consuming. If you plan on only showing in Opportunity Classes the certification is not required. I recommend that you renew your USEF/USDF memberships first, that way you're ready to go after completing the certification. Make sure you renew your LIDA membership too.

*Spring is almost here...*

President,

*Mary Mulcahy*

*See you ringside!*

LIDA is a USDF Group Member Organization (GMO) and all members are automatically USDF Group Members (GM's).

For USDF Participating Membership, members must apply directly to USDF.

# LIDA SHOW DATES

## 2019

**Mark your calendars!**

**June 2nd**

**Fix-A-Score Schooling Clinic**

**June 29th**

**Schooling Show**

**July 28th**

**Summer Classic Recognized Show**

**We are also planning another riding clinic with JJ Tate this year.**

**Date and location to be announced. We'll keep you posted!**





## *Tips From The Tackroom*

Well, we are supposed to have at least a few inches of snow on the ground in mid February, but we seem to have been spared a terrible winter and jumped right into everyone's favorite time of year: MUD SEASON. Ah yes, regular rain storms, nights that dip slightly below freezing and daily surface thaws lead to the creation of your horse's favorite thing: MUD. Wildly fluctuating temperatures, slime encrusted fuzz bombs, pulled shoes, destroyed paddocks and trashed blankets are just a few the joys of the season.

This round of Tips From the Tackroom are a few helpful ideas to survive this seemingly endless stretch of mud months until fly season kicks in!

Water intake at this time of year is crucial. Heavy coats and heavy blankets can quickly lead to a colic if the temperature spikes on a sunny afternoon. Conversely, sometimes horses won't drink outside if they are too cold and the water provided is just above freezing. If you don't have freeze free tubs outside, try heating water in the heavy black rubber buckets and setting them into the larger plastic water tubs. This will last for a few hours in subfreezing temperatures. Older horses will appreciate the warmth for their sensitive teeth. Be sure to top up if more than 3 hours.

If possible, have warm water in their inside water buckets. It is quite astounding to see a horse come in from winter turnout and drink a half a bucket just because it is warm. Don't forget to top up!

Add warm water to just about anything you feed. They will slobber all over the place, but that's okay. Try adding a few spoonfuls of well soaked molasses-free beet pulp to meals. Older horses might love a side dish of really warm, well soaked hay cubes.

Blankets take on a rather gross hue of brown about this time of year. Keep an eye on temperatures and blanket or sheet (or go naked!) accordingly. Yes, a naked horse will quickly be a mud encrusted one, but he will be happy. Let it dry and curry it off. Always hang blankets inside out in the sun. They need to dry out and air. Fill an old fly spray bottle with some water and alcohol, spritz the exposed inside of the blanket and let it cook in the sun. This will help kill bacteria until your annual spring blanket washing. Try screwing some big hooks into the beams in your loft or storage areas to hang blankets that are not in use or need to dry after a particularly rambunctious mud event.

About this time of year we all ask ourselves, reclip or wait to shed out? Your call, but remember these crazy temperatures will have a shaggy horse very sweaty in no time.

Feet can be a huge problem in mud season. Try to avoid adding more moisture to the problem. If you have snow pads on your horse, be sure to squirt thrush medication under there at least once every 10 days. This is very important. Get in to the crevice behind the frog and really let it soak into the oakum. You will be very happy you did when those pads come off in a few weeks!

Finally, it is very easy to neglect tack at this time of year. A neat little suggestion is to fill an old fly spray bottle with 1/3 Murphy's Liquid Soap and the rest water. Spray it on to your tack and give it a quick rub all over.

Hopefully, you and your fuzz monster will make it thru to spring!

## *Shedding Season Awaits!!!!*

*Dale Gifford*

# USDF Jr/YR CLINIC

With funding support provided by the Dressage Foundation and the United States Equestrian Federation

## SERIES

**USDF presents  
Region 8 Jr/YR Clinic  
Featuring**

**GEORGE WILLIAMS**



**4/20/2019 - 4/21/2019  
8:00 a.m. to 5:00 p.m.**

**Avalon Farm  
North Salem, NY**

**Rider application deadline is 3/8/2019.**

**Auditor pre-registration ends on 4/5/2019.**

**Auditors of all ages are welcome.**

**Walk-in registration will also be available on the day of the clinic.**

With funding  
support  
provided by



and



United States  
**Dressage**  
Federation





**FOR IMMEDIATE RELEASE**

Contact: Brynne Boian (859) 271-7886

## **Prize Money of Over \$240,000 to be Awarded at Great American/USDF Regional Dressage Championships**

Lexington, KY (February 1, 2019) - The United States Dressage Federation (USDF) and Great American Insurance Group are pleased to announce that prize money totaling over \$240,000 will be awarded at the 2019 Great American Insurance Group/USDF Regional Championships. This prize money will be divided evenly among the nine regions and 35 divisions that are offered, allowing each region to present competitors with over

\$27,500 in prize money and awards. Champions in each region and division will receive \$473 in prize money, an engraved silver tray, and an embroidered jacket and gift certificate provided by SmartPak, official supplement feeding system of USDF. Reserve champions in each region and division will receive \$315 in prize money, along with a saddle pad provided by the Great American Insurance Group, title sponsor of the championships.

"It is with great pleasure that we continue to provide recognition to these outstanding competitors through our sponsorship of the regional championship program," stated Kathy Sedlak, Great American Insurance Group Assistant Vice President of the Equine Division.

"We're so pleased that through the generous support of our sponsors, we are able to see this program continue to grow and be so well received by USDF members," adds Stephan Hienzsch, USDF Executive Director.

The Great American/USDF Regional Championships are presented by SmartPak, and supported by Platinum Performance. For more information about the Great American Insurance Group/USDF Regional Dressage Championships, please visit the USDF website at [www.usdf.org](http://www.usdf.org), or contact the USDF office at [regchamps@usdf.org](mailto:regchamps@usdf.org).

Founded in 1973, the United States Dressage Federation is a non-profit membership organization dedicated to education, recognition of achievement, and promotion of dressage. For more information about USDF membership or programs, visit [www.usdf.org](http://www.usdf.org), e-mail [usdressage@usdf.org](mailto:usdressage@usdf.org), or call (859) 971-2277.

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4051 Iron Works Parkway, Lexington, KY 40511  
Phone: (859) 971-2277 Fax: (859) 971-7722

E-mail: [usdressage@usdf.org](mailto:usdressage@usdf.org)



## Anne Gribbons joins the DAD Board of Directors!

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“Dressage at Devon is an historic show with strong traditions,” she said. “Riding down the centerline at Devon is a wonderful memory for many top riders and a dream to those working their way up the levels. I look forward to being a part of it.”



“We are so happy to welcome Anne Gribbons to our Board,” said Robbie Kankus, Chair of the Board. “Anne is not only a top rider and breeder, she is active in the dressage industry and very generous with her time. Her insights will be invaluable and we are looking forward to working with her.”

Anne Gribbons was the U.S. Equestrian Federation technical advisor for dressage from 2010-2012. She has trained and shown 15 horses of her own to Grand Prix and competed in 10 national championships, as well as in Europe, including the Aachen CHIO (Germany). Seven of her horses have been named U.S. Dressage Federation Horse of the Year, and she was a member of the 1995 Pan American Games silver-medal winning team for the United States. Anne is a Federation Equestre Internationale five-star judge, and she was a member of the FEI Dressage Committee from 2010-2013. She was inducted into the Roemer Foundation/USDF Hall of Fame in 2013. Anne is a columnist for the Chronicle of the Horse and a collection of those columns is now available in the book “Collective Remarks.”

Anne, along with her husband David, have been active in the Dressage training field since 1969, when they founded Knoll Farm on Long Island, New York. The couple moved to Florida in 2001.

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# DOROTHEE SCHNEIDER

FALL SYMPOSIUM  
October 19-20, 2019

**Seating is limited**

Advance ticket sales for  
NEDA members start June 8, 2019

Photo: Tanja Becker



To learn more about the event, ticket sales, and rider applications go to [www.neda.org/event/2019fallsymposium](http://www.neda.org/event/2019fallsymposium)

Another educational opportunity

## BETSY STEINER CLINIC SERIES

Not a LIDA Event

Sapphire Sporthorses proudly presents a dressage clinic series with world-renowned FEI trainer and USET WEG member, Betsy Steiner. Exclusive training sessions will take place in North Salem, NY for three weekends in 2019:

June 1-2  
August 30-September 1  
October 18-20

Auditors will be welcome and lunch will be provided (pre-registration required). Limited rider slots will be available for lessons. Email Lucy Courchainne for details on riding or auditing this event.

Betsy is well-known for not only her incredible riding and training, but for her kind approach to teaching both riders and horses. She is endlessly generous in educating riders and auditors at clinics around the country.

Lucy Courchainne  
[sapphiresporthorseslle@gmail.com](mailto:sapphiresporthorseslle@gmail.com)  
[www.sapphiresporthorses.com](http://www.sapphiresporthorses.com)

Held at the beautiful **Foxy Meadow Farm**



### COMING IN MARCH LIDA ON-LINE STORE

LIDA is happy to announce the opening of our on-line store! Where anyone can purchase LIDA items.

We will be offering V-Neck & Crew-Neck Tees in both Ladies & Men's sizes in assorted colors.

There will also be long sleeve lightweight pull-over Hoodies and short sleeve Polo shirts.

**NOTE:** Anyone who orders a LIDA Polo shirt will be allowed to wear it in our schooling shows in lieu of a show shirt & jacket!

**A link will be made available once we go live.**

# OVERHEARD IN THE TACK ROOM



United States Sport Horse Breeders Association



*Join USSHBA Today!*

## Member Benefits

- Online Breeders Directory
- Shared Promotions/Advertising
- USSHBA Educational Events
- US Equestrian Fan Membership with access to USEF Network and Horse Search
- Sponsor Discounts - Special Offers

[www.ussaha.org](http://www.ussaha.org)



[info@ussaha.org](mailto:info@ussaha.org)

The United States Sport Horse Breeders Association is an IRS 501c3 non-profit group

## COVER GIRL ALERT!

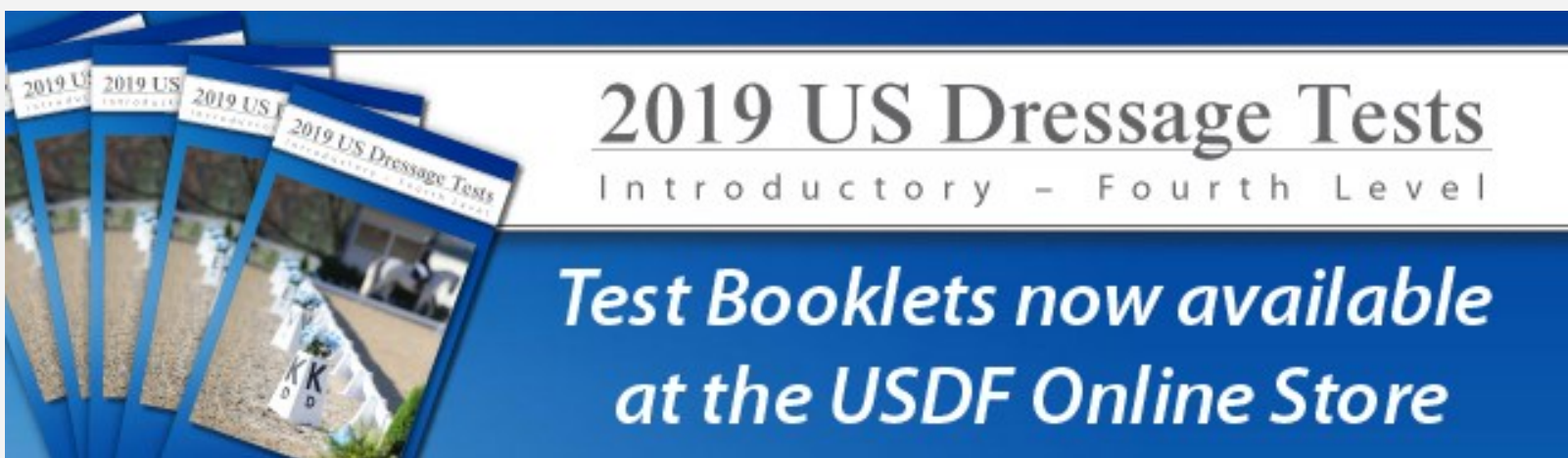
Congratulations to LIDA Member Joanna Gray-Randle on her own Royal Madeleine CG (Royal Tourmalet SPF x Selona ISF Ferro), a 2018 filly bred by Joanna Gray-Randle, Cheval Gris Sport Horses and Daniela Hofacker, Camelot Warmbloods for being chosen as the "Cover Girl" for the upcoming United States Sport Horse Breeders Association (USSHBA) magazine cover.

*We look forward to seeing this beautiful filly doing great things in the future!*

Have you overheard something special that one of our members has done? If so, let us know! We'd love to share it with everyone. Just drop an email to LIDA Secretary Doreen Rose at [info@lidressage.com](mailto:info@lidressage.com).







**Lexington, KY** – US Equestrian (USEF) announced today that the co-branded 2019 USEF/United States Dressage Federation (USDF) Dressage Tests are now available and published online through USDF.

Effective December 1, 2018, through November 30, 2022, the 2019 USEF/USDF Dressage Tests are newly co-branded with the USDF as the two organizations work together to continue to proliferate and promote the sport of dressage in the United States. The 2019 USEF/USDF Dressage Tests continue to serve as a measure of the horse and rider's schooling and training, while each level builds upon the preceding level's principles.

USDF's "On the Levels" will continue to provide examples of the new Introductory through Fourth Level dressage tests. "On the Levels" features engaging videos to help athletes understand the requirements for tests within each level, with commentary from top U.S. trainers and judges and segments geared toward improving difficult movements at each level. Keep an eye out for the launch of this product in the coming months.

Additional test products will include a new test app containing both the USEF and USDF tests and, once produced, a test booklet, which can be purchased through the USDF online store at [store.usdf.org](http://store.usdf.org).

**For questions or additional information, contact Hannah Niebielski, Director of Dressage National Programs, at [hniebielski@usef.org](mailto:hniebielski@usef.org).**

## Region 8 News



Debra Reinhardt  
USDF Region 8 Director  
[region8dir@usdf.org](mailto:region8dir@usdf.org)  
[www.usdfregion8.org](http://www.usdfregion8.org)

**Can you say BRRRR!!!!** I knew you could if your lips are not frozen shut! Make sure your Equine friends are taken care of during this cold weather.... Let hope Punxsutawney Phil does not see his shadow, but I fear he will not even come out!!

However, this is a great time to watch those videos, or organize a party to watch the videos. Invite a trainer and/or judge to get more information. It is ALSO a great time to get all your memberships in order for the coming competition year and perfect time to do your Safe Sport Training. It may seem far away but it is really just around the corner! If you have not done your Safe Sport Training, you will not be allowed to compete. This is for the Rider/Owner/Trainer/Coach! So stay warm and get it done NOW!

Jen Dillon is our FEI Jr/YR Regional Coordinator for the NAYRC, and she is in full steam ahead mode. She has organized the Jr/YR Clinic with George Williams in April at Avalon Farm. More information will be coming shortly.

There is some great news for Region 8 for the third year in a row! The NAYRC will be held at Old Salem Farm, North Salem, NY, July 31 - August 4, 2019. As for you, Juniors and Young Riders, don't forget to declare if you are going to compete for a place on the team. If you have any questions, please contact Jen, [Jen@dilloneq.com](mailto:Jen@dilloneq.com). Once you declare she will be contacting you for sure!

USDF is accepting applications for the 2020 Region 8 Championships. If you have a facility or know of a facility and would like to bid, please contact me for the application. The deadline is March 1<sup>st</sup>.

That is all for now. Stay Warm...give hugs and kisses to our equine friends!

See you on the Centerline...

Debra Reinhardt  
USDF Region 8 Director



*See you on the Centerline!*



YOUR CONNECTION TO THE  
**AMERICAN**  
DRESSAGE COMMUNITY



United States Dressage  
Federation



**30,000 STRONG**

[www.usdf.org](http://www.usdf.org)





# Long Island Dressage Association

Be Part of the LIDA Movement – Join Today!

The 2019 LIDA membership year begins December 1, 2018 and ends November 30, 2019.

**Please Print:**

<b>Name:</b>		<b>Email:</b>
<b>Address:</b>		
<b>City/State/Zip:</b>		
<b>Phone:</b>	<b>Cell #:</b>	<b>D.O.B.:</b>
<b>USDF #:</b>	<b>USEF#:</b>	
<b>Trainer:</b>	<b>Referred By:</b>	
<b>Horse's Name &amp; Stable:</b>		
<b>Signature:</b>	<b>Date:</b>	<b>Amt:</b>

## ANNUAL MEMBERSHIP OPTIONS

**Full Participating Membership:** \$60  
(Includes GMO Membership in USDF)

**Schooling Show Only Membership:** \$40  
(LIDA Member Only/Non GMO)

**Youth Participating Membership:** \$40  
(LIDA Member Only/Non GMO/Max. Age 21)

**Non-Competing Membership:** \$30  
(LIDA Member Only/Non GMO/Not Eligible for Team or High Score Awards)

*To be eligible for Yearly High Score Awards, the rider of the horse must be a current LIDA member prior to the first class of the show for which scores are to count.*

*Please review the rules!*

**LIDA is a non-profit association run by volunteers and is dedicated to promoting the art of dressage.**

**As a member, you are entitled to participate in and receive the following:**

- Meetings, clinics and other club activities
- Automatically become a Group Member of the USDF  
(Full Participating Membership Only)
- Year-end awards and dinner dance

**ANY MEMBERSHIP QUESTIONS - PLEASE EMAIL [info@lidressage.com](mailto:info@lidressage.com)**

Submit your completed application with your check made payable to **LIDA** to:

LIDA Membership Committee  
PO Box 507  
Calverton, NY 11933



# LIDA CLASSIFIEDS

Welcome to our classifieds section! If you have items you would like to list in our classifieds, please send all details, including photos, to LIDA secretary Doreen Rose at [info@lidressage.com](mailto:info@lidressage.com). Listings are per month and are free for LIDA members. A \$5 donation is asked of non-members.

## Brennan's (Boot and Batchelor) Masters Dressage Saddle

Excellent condition and very well-cared for. Has surge on panels underneath and wool flocking. Will include Prestige stirrup leathers, Herm Sprenger Stirrups, and beautiful 32" Hennig Girth. Tree size is wide. Saddle was made and flocked regularly by Brennan's / Boot and Batchelor in Bridgehampton and they regularly travel to reflock their saddles all over the island. Retails new for \$5500+. Asking \$2800. Please call 631-521-0884 or email [ars.ridetolive@gmail.com](mailto:ars.ridetolive@gmail.com).



## LIDA BOARD MEMBERS

### **Mary Mulcahy, President**

phone: 516-318-5537 email: [president@lidressage.com](mailto:president@lidressage.com)

### **Dale Gifford, Vice President**

phone: 631-921-2629 email: [vp@lidressage.com](mailto:vp@lidressage.com)

### **Linda Erick, Treasurer**

phone: 631-220-6670 email: [admin@lidressage.com](mailto:admin@lidressage.com)

### **Doreen Rose, Secretary**

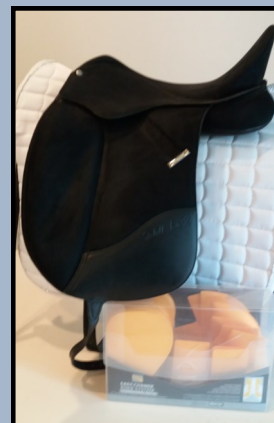
phone: 516-849-3400 email: [info@lidressage.com](mailto:info@lidressage.com)

## We'd love to hear from you!

If you have information you would like to share with other members, please contact LIDA secretary Doreen Rose at least one month prior to publication.

## SADDLE FOR SALE

\*\*\*IMMACULATE PRE-OWNED\*\*\*



All Black Wintec Isabell Werth Adjustable Dressage Saddle CAIR Air System Black 16.5" with Easy Change Riser System. Used only for showing one season. \$750 neg. Contact Cate:

[Catherinekwasnik1@gmail.com](mailto:Catherinekwasnik1@gmail.com)  
347-418-6431

Located in Flanders.